



Federación Galega de Atletismo

Campeones Galegos 2009



CAMPIONATO GALEGO VETERANS (O Barco) 27 Xuño 2009

HOMES

| Proba | Marca | Categoría | ATLETA | Año | CLUB |
|-------|----------|-----------|-----------------------------|------|---------|
| 100 | 12.54 | M35 | JOSE ALONSO CARRERA | 1973 | PORRIÑO |
| 100 | 12.35 | M40 | LUIS CAMPOS SANCHEZ | 1965 | OAAP |
| 100 | 13.04 | M45 | ALBERTO VAZQUEZ ALONSO | 1963 | CSC |
| 100 | 13.29 | M50 | JOSE ALLEGUE BLANCO | 1957 | RIA |
| 100 | 14.24 | M55 | SALVADOR PATIÑO DE LA TORRE | 1950 | BUE |
| 100 | 14.19 | M60 | JOSE SANTAMARIA ENRIQUEZ | 1948 | ADB |
| 100 | 29.79 | M90 | JULIAN BERNAL MEDINA | 1919 | EGO |
| 200 | 25.33 | M35 | JOSE ALONSO CARRERA | 1973 | PORRIÑO |
| 200 | 26.19 | M40 | JOSE F. VIDAL OTERO | 1966 | RCC |
| 200 | 26.98 | M45 | ALBERTO VAZQUEZ ALONSO | 1963 | CSC |
| 200 | 27.76 | M50 | JOSE ALLEGUE BLANCO | 1957 | RIA |
| 200 | 26.61 | M55 | FERNANDO GONZALEZ CASTRO | 1953 | ADAS |
| 200 | 29.78 | M60 | JOSE SANTAMARIA ENRIQUEZ | 1948 | ADB |
| 200 | 34.07 | M65 | MANUEL GARCIA ALFONSO | 1941 | ADAS |
| 200 | 49.02 | M75 | ENRIQUE NIETO RIO | 1932 | EGO |
| 200 | 1.05.10 | M90 | JULIAN BERNAL MEDINA | 1919 | EGO |
| 400 | 58.57 | M35 | JUAN C. ALVAREDO MONTES | 1969 | RIA |
| 400 | 59.74 | M40 | JOSE F. VIDAL OTERO | 1966 | RCC |
| 400 | 55.74 | M45 | JOSE MARTINEZ SANTOME | 1963 | SAM |
| 400 | 1.00.38 | M50 | DOMINGO ALVAREZ RODRIGUEZ | 1956 | BURGAS |
| 400 | 1.01.30 | M55 | FERNANDO GONZALEZ CASTRO | 1953 | ADAS |
| 400 | 1.28.01 | M60 | EMILIO GONTA PEREIRO | 1947 | FLU |
| 400 | 1.24.19 | M65 | MANUEL GARCIA ALFONSO | 1941 | ADAS |
| 400 | 1.46.46 | M75 | ENRIQUE RIO NIETO | 1932 | EGO |
| 800 | 2.02.18 | M35 | LUIS E. GARCIA NUÑEZ | 1972 | SFL |
| 800 | 2.05.21 | M40 | JOSE M. CARBALLO FELPETE | 1965 | MAR |
| 800 | 2.03.10 | M45 | JOSE MARTINEZ SANTOME | 1963 | SAM |
| 800 | 2.13.22 | M50 | DOMINGO ALVAREZ DOMINGUEZ | 1956 | BURGAS |
| 800 | 2.34.03 | M55 | LUIS M. GARCIA FERNANDEZ | 1954 | EGO |
| 800 | 2.46.34 | M60 | JESUS BERNAL GOMEZ | 1947 | EGO |
| 800 | 2.44.08 | M65 | ENRIQUE LANDESA MACIAS | 1942 | AVS |
| 800 | 3.55.18 | M70 | JOSE COLLAZO PUGA | 1935 | AVS |
| 800 | 3.57.60 | M75 | ENRIQUE RIO NIETO | 1932 | EGO |
| 800 | 4.54.53 | M90 | JULIAN BERNAL MEDINA | 1919 | EGO |
| 1500 | 4.20.45 | M35 | LUIS E. GARCIA NUÑEZ | 1972 | SFL |
| 1500 | 4.20.61 | M40 | JOSE M. RODRIGUEZ MOURE | 1967 | CCC |
| 1500 | 4.27.99 | M45 | JOSE MARTINEZ SANTOME | 1963 | SAM |
| 1500 | 4.38.36 | M50 | JAVIER TORO MONTERO | 1955 | FLU |
| 1500 | 5.23.61 | M55 | JOSE P. MAGDALENO LOURIDO | 1952 | BUEU |
| 1500 | 5.04.31 | M60 | JUAN M. CITOULA PEREZ | 1945 | SEGADÉ |
| 1500 | 5.49.49 | M65 | ENRIQUE LANDESA MACIAS | 1942 | AVS |
| 1500 | ST | M70 | JOSE COLLAZO PUGA | 1935 | AVS |
| 5000 | 16.52.00 | M35 | MANUEL MARTINEZ MARQUEZ | 1969 | RCC |
| 5000 | 15.39.43 | M40 | RAMON D. SERANTES GOMEZ | 1968 | SGP |
| 5000 | 17.19.94 | M45 | FAUSTO HERNANZ MORAL | 1962 | OAAP |



XUNTA DE GALICIA
CONSELLERÍA DE CULTURA
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Dirección Xeral para o Deporte





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Campeones Galegos 2009



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|-----------|---------|-----|-----------------------------|------|------|
| 10000 | 35.27.3 | M35 | JOSE M. CORRAL LOPZ | 1973 | EGO |
| 10000 | 33.52.9 | M40 | JOSE A. PAZ SUAREZ | 1964 | OAAP |
| 10000 | 38.37.9 | M45 | JOSE A. CAPELO PEREZ | 1963 | ADAS |
| 10000 | 45.10.8 | M50 | RAFAEL NUÑEZ PEREZ | 1954 | ADAS |
| 10000 | 42.21.7 | M55 | MANUEL OTERO PEREZ | 1950 | BUEU |
| 10000 | 48.25.1 | M60 | EMILIO GONTA PEREIRO | 1947 | FLU |
| 400 v. | 1.21.80 | M40 | JOSE F. AREA SANTOS | 1967 | CCC |
| Pértiga | 2,80 | M35 | JOSE A. CORDOBA OTERO | 1974 | SGP |
| Pértiga | 3,20 | M45 | XULIO VENTIN RIVAS | 1961 | ADAS |
| Pértiga | 3,20 | M50 | SANTIAGO FERRER MOREIRA | 1957 | SGP |
| Lonxitude | 6,04 | M35 | BASILIO BERNARDEZ RODRIGUEZ | 1973 | RCC |
| Lonxitude | 4,06 | M40 | JOSE F. AREA SANTOS | 1967 | CCC |
| Lonxitude | 5,18 | M45 | ALBERTO VAZQUEZ ALONSO | 1963 | CSC |
| Lonxitude | 5,06 | M50 | SANTIAGO FERRER MOREIRA | 1957 | SGP |
| Lonxitude | 4,14 | M55 | SALVADOR PATIÑO DE LA TORRE | 1950 | BUEU |
| Triplo | 12,62 | M35 | BASILIO BERNARDEZ RODRIGUEZ | 1973 | RCC |
| Triplo | 11,52 | M50 | LUIS NOGUEIRA FERNANDEZ | 1956 | ADAS |
| Peso | 10,46 | M35 | JUAN C. LAREO GOMEZ | 1971 | ADAS |
| Peso | 9,19 | M40 | ALFONSO ALVARIÑO ALVAREZ | 1967 | OFRI |
| Peso | 10,50 | M45 | XULIO VENTIN RIVAS | 1961 | ADAS |
| Peso | 10,30 | M50 | LUIS NOGUEIRA FERNANDEZ | 1956 | ADAS |
| Peso | 9,02 | M55 | JUAN S. ALONSO RODRIGUEZ | 1952 | RCC |
| Peso | 10,91 | M60 | MANUEL RODRIGUEZ RODRIGUEZ | 1948 | RCC |
| Disco | 40,36 | M35 | JUAN C. LAREO GOMEZ | 1971 | ADAS |
| Disco | 25,26 | M40 | CARLOS BERNARDEZ PIÑEIRO | 1967 | AVC |
| Disco | 32,02 | M45 | XULIO VENTIN RIVAS | 1961 | ADAS |
| Disco | 38,18 | M50 | SANTIAGO FERRER MOREIRA | 1957 | SGP |
| Disco | 20,09 | M55 | FRANCISCO BAO ESTEVEZ | 1949 | ADAS |
| Disco | 41,28 | M60 | MANUEL RODRIGUEZ RODRIGUEZ | 1948 | RCC |
| Xabalina | 44,24 | M35 | BASILIO BERNARDEZ RODRIGUEZ | 1973 | RCC |
| Xabalina | 13,89 | M45 | JULIO PEINADO ZARCO | 1962 | EGO |
| Xabalina | 64,33 | M50 | LUIS NOGUEIRA FERNANDEZ | 1956 | ADAS |
| Xabalina | 21,85 | M55 | FRANCISCO BAO ESTEVEZ | 1949 | ADAS |
| Xabalina | 15,74 | M60 | JOSE BARREIRO FERNANDEZ | 1945 | ADAS |
| Martelo | 50,47 | M35 | CARLOS A. AMUDI CID | 1974 | TORO |
| Martelo | 37,02 | M45 | CARLOS FERRER MOREIRA | 1959 | SGP |
| Martelo | 34,82 | M60 | MANUEL RODRIGUEZ RODRIGUEZ | 1948 | RCC |
| Martelo | 34,00 | M65 | JOSE M. ALMUDI CID | 1940 | TORO |



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MULLERES

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|-----------|---------|-----------|-------------------------------------|------|-------|
| 100 | 15.03 | W35 | CRUZ FERNANDEZ MIRAMONTES | 1971 | ASN |
| 100 | 13.95 | W40 | ROSA A. SANTOS RIOS | 1968 | AFC |
| 100 | 15.94 | W45 | ANA M ^o SANTOS SOLLA | 1960 | CSC |
| 100 | 14.33 | W50 | M ^a JESUS SANGUOS ESPÍÑA | 1955 | CSC |
| 100 | 14.72 | W55 | EMLIA MESA SORIANO | 1952 | OAAP |
| 200 | 31.91 | W35 | CRUZ FERNANDEZ MIRAMONTES | 1971 | ASN |
| 200 | 28.99 | W40 | ROSA A. SANTOS RIOS | 1968 | AFC |
| 200 | 31.36 | W45 | LUZ DOMINGUEZ ROMAN | 1962 | OAAP |
| 200 | 43.36 | W50 | CARMEN EXPOSITO FERNANDEZ | 1957 | ADAS |
| 200 | 36.98 | W55 | OLGA ROMERO DOMINGUEZ | 1950 | CSC |
| 400 | 1.06.12 | W40 | ROSA A. SANTOS RIOS | 1968 | AFC |
| 400 | 1.09.60 | W45 | LUZ DOMINGUEZ ROMAN | 1962 | OAAP |
| 400 | 1.21.03 | W50 | MARINA FERNANDEZ LOPEZ | 1959 | CCC |
| 400 | 1.51.20 | W60 | FRANCISCA ROMASANTA PARADA | 1948 | EGO |
| 800 | 2.33.71 | W35 | SILVIA TEIJEIRO FERRO | 1971 | OAAP |
| 800 | 2.56.44 | W45 | CRISTINA GARCIA COLOMO | 1962 | OAAP |
| 800 | 2.58.02 | W50 | LAURA FERNANDEZ LOPEZ | 1959 | CCC |
| 800 | 3.34.52 | W60 | FRANCISCA ROMASANTA PARADA | 1948 | EGO |
| 1500 | 5.23.66 | W35 | SILVIA TEIJEIRO FERRO | 1971 | OAAP |
| 1500 | 6.05.80 | W45 | CARMEN FERREIRO DIAZ | 1960 | FLU |
| 1500 | 5.54.85 | W50 | MARINA FERNANDEZ LOPEZ | 1959 | CCC |
| 1500 | 6.58.77 | W60 | FRANCISCA ROMASANTA PARADA | 1948 | EGO |
| 80 v. | 16.49 | W45 | M ^a JESUS SANGUOS ESPÍÑA | 1955 | CSC |
| Altura | 1,40 | W35 | RAQUEL LAMEIRO SANCHEZ | 1974 | ADAS |
| Altura | 1,15 | W40 | ISABEL MARTINEZ CASTRO | 1966 | SILVA |
| Lonxitude | 4,97 | W35 | RAQUEL LAMEIRO SANCHEZ | 1974 | ADAS |
| Lonxitude | 3,85 | W40 | PILAR REGUEIRO GOLAN | 1966 | SILVA |
| Lonxitude | 3,00 | W55 | OLGA ROMERO DOMINGUEZ | 1950 | CSC |
| Triplo | 11,29 | W35 | RAQUEL LAMEIRO SANCHEZ | 1974 | ADAS |
| Peso | 5,89 | W40 | ISABEL BERMUDEZ CASTRO | 1966 | SILVA |
| Peso | 4,37 | W45 | DULCE FERNANDEZ MARIÑO | 1960 | RIA |
| Peso | 5,29 | W50 | BEGOÑA DE ARRIBA BELLOGUIN | 1955 | RZC |
| Xabalina | 16,27 | W40 | ISABEL GENDE COUTO | 1965 | SILVA |
| Xabalina | 26,81 | W55 | EMILIA MESA SORIANO | 1952 | OAAP |
| Martelo | 19,73 | W40 | ISABEL BERMUDEZ CASTRO | 1966 | SILVA |





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CAMPIONATO GALEGO VETERANS DE PENTATHLON

(Lugo) 9 Mayo 2009

HOMES

| Categoría | Marca | CLUB | Año | CLUB |
|-----------|---------|--------------------------|------|-------|
| M35 | 2730 p. | JOSE DOMINGUEZ CABALLERO | 1972 | SILVA |
| M45 | 2822 P. | JAVIER VITERI FERNANDEZ | 1962 | OAAP |

MULLERES

| Categoría | Marca | CLUB | Año | CLUB |
|-----------|---------|----------------------|------|-------|
| W40 | 1760 p. | PILAR REGUEIRO GOLAN | 1966 | SILVA |



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