

## RESULTADOS OFICIAIS

### Absoluta 10 k

**11:45**

| PTO | DOR | NOME                                 | ANO  | TEMPO        | RITMO | T.NETO | LICENZA    | CLUBE                      | SEXO | CATEGORÍA   |
|-----|-----|--------------------------------------|------|--------------|-------|--------|------------|----------------------------|------|-------------|
| 1   | 145 | BOUCHAIB NASR                        | 1992 | <b>32:07</b> | 03:12 | 32:06  |            | CLUBE DEPORTIVO ARZUA      | M-1  | Senior-1    |
| 2   | 151 | FACUNDO MEDARD                       | 1995 | <b>33:19</b> | 03:19 | 33:19  |            | TRIATLÓN ARTEIXO           | M-2  | Senior-2    |
| 3   | 109 | AMADOR PENA TORREIRA                 | 1981 | <b>33:57</b> | 03:23 | 33:57  | GA769185   | SD COMPOSTELA ATLETISMO    | M-3  | Máster B-1  |
| 4   | 146 | FRANCISCO PAIS FONDO                 | 1994 | <b>34:29</b> | 03:26 | 34:29  |            | TRIATLÓN COSTA DA MORTE    | M-4  | Senior-3    |
| 5   | 123 | DAVID MÉNDEZ ARIAS                   | 1983 | <b>35:02</b> | 03:30 | 35:02  |            | XPORTXPERIENCE             | M-5  | Máster A-1  |
| 6   | 154 | ALBERTO TOMÉ BRANDÓN                 | 1999 | <b>36:07</b> | 03:36 | 36:07  |            | A.D. FOGAR                 | M-6  | Senior-4    |
| 7   | 101 | JACI AUGUSTO MELLO BIRKHAN           | 1979 | <b>36:32</b> | 03:39 | 36:32  |            |                            | M-7  | Máster B-2  |
| 8   | 55  | JOSE SUAREZ LEIS                     | 1963 | <b>36:51</b> | 03:41 | 36:50  | AG-766580  | CLUB DEPORTIVO BRIÓN HYUPI | M-8  | Máster C-1  |
| 9   | 84  | CARLOS ALVAREZ PAREDES               | 1973 | <b>36:58</b> | 03:41 | 36:57  |            | NOSPORTLIMIT               | M-9  | Máster B-3  |
| 10  | 105 | JOSECHO GONZÁLEZ REY                 | 1980 | <b>37:06</b> | 03:42 | 37:05  |            |                            | M-10 | Máster B-4  |
| 11  | 110 | JOSÉ LUIS GONZÁLEZ NÚÑEZ             | 1981 | <b>37:52</b> | 03:47 | 37:51  |            |                            | M-11 | Máster B-5  |
| 12  | 120 | JUAN CARLOS VAZQUEZ GRELA            | 1983 | <b>38:00</b> | 03:48 | 37:58  |            | NOSPORTLIMIT               | M-12 | Máster A-2  |
| 13  | 73  | FRANCISCO JAVIER GONZÁLEZ LEDO       | 1971 | <b>38:26</b> | 03:50 | 38:24  | AG2024183  | RUNNING OLEIROS            | M-13 | Máster C-2  |
| 14  | 25  | <b>TINA FERNÁNDEZ BARREIROS</b>      | 1983 | <b>38:29</b> | 03:50 | 38:27  | GA37       | CLUB ATLETISMO SAR         | F-1  | Máster A-1  |
| 15  | 121 | OSCAR FRESNEDO                       | 1983 | <b>38:42</b> | 03:52 | 38:39  |            | TRAILEROS TOXOS&BIRRAS     | M-14 | Máster A-3  |
| 16  | 126 | FERNANDO CASAS BELLO                 | 1985 | <b>38:45</b> | 03:52 | 38:43  |            |                            | M-15 | Máster A-4  |
| 17  | 141 | MIGUEL IGLESIAS AMORES               | 1991 | <b>38:54</b> | 03:53 | 38:49  | AG2016188  | CLUB ATLETISMO BRION-HYUPI | M-16 | Senior-5    |
| 18  | 75  | BYRON OREJUELA REINO                 | 1971 | <b>39:39</b> | 03:57 | 39:37  |            |                            | M-17 | Máster C-3  |
| 19  | 15  | <b>NATI GARCÍA SÁNCHEZ</b>           | 1977 | <b>39:42</b> | 03:58 | 39:40  | AG2022429  | RUNNING OLEIROS            | F-2  | Máster B-1  |
| 20  | 58  | ALFONSO GARCÍA BELLO                 | 1966 | <b>40:17</b> | 04:01 | 40:15  |            |                            | M-18 | Máster C-4  |
| 21  | 95  | EDU PINEDO ARMESTO                   | 1977 | <b>40:31</b> | 04:03 | 40:27  |            | TRAILEROS TOXOS E BIRRAS   | M-19 | Máster B-6  |
| 22  | 139 | JESÚS DELGADO RETAMOSA               | 1990 | <b>40:35</b> | 04:03 | 40:31  |            |                            | M-20 | Senior-6    |
| 23  | 117 | ENRIQUE CABANA PICADO                | 1982 | <b>40:49</b> | 04:04 | 40:44  |            |                            | M-21 | Máster B-7  |
| 24  | 116 | SERGIO RODRIGUEZ MEJUTO              | 1982 | <b>40:58</b> | 04:05 | 40:52  |            |                            | M-22 | Máster B-8  |
| 25  | 63  | SANTIAGO GARCÍA BELLO                | 1967 | <b>42:07</b> | 04:12 | 42:04  |            |                            | M-23 | Máster C-5  |
| 26  | 83  | ÁNGEL LORENZO SILVA                  | 1973 | <b>42:25</b> | 04:14 | 42:20  |            | AGENCIA MORLA              | M-24 | Máster B-9  |
| 27  | 138 | ALBERTO ÁLVAREZ LORENZO              | 1990 | <b>42:36</b> | 04:15 | 42:33  |            | ATLETISMO PORRIÑO          | M-25 | Senior-7    |
| 28  | 34  | <b>ELENA VERES OJEA</b>              | 1992 | <b>42:45</b> | 04:16 | 42:42  | GA1052     | SOCIEDAD DEPORTIVA COMPO   | F-3  | Senior-1    |
| 29  | 137 | JOSÉ MIGUEL SÁNCHEZ LUPIÁÑEZ         | 1989 | <b>42:46</b> | 04:16 | 42:40  |            |                            | M-26 | Senior-8    |
| 30  | 100 | MANUEL CASTIÑEIRAS PORTOS            | 1979 | <b>42:47</b> | 04:16 | 42:45  | GA788      | SOCIEDAD DEPORTIVA COMPO   | M-27 | Máster B-10 |
| 31  | 98  | JOSÉ MANUEL CASÁS CASÁS              | 1978 | <b>42:54</b> | 04:17 | 42:48  |            |                            | M-28 | Máster B-11 |
| 32  | 153 | ANTON CONCHEIRO MARTINEZ             | 1999 | <b>43:04</b> | 04:18 | 43:00  |            |                            | M-29 | Senior-9    |
| 33  | 78  | ANTONIO MERCADO PÉREZ                | 1972 | <b>43:16</b> | 04:19 | 43:14  |            |                            | M-30 | Máster C-6  |
| 34  | 69  | JOSÉ ANTONIO SERRANO REMUIÑÁN        | 1970 | <b>43:17</b> | 04:19 | 43:07  |            |                            | M-31 | Máster C-7  |
| 35  | 92  | FERNANDO RODRÍGUEZ MARTÍNEZ          | 1977 | <b>43:24</b> | 04:20 | 43:20  |            |                            | M-32 | Máster B-12 |
| 36  | 9   | <b>ALEJANDRA OUTEIRIÑO FERNÁNDEZ</b> | 1974 | <b>43:28</b> | 04:20 | 43:23  |            |                            | F-4  | Máster B-2  |
| 37  | 65  | XOÁN GALÁN PRESA                     | 1969 | <b>43:35</b> | 04:21 | 43:31  | AG2021345  | CLUB ATLETISMO SADA        | M-33 | Máster C-8  |
| 38  | 91  | JOSÉ LUIS AMADO RODRÍGUEZ            | 1976 | <b>43:48</b> | 04:22 | 43:35  |            |                            | M-34 | Máster B-13 |
| 39  | 118 | MARCOS CASTRO CABEZA                 | 1983 | <b>43:51</b> | 04:23 | 43:35  |            | CLUB DEPORTIVO ESTADIO     | M-35 | Máster A-5  |
| 40  | 106 | JUAN JOSE ALVARELLOS BARREIRO        | 1980 | <b>43:55</b> | 04:23 | 43:50  | AG2020710  | SOCIEDAD DEPORTIVA COMPO   | M-36 | Máster B-14 |
| 41  | 149 | TOMÁS GONZÁLEZ VIDAL                 | 1995 | <b>44:33</b> | 04:27 | 44:28  |            |                            | M-37 | Senior-10   |
| 42  | 94  | ALEJANDRO ALDAO LÓPEZ                | 1977 | <b>44:40</b> | 04:28 | 44:33  |            |                            | M-38 | Máster B-15 |
| 43  | 54  | JOSÉ RAMÓN GARCÍA MARIÑO             | 1962 | <b>44:40</b> | 04:28 | 44:34  |            |                            | M-39 | Máster D-1  |
| 44  | 17  | <b>MARIA TARRIO MARTÍNEZ</b>         | 1977 | <b>44:47</b> | 04:28 | 44:42  | GA709      | SOCIEDAD DEPORTIVA COMPO   | F-5  | Máster B-3  |
| 45  | 108 | ALEJANDRO JOSÉ CASTRO ROMÁN          | 1981 | <b>44:49</b> | 04:28 | 44:45  |            |                            | M-40 | Máster B-16 |
| 46  | 59  | JESÚS VÁZQUEZ GARCÍA                 | 1966 | <b>44:50</b> | 04:29 | 44:48  |            | ATLETAS DE ACEA DE AMA     | M-41 | Máster C-9  |
| 47  | 251 | DAVID BLANCO SEIJO                   | 1985 | <b>45:04</b> | 04:30 | 45:01  |            |                            | M-42 | Máster A-6  |
| 48  | 19  | <b>NADIA MRIMICHE MRIMICHE</b>       | 1978 | <b>45:14</b> | 04:31 | 45:12  |            | ATLETAS DE ACEA DE AMA     | F-6  | Máster B-4  |
| 49  | 49  | ANTONIO GARCÍA BELLO                 | 1959 | <b>45:15</b> | 04:31 | 45:12  |            | ATLETAS DE ACEA DE AMA     | M-43 | Máster D-2  |
| 50  | 87  | JOSE DIEGUEZ CASTRO                  | 1975 | <b>45:21</b> | 04:32 | 45:16  |            |                            | M-44 | Máster B-17 |
| 51  | 47  | RAMÓN CASTRO CUERVO                  | 1959 | <b>45:31</b> | 04:33 | 45:23  |            |                            | M-45 | Máster D-3  |
| 52  | 136 | DAVID MARIÑO MALLO                   | 1987 | <b>46:03</b> | 04:36 | 45:59  |            | LARACHA 2 RODAS            | M-46 | Máster A-7  |
| 53  | 129 | MARCOS CASÁS VARELA                  | 1986 | <b>46:07</b> | 04:36 | 45:58  |            |                            | M-47 | Máster A-8  |
| 54  | 81  | ABEL BARREIRO                        | 1973 | <b>46:10</b> | 04:37 | 46:03  |            |                            | M-48 | Máster B-18 |
| 55  | 102 | DAVID DUBRA CABEZA                   | 1979 | <b>46:14</b> | 04:37 | 46:05  |            |                            | M-49 | Máster B-19 |
| 56  | 93  | ROBERTO CARLOS LAGO FERNANDEZ        | 1977 | <b>46:44</b> | 04:40 | 46:44  |            | PASA OU ENTORNA            | M-50 | Máster B-20 |
| 57  | 115 | ÁNGEL BLANCO VÁZQUEZ                 | 1982 | <b>47:03</b> | 04:42 | 46:56  |            |                            | M-51 | Máster B-21 |
| 58  | 44  | JOSÉ MANUEL DOPICO SOTO              | 1957 | <b>47:08</b> | 04:42 | 47:05  | AG 2020205 |                            | M-52 | Máster D-4  |
| 59  | 22  | <b>LISETH PÉREZ TORRES</b>           | 1979 | <b>47:08</b> | 04:42 | 47:00  |            |                            | F-7  | Máster B-5  |

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| PTO | DOR | NOME                           | ANO  | TEMPO        | RITMO | T.NETO | LICENZA   | CLUBE                    | SEXO | CATEGORÍA   |
|-----|-----|--------------------------------|------|--------------|-------|--------|-----------|--------------------------|------|-------------|
| 60  | 57  | JUAN JOSE GONZALEZ RAMIL       | 1965 | <b>47:14</b> | 04:43 | 47:04  |           |                          | M-53 | Máster C-10 |
| 61  | 148 | ADRIAN FERNANDEZ GARCIA        | 1994 | <b>47:23</b> | 04:44 | 47:16  |           |                          | M-54 | Senior-11   |
| 62  | 80  | CARLOS ALVEDRO FERNANDEZ       | 1973 | <b>47:34</b> | 04:45 | 47:25  |           |                          | M-55 | Máster B-22 |
| 63  | 67  | JOSE BERMÚDEZ VARELA           | 1969 | <b>47:47</b> | 04:46 | 47:40  |           | ADMEDIADUCIA             | M-56 | Máster C-11 |
| 64  | 6   | MARIA DEL CARMEN RODRIGUEZ GC  | 1970 | <b>47:52</b> | 04:47 | 47:42  |           |                          | F-8  | Máster C-1  |
| 65  | 130 | AGUSTIN ARGUINCHONA            | 1986 | <b>48:14</b> | 04:49 | 48:07  |           | TRAILEROS TOXOS E BIRRAS | M-57 | Máster A-9  |
| 66  | 163 | XOEL GARCÍA TARRIO             | 2001 | <b>48:14</b> | 04:49 | 48:10  |           |                          | M-58 | Sub 23-1    |
| 67  | 42  | MANUEL JOSE REY PAULOS         | 1956 | <b>48:21</b> | 04:50 | 48:11  |           |                          | M-59 | Máster D-5  |
| 68  | 143 | JOAQUIN SANGIOVANNI LORENZO    | 1991 | <b>48:30</b> | 04:51 | 48:28  | AG17668   | SOCIEDAD DEPORTIVA COMPO | M-60 | Senior-12   |
| 69  | 104 | ANTONIO CARNEIRO GARCÍA        | 1979 | <b>48:30</b> | 04:51 | 48:26  | AG1675    | SOCIEDAD DEPORTIVA COMPO | M-61 | Máster B-23 |
| 70  | 32  | NURIA MEJUTO FERNANDEZ         | 1990 | <b>48:30</b> | 04:51 | 48:26  | AG2497    | SOCIEDAD DEPORTIVA COMPO | F-9  | Senior-2    |
| 71  | 88  | LAUREANO VARELA ALVAREZ        | 1975 | <b>48:31</b> | 04:51 | 48:26  | AG9433    | SOCIEDAD DEPORTIVA COMPO | M-62 | Máster B-24 |
| 72  | 53  | VENANCIO MENDEZ DIAZ           | 1962 | <b>48:33</b> | 04:51 | 48:20  |           |                          | M-63 | Máster D-6  |
| 73  | 51  | RAMON RUBIN LUGO               | 1961 | <b>48:40</b> | 04:52 | 48:36  |           |                          | M-64 | Máster D-7  |
| 74  | 125 | ADÁN A. ROQUE                  | 1985 | <b>48:44</b> | 04:52 | 48:29  |           |                          | M-65 | Máster A-10 |
| 75  | 43  | MANUEL OUTES PAZ               | 1956 | <b>48:52</b> | 04:53 | 48:45  |           |                          | M-66 | Máster D-8  |
| 76  | 50  | DIONISIO JOSE BUENO GARCIA     | 1960 | <b>49:00</b> | 04:54 | 48:57  |           |                          | M-67 | Máster D-9  |
| 77  | 16  | SILVIA DíEZ BERMÚDEZ           | 1977 | <b>49:02</b> | 04:54 | 48:52  | AG2026275 | EGOVARROS DE VIVEIRO     | F-10 | Máster B-6  |
| 78  | 133 | DIEGO EIRIS ALVAREZ            | 1987 | <b>49:07</b> | 04:54 | 48:59  |           |                          | M-68 | Máster A-11 |
| 79  | 39  | FERNANDO SAINZ GARCÍA          | 1949 | <b>49:48</b> | 04:58 | 49:44  | 2021150   | CLUB ATLETISMO SAR       | M-69 | Máster D-10 |
| 80  | 119 | EDU SUÁREZ CARBAJALES          | 1983 | <b>50:23</b> | 05:02 | 50:16  |           |                          | M-70 | Máster A-12 |
| 81  | 26  | LAURA MÉNDEZ BELLÓN            | 1983 | <b>50:28</b> | 05:02 | 50:15  |           |                          | F-11 | Máster A-2  |
| 82  | 76  | NESTOR ARIAS PAZ               | 1972 | <b>50:41</b> | 05:04 | 50:33  |           |                          | M-71 | Máster C-12 |
| 83  | 122 | JAVIER RODRÍGUEZ TORRES        | 1983 | <b>50:47</b> | 05:04 | 50:41  |           |                          | M-72 | Máster A-13 |
| 84  | 103 | AVELINO BARRAL NOYA            | 1979 | <b>50:58</b> | 05:05 | 50:43  |           |                          | M-73 | Máster B-25 |
| 85  | 147 | ANDREILSON ARAUJO              | 1994 | <b>51:00</b> | 05:06 | 50:45  |           |                          | M-74 | Senior-13   |
| 86  | 131 | IVAN GALLARDO RODRIGUEZ        | 1986 | <b>51:27</b> | 05:08 | 51:14  |           |                          | M-75 | Máster A-14 |
| 87  | 10  | SILVIA DEIRA BARCALA           | 1974 | <b>51:30</b> | 05:09 | 51:23  |           |                          | F-12 | Máster B-7  |
| 88  | 155 | IGNACIO EIRIS VILARIÑO         | 2000 | <b>51:31</b> | 05:09 | 51:20  |           |                          | M-76 | Senior-14   |
| 89  | 60  | FRANCISCO JAVIER PALOMERO ALBA | 1966 | <b>52:49</b> | 05:16 | 52:42  |           |                          | M-77 | Máster C-13 |
| 90  | 134 | JOSÉ AGUSTÍN MORAN             | 1987 | <b>52:52</b> | 05:17 | 52:46  |           |                          | M-78 | Máster A-15 |
| 91  | 52  | JESUS VÍCTOR CEBEY CANCELA     | 1962 | <b>53:25</b> | 05:20 | 53:14  |           |                          | M-79 | Máster D-11 |
| 92  | 64  | FRANCISCO JAVIER SUÁREZ ANSEDE | 1969 | <b>53:34</b> | 05:21 | 53:30  |           | ATLETAS DE ACEA DE AMA   | M-80 | Máster C-14 |
| 93  | 253 | JESÚS PEMES BENAVIDES          | 1977 | <b>53:34</b> | 05:21 | 53:20  |           |                          | M-81 | Máster B-26 |
| 94  | 267 | MANUEL PUÑAL CANPOS            | 1976 | <b>53:49</b> | 05:22 | 53:34  |           |                          | M-82 | Máster B-27 |
| 95  | 157 | ALVARO FERNÁNDEZ MARINAS       | 2000 | <b>53:56</b> | 05:23 | 53:42  |           |                          | M-83 | Senior-15   |
| 96  | 41  | MANUEL VÁZQUEZ ALVEDRO         | 1954 | <b>53:58</b> | 05:23 | 53:53  |           | ATLETAS DE ACEA DE AMA   | M-84 | Máster D-12 |
| 97  | 156 | IVÁN GONZÁLEZ DOCAMPO          | 2000 | <b>54:10</b> | 05:25 | 53:58  |           |                          | M-85 | Senior-16   |
| 98  | 46  | JOSE GRELA RODRIGUEZ           | 1958 | <b>54:18</b> | 05:25 | 54:10  |           |                          | M-86 | Máster D-13 |
| 99  | 158 | PEDRO PEREIRA RODRÍGUEZ        | 2001 | <b>54:20</b> | 05:26 | 54:10  |           |                          | M-87 | Sub 23-2    |
| 100 | 113 | PABLO DEIROS SÁNCHEZ           | 1982 | <b>54:23</b> | 05:26 | 54:08  |           |                          | M-88 | Máster B-28 |
| 101 | 77  | EUGENIO BAEZA PELETEIRO        | 1972 | <b>54:33</b> | 05:27 | 54:19  |           |                          | M-89 | Máster C-15 |
| 102 | 166 | ALEJANDRO RUBIN KUSANO         | 2002 | <b>54:40</b> | 05:28 | 54:37  |           |                          | M-90 | Sub 23-3    |
| 103 | 2   | ARACELI VEIGA BERMEJO          | 1956 | <b>54:43</b> | 05:28 | 54:34  | AG2021093 |                          | F-13 | Máster D-1  |
| 104 | 160 | SEBASTIÁN CABEZA SIEIRA        | 2001 | <b>54:51</b> | 05:29 | 54:40  |           |                          | M-91 | Sub 23-4    |
| 105 | 162 | JUAN MANUEL ORDOÑEZ            | 2001 | <b>55:18</b> | 05:31 | 55:05  |           |                          | M-92 | Sub 23-5    |
| 106 | 85  | CARLOS CASTRO RODRÍGUEZ        | 1974 | <b>55:56</b> | 05:35 | 55:48  |           |                          | M-93 | Máster B-29 |
| 107 | 3   | SILVIA SÁNCHEZ BASCOY          | 1960 | <b>56:03</b> | 05:36 | 55:58  |           |                          | F-14 | Máster D-2  |
| 108 | 90  | DANIEL LÓPEZ GONZÁLEZ          | 1975 | <b>56:13</b> | 05:37 | 55:58  |           | A.D. DOWNHILL            | M-94 | Máster B-30 |
| 109 | 150 | JORGE NOVO                     | 1995 | <b>56:15</b> | 05:37 | 56:09  |           |                          | M-95 | Senior-17   |
| 110 | 99  | ALEJANDRO LLORENTE MONTES      | 1978 | <b>56:16</b> | 05:37 | 56:03  |           |                          | M-96 | Máster B-31 |
| 111 | 29  | CRISTINA POMBO TAIBO           | 1987 | <b>56:34</b> | 05:39 | 56:25  |           |                          | F-15 | Máster A-3  |
| 112 | 20  | CONSUELO CASÁS MUÍÑO           | 1978 | <b>56:40</b> | 05:40 | 56:40  |           |                          | F-16 | Máster B-8  |
| 113 | 30  | DANEL DE VRIES LOUREIRO        | 1988 | <b>56:45</b> | 05:40 | 56:36  |           |                          | F-17 | Máster A-4  |
| 114 | 270 | MAÍA CABEZA AÑÓN               | 2000 | <b>56:47</b> | 05:40 | 56:47  |           |                          | F-18 | Senior-3    |
| 115 | 271 | MERCEDES AÑON MORALES          | 1967 | <b>56:52</b> | 05:41 | 56:52  |           |                          | F-19 | Máster C-2  |
| 116 | 79  | MARCOS ALDAO PEREIRA           | 1972 | <b>56:56</b> | 05:41 | 56:47  | AG17532   |                          | M-97 | Máster C-16 |
| 117 | 28  | ESTEFANÍA HERNÁNDEZ GARCÍA     | 1985 | <b>57:18</b> | 05:43 | 57:06  |           |                          | F-20 | Máster A-5  |
| 118 | 66  | ANTONIO JAVIER HERNÁNDEZ GARC  | 1969 | <b>57:18</b> | 05:43 | 57:06  |           |                          | M-98 | Máster C-17 |

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**11:45**

| PTO | DOR | NOME                        | ANO  | TEMPO           | RITMO | T.NETO   | LICENZA   | CLUBE                    | SEXO  | CATEGORÍA   |
|-----|-----|-----------------------------|------|-----------------|-------|----------|-----------|--------------------------|-------|-------------|
| 119 | 38  | ANTONIO HERNÁNDEZ BARREIRO  | 1946 | <b>57:18</b>    | 05:43 | 57:06    | AG2027785 | LA MOCHILA DEL DEPORTE   | M-99  | Máster D-14 |
| 120 | 31  | MARÍA URÍA ÁLVAREZ          | 1990 | <b>57:18</b>    | 05:43 | 57:06    |           |                          | F-21  | Senior-4    |
| 121 | 135 | CARLOS IGLESIAS LISTA       | 1987 | <b>57:22</b>    | 05:44 | 57:09    |           |                          | M-100 | Máster A-16 |
| 122 | 144 | ALBERTO ARRANZ GIL          | 1992 | <b>57:25</b>    | 05:44 | 57:13    |           |                          | M-101 | Senior-18   |
| 123 | 62  | JOSÉ MARÍA AMADO BOUZA      | 1967 | <b>57:59</b>    | 05:47 | 57:49    |           | ATLETAS DE ACEA DE AMA   | M-102 | Máster C-18 |
| 124 | 161 | BORJA CABEZA SOUTO          | 2001 | <b>58:21</b>    | 05:50 | 58:11    |           |                          | M-103 | Sub 23-6    |
| 125 | 89  | ALBERTO MACEIRAS VILARIÑO   | 1975 | <b>59:26</b>    | 05:56 | 59:07    |           |                          | M-104 | Máster B-32 |
| 126 | 167 | PEDRO VAZQUEZ RAMIL         | 2003 | <b>59:27</b>    | 05:56 | 59:07    |           |                          | M-105 | Sub 23-7    |
| 127 | 97  | JUAN CARLOS MARTÍN GONZÁLEZ | 1978 | <b>59:30</b>    | 05:57 | 59:14    |           |                          | M-106 | Máster B-33 |
| 128 | 71  | MIGUEL PRECEDO              | 1971 | <b>59:31</b>    | 05:57 | 59:12    | TGAL223   | EMPUJANDO SONRISAS       | M-107 | Máster C-19 |
| 129 | 124 | MANUEL LÓPEZ TEMES          | 1985 | <b>59:33</b>    | 05:57 | 59:21    | AG3306    | CORREXALLAS              | M-108 | Máster A-17 |
| 130 | 48  | GUMERSINDO CANDIDO LEMA MOU | 1959 | <b>59:59</b>    | 05:59 | 59:46    |           |                          | M-109 | Máster D-15 |
| 131 | 37  | AITANA FERNÁNDEZ RIVERA     | 2000 | <b>01:00:39</b> | 06:03 | 01:00:28 |           |                          | F-22  | Senior-5    |
| 132 | 70  | CARLOS FERNÁNDEZ EXPÓSITO   | 1971 | <b>01:00:40</b> | 06:04 | 01:00:30 |           | ATLETAS DE ACEA DE AMA   | M-110 | Máster C-20 |
| 133 | 7   | CRISTINA SANCHEZ LOPEZ      | 1972 | <b>01:01:08</b> | 06:06 | 01:00:58 |           |                          | F-23  | Máster C-3  |
| 134 | 107 | FERNANDO REY ALBARELLOS     | 1980 | <b>01:01:21</b> | 06:08 | 01:01:13 | AG17678   |                          | M-111 | Máster B-34 |
| 135 | 23  | MARÍA MAROÑAS               | 1980 | <b>01:01:22</b> | 06:08 | 01:01:15 | AG17678   | SOCIEDAD DEPORTIVA COMPO | F-24  | Máster B-9  |
| 136 | 5   | MALENA AMIGO FERREIRO       | 1968 | <b>01:01:41</b> | 06:10 | 01:01:34 | GA1149    | SOCIEDAD DEPORTIVA COMPO | F-25  | Máster C-4  |
| 137 | 114 | MANUEL GONZÁLEZ DEVESA      | 1982 | <b>01:01:48</b> | 06:10 | 01:01:34 |           |                          | M-112 | Máster B-35 |
| 138 | 61  | EDUARDO GARCIA SANTIAGO     | 1967 | <b>01:03:27</b> | 06:20 | 01:03:15 |           |                          | M-113 | Máster C-21 |
| 139 | 159 | ANTONIO VILA LEIS           | 2001 | <b>01:03:30</b> | 06:21 | 01:03:20 |           |                          | M-114 | Sub 23-8    |
| 140 | 1   | ELVIRA TRESGUERRAS GONZÁLEZ | 1952 | <b>01:06:44</b> | 06:40 | 01:06:34 | 2024118   | CLUB ATLETISMO SAR       | F-26  | Máster D-3  |
| 141 | 96  | JHON JAIRO MORA MARADIAGO   | 1977 | <b>01:07:18</b> | 06:43 | 01:07:13 |           |                          | M-115 | Máster B-36 |
| 142 | 86  | JOSE LUIS FERNÁNDEZ GALLEGO | 1975 | <b>01:09:09</b> | 06:54 | 01:08:50 |           |                          | M-116 | Máster B-37 |
| 143 | 12  | EVA RAMIL NUÑEZ             | 1975 | <b>01:09:23</b> | 06:56 | 01:09:04 |           |                          | F-27  | Máster B-10 |
| 144 | 13  | PAULA FERNANDEZ AMBOAGE     | 1976 | <b>01:09:24</b> | 06:56 | 01:09:04 |           |                          | F-28  | Máster B-11 |
| 145 | 268 | MARÍA SUÁREZ TABOADA        | 1975 | <b>01:09:24</b> | 06:56 | 01:09:05 |           |                          | F-29  | Máster B-12 |
| 146 | 8   | NURIA CIDONCHA MORÁN        | 1973 | <b>01:10:17</b> | 07:01 | 01:10:09 |           | ADMEDIADUCIA             | F-30  | Máster B-13 |
| DQ  | 56  | JAVIER FERNÁNDEZ FARGA      | 1964 |                 |       |          |           |                          | M     | Máster C    |
| DQ  | 112 | DIEGO OMAR RODRÍGUEZ LÓPEZ  | 1981 |                 |       |          |           |                          | M     | Máster B    |
| DQ  | 128 | ANXO GARCÍA VARELA          | 1986 |                 |       |          |           |                          | M     | Máster A    |

## RESULTADOS OFICIAIS

Sub 18 5k

11:45

| PTO | DOR | NOME               | ANO  | TEMPO | RITMO | T.NETO | LICENZA | CLUBE               | SEXO | CATEGORÍA |
|-----|-----|--------------------|------|-------|-------|--------|---------|---------------------|------|-----------|
| 1   | 202 | ANXO LÓPEZ REY     | 2007 | 21:22 | 04:16 | 21:20  |         | IES AGRA DE LEBORÍS | M-1  | Sub 18-1  |
| 2   | 206 | BRIAN RUBIN KUSANO | 2006 | 31:00 | 06:12 | 30:56  |         |                     | M-2  | Sub 18-2  |

### RESULTADOS OFICIAIS

Sub 16-14

11:00

| PTO | DOR | NOME                          | ANO  | TEMPO | RITMO | T.NETO | LICENZA   | CLUBE                     | SEXO | CATEGORÍA |
|-----|-----|-------------------------------|------|-------|-------|--------|-----------|---------------------------|------|-----------|
| 1   | 325 | IAGO MATEOS CALVIÑO           | 2008 | 13:51 | 03:38 | 13:50  | AG15967   | SOCIEDAD DEPORTIVA COMPO  | M-1  | Sub 16-1  |
| 2   | 307 | DANIEL AMBITE SANTANA         | 2008 | 14:10 | 03:43 | 14:08  |           |                           | M-2  | Sub 16-2  |
| 3   | 302 | JOSEP BASTOS DIZ              | 2011 | 14:30 | 03:48 | 14:30  | G1010     |                           | M-3  | Sub 14-1  |
| 4   | 260 | ÁLVARO LISA PASCUAL           | 2009 | 14:46 | 03:53 | 14:44  |           |                           | M-4  | Sub 16-3  |
| 5   | 323 | IVAN LOPEZ PAZOS              | 2008 | 14:48 | 03:53 | 14:47  | AG2028939 | ATLETISMO NARON           | M-5  | Sub 16-4  |
| 6   | 306 | DIEGO AMBITE SANTANA          | 2010 | 14:53 | 03:55 | 14:52  |           |                           | M-6  | Sub 14-2  |
| 7   | 324 | XABI CAMBA VÁZQUEZ            | 2010 | 15:27 | 04:03 | 15:26  | GA778     | CLUB ATLETISMO CORUÑA COM | M-7  | Sub 14-3  |
| 8   | 320 | CARMEN PAZ SANTAMARÍA         | 2010 | 15:28 | 04:04 | 15:27  | AG2025487 | CLUB ATLETISMO NOIA       | F-1  | Sub 14-1  |
| 9   | 335 | MATEO RAMOS OLVEIRA           | 2010 | 15:39 | 04:07 | 15:37  |           | IES AGRA DE LEBORÍS       | M-8  | Sub 14-4  |
| 10  | 322 | TANIA LOPEZ PAZOS             | 2009 | 15:49 | 04:09 | 15:47  | AG2026035 | ATLETISMO NARON           | F-2  | Sub 16-1  |
| 11  | 262 | GABRIEL MERA HERNÁNDEZ        | 2008 | 16:24 | 04:18 | 16:22  |           |                           | M-9  | Sub 16-5  |
| 12  | 344 | JAIRO ORGANERO CASTILLO       | 2008 | 16:41 | 04:23 | 16:40  |           |                           | M-10 | Sub 16-6  |
| 13  | 257 | SANTIAGO PÉREZ MIRANDA        | 2008 | 16:49 | 04:25 | 16:46  |           |                           | M-11 | Sub 16-7  |
| 14  | 256 | JUAN PLEITE                   | 2008 | 16:49 | 04:25 | 16:46  |           |                           | M-12 | Sub 16-8  |
| 15  | 272 | LUCÍA TABOADA CODESIDO        | 2010 | 17:06 | 04:30 | 17:04  |           |                           | F-3  | Sub 14-2  |
| 16  | 301 | DAVID QUEIJO RAMA             | 2008 | 17:14 | 04:32 | 17:13  |           |                           | M-13 | Sub 16-9  |
| 17  | 345 | JOAN MARTÍN RODRÍGUEZ LAFUENT | 2009 | 17:14 | 04:32 | 17:12  |           | IES AGRA DE LEBORÍS       | M-14 | Sub 16-10 |
| 18  | 332 | IRIA BARREIRO MATOS           | 2009 | 17:18 | 04:33 | 17:16  |           |                           | F-4  | Sub 16-2  |
| 19  | 339 | ANA ÉZARA ANDRADE             | 2010 | 17:28 | 04:35 | 17:26  | AG13993   | A.D. FOGAR                | F-5  | Sub 14-3  |
| 20  | 309 | MARIO ALDAO ABELEIRA          | 2010 | 17:50 | 04:41 | 17:48  |           |                           | M-15 | Sub 14-5  |
| 21  | 341 | SANDRO QUINTÁNS LOPÉZ         | 2010 | 17:51 | 04:41 | 17:49  |           |                           | M-16 | Sub 14-6  |
| 22  | 347 | DANIEL BOLÓN TUSET            | 2010 | 18:40 | 04:54 | 18:37  |           |                           | M-17 | Sub 14-7  |
| 23  | 254 | ÁLVARO ROPERO RAYA            | 2009 | 18:48 | 04:56 | 18:48  |           |                           | M-18 | Sub 16-11 |
| 24  | 252 | CARLOS OUSINDE FERNÁNDEZ      | 2010 | 18:49 | 04:57 | 18:47  |           |                           | M-19 | Sub 14-8  |
| 25  | 346 | BRAIS AGRA SÁNCHEZ            | 2009 | 18:49 | 04:57 | 18:47  |           |                           | M-20 | Sub 16-12 |
| 26  | 261 | JAVIER LOZANO ARGÜESO         | 2009 | 19:09 | 05:02 | 19:07  |           |                           | M-21 | Sub 16-13 |
| 27  | 255 | FÉLIX ROPERO RAYA             | 2008 | 19:19 | 05:05 | 19:18  |           |                           | M-22 | Sub 16-14 |
| 28  | 264 | JESÚS PICADO FERNÁNDEZ        | 2008 | 19:30 | 05:07 | 19:26  |           |                           | M-23 | Sub 16-15 |
| 29  | 328 | ALEJANDRO FERNÁNDEZ MORANTE   | 2008 | 19:35 | 05:09 | 19:33  |           |                           | M-24 | Sub 16-16 |
| 30  | 265 | GONZALO MARTÍN LLORENTE       | 2008 | 19:48 | 05:12 | 19:44  |           |                           | M-25 | Sub 16-17 |
| 31  | 310 | NEREA VARELA RAMA             | 2009 | 20:18 | 05:20 | 20:16  |           |                           | F-6  | Sub 16-3  |
| 32  | 318 | FATIMA BERMUDEZ CARRETERO     | 2008 | 20:18 | 05:20 | 20:18  |           |                           | F-7  | Sub 16-4  |
| 33  | 343 | JESUS FARIÑA PEREIRA          | 2010 | 21:33 | 05:40 | 21:31  |           |                           | M-26 | Sub 14-9  |
| 34  | 303 | PAULA BELLO RODRÍGUEZ         | 2010 | 22:53 | 06:01 | 22:50  |           |                           | F-8  | Sub 14-4  |
| 35  | 258 | JUAN PABLO ROLDÁN PÉREZ       | 2008 | 23:15 | 06:07 | 23:12  |           |                           | M-27 | Sub 16-18 |
| 36  | 263 | PABLO ARROYO GARCÍA           | 2008 | 23:15 | 06:07 | 23:12  |           |                           | M-28 | Sub 16-19 |
| 37  | 348 | CLOE ESMORÍS BLANCO           | 2010 | 27:49 | 07:19 | 27:47  |           |                           | F-9  | Sub 14-5  |
| 38  | 352 | BRAIS MALLO SOMESO            | 2011 | 28:46 | 07:34 | 28:43  |           |                           | M-29 | Sub 14-10 |
| 39  | 313 | LUCIO CASTRO BOFILL           | 2011 | 28:47 | 07:34 | 28:43  |           | CEIP ALFREDO BRAÑAS       | M-30 | Sub 14-11 |
| 40  | 338 | ZAKARIA MOUAKNI REGUEIRA      | 2011 | 29:38 | 07:47 | 29:34  |           | CEIP ALFREDO BRAÑAS       | M-31 | Sub 14-12 |
| 41  | 342 | MIKEL VILANOVA TAVERAS        | 2010 | 32:52 | 08:38 | 32:49  |           |                           | M-32 | Sub 14-13 |
| 42  | 317 | SANELA CASAL BOQUETE          | 2008 | 33:40 | 08:51 | 33:36  |           | IES AGRA DE LEBORÍS       | F-10 | Sub 16-5  |
| 43  | 316 | LARA PRESEDO BALDOMIR         | 2008 | 33:40 | 08:51 | 33:37  |           | IES AGRA DE LEBORÍS       | F-11 | Sub 16-6  |
| 44  | 336 | HÉCTOR PALLAS LÓPEZ           | 2011 | 36:56 | 09:43 | 36:56  |           |                           | M-33 | Sub 14-14 |
| DNF | 326 | INÉS PUENTE FRAGA             | 2010 |       |       |        |           |                           | F    | Sub 14    |
| DNF | 266 | DIEGO GONZÁLEZ CARRIÓN        | 2008 |       |       |        |           |                           | M    | Sub 16    |
| DNS | 304 | MARCOS BARCALA LÓPEZ          | 2011 |       |       |        | AG6921    |                           | M    | Sub 14    |
| DNS | 305 | ÓLIVER VARELA SANDE           | 2011 |       |       |        |           |                           | M    | Sub 14    |
| DNS | 308 | MANUEL GALLEGO MARTINEZ       | 2011 |       |       |        |           | LARACHA RUNNING           | M    | Sub 14    |
| DNS | 311 | LUCIA AÑÓN SANCHEZ            | 2008 |       |       |        |           | SALVAMENTO ACUÁTICO LARA  | F    | Sub 16    |
| DNS | 312 | LAURA ANNICCHIARICO BARREIRO  | 2009 |       |       |        | AG2021411 | CLUB ATLETISMO SADA       | F    | Sub 16    |
| DNS | 314 | AINARA NAVEIRA SÁNCHEZ        | 2011 |       |       |        |           | CEIP RAMÓN OTERO PEDRAYO  | F    | Sub 14    |
| DNS | 315 | MOHAMED OUFAOUMA              | 2010 |       |       |        |           | CEIP RAMÓN OTERO PEDRAYO  | F    | Sub 14    |
| DNS | 319 | ÁLEX FERRO SOUTO              | 2010 |       |       |        |           |                           | M    | Sub 14    |
| DNS | 321 | JULIA MACEIRAS RAMIL          | 2011 |       |       |        |           |                           | F    | Sub 14    |
| DNS | 327 | VITOR SÁNCHEZ MIRA            | 2008 |       |       |        |           |                           | M    | Sub 16    |
| DNS | 329 | JEYDEN SILVA GUERRERO         | 2011 |       |       |        |           | NATACIÓN RIBEIRA          | M    | Sub 14    |
| DNS | 330 | RITA TUBIO SUEIRO             | 2011 |       |       |        |           |                           | F    | Sub 14    |
| DNS | 331 | DAVID ANTONIO EMILIAN BACAOAN | 2009 |       |       |        |           | NATACIÓN RIBEIRA          | M    | Sub 16    |



RESULTADOS OFICIAIS

Sub 16-14

11:00

| PTO | DOR | NOME                 | ANO  | TEMPO | T.NETO | LICENZA | CLUBE               | SEXO | CATEGORÍA |
|-----|-----|----------------------|------|-------|--------|---------|---------------------|------|-----------|
| DNS | 333 | SAMUEL PALLAS LÓPEZ  | 2009 |       |        |         | IES AGRA DE LEBORÍS | M    | Sub 16    |
| DNS | 334 | CARLOS GARCÍA ARIJÓN | 2010 |       |        |         |                     | M    | Sub 14    |
| DNS | 337 | ÁLVARO GARCÍA ARIJÓN | 2010 |       |        |         |                     | M    | Sub 14    |
| DNS | 340 | IRIA QUEIJO COUSELO  | 2009 |       |        |         |                     | F    | Sub 16    |
| DNS | 349 | ÁNGELA GARCÍA PAZOS  | 2011 |       |        |         |                     | F    | Sub 14    |
| DNS | 351 | DAVID RAMOS ULLOA    | 2011 |       |        |         | PONTE DOS BROZOS    | M    | Sub 14    |
| DNS | 259 | GONZALO MARTÍN GIL   | 2008 |       |        |         |                     | M    | Sub 16    |

## RESULTADOS OFICIAIS

### Sub 12-10

### 10:45

| PTO | DOR | NOME                         | ANO  | TEMPO        | RITMO | T.NETO | LICENZA  | CLUBE                      | SEXO | CATEGORÍA |
|-----|-----|------------------------------|------|--------------|-------|--------|----------|----------------------------|------|-----------|
| 1   | 442 | SERGIO COIRA PIER            | 2013 | <b>03:55</b> | 03:33 | 03:54  | AG-12747 | MARINEDA ATLETICO          | M-1  | Sub 12-1  |
| 2   | 443 | KAROL RIVERA CORES           | 2012 | <b>03:58</b> | 03:36 | 03:57  |          | CLUB ATLETISMO CAMBADOS-?  | F-1  | Sub 12-1  |
| 3   | 414 | NICOLAS AMADO PREGO          | 2014 | <b>04:01</b> | 03:39 | 03:59  |          | CLUB ATLETISMO SADA        | M-2  | Sub 10-1  |
| 4   | 274 | ALEX PISNA GÓMEZ             | 2015 | <b>04:02</b> | 03:40 | 04:01  |          |                            | M-3  | Sub 10-2  |
| 5   | 404 | ALEXANDRE VEGA MARTINEZ      | 2015 | <b>04:05</b> | 03:42 | 04:04  | AG15999  | MARINEDA ATLETICO          | M-4  | Sub 10-3  |
| 6   | 433 | BRAIS PONTE MALLO            | 2012 | <b>04:07</b> | 03:44 | 04:06  |          |                            | M-5  | Sub 12-2  |
| 7   | 406 | GAEL COUCE JEREZ             | 2014 | <b>04:09</b> | 03:46 | 04:08  | AG13063  | LA MOCHILA DEL DEPORTE     | M-6  | Sub 10-4  |
| 8   | 417 | XOEL LIRES VIDAL             | 2013 | <b>04:15</b> | 03:51 | 04:14  | AG-17444 | ASOCIACION DEPORTIVA OLIMI | M-7  | Sub 12-3  |
| 9   | 411 | YOEL PUÑAL NAVEIRA           | 2012 | <b>04:16</b> | 03:52 | 04:15  |          |                            | M-8  | Sub 12-4  |
| 10  | 421 | ALBA FILGUEIRA RASCADO       | 2012 | <b>04:23</b> | 03:59 | 04:22  | AG17058  |                            | F-2  | Sub 12-2  |
| 11  | 428 | PABLO RAMOS OLVEIRA          | 2012 | <b>04:35</b> | 04:10 | 04:35  |          | CEIP RAMÓN OTERO PEDRAYO   | M-9  | Sub 12-5  |
| 12  | 426 | MATEO COUSILLAS VAZQUEZ      | 2015 | <b>04:38</b> | 04:12 | 04:38  |          |                            | M-10 | Sub 10-5  |
| 13  | 429 | DAVID BECERRA RAMOS          | 2012 | <b>04:46</b> | 04:20 | 04:46  |          |                            | M-11 | Sub 12-6  |
| 14  | 434 | RUBÉN ORDONEZ LÓPEZ          | 2013 | <b>04:46</b> | 04:20 | 04:45  |          |                            | M-12 | Sub 12-7  |
| 15  | 435 | JUAN CARLOS BARBEITO RIBEIRO | 2013 | <b>04:52</b> | 04:25 | 04:50  |          |                            | M-13 | Sub 12-8  |
| 16  | 449 | DANIELA GUILLÍN SEJO         | 2013 | <b>04:54</b> | 04:27 | 04:52  |          |                            | F-3  | Sub 12-3  |
| 17  | 408 | HUGO SANDE VARELA            | 2015 | <b>04:57</b> | 04:30 | 04:55  |          | CEIP RAMÓN OTERO PEDRAYO   | M-14 | Sub 10-6  |
| 18  | 430 | VÍCTOR RODRÍGUEZ VELO        | 2012 | <b>05:03</b> | 04:35 | 05:00  |          |                            | M-15 | Sub 12-9  |
| 19  | 440 | DIEGO VILANOVA TAVERAS       | 2013 | <b>05:03</b> | 04:35 | 05:01  |          |                            | M-16 | Sub 12-10 |
| 20  | 436 | BRUNO SÁNCHEZ MARTÍNEZ       | 2013 | <b>05:04</b> | 04:36 | 05:03  |          |                            | M-17 | Sub 12-11 |
| 21  | 273 | YERAI MONTES GARCÍA          | 2012 | <b>05:05</b> | 04:37 | 05:02  |          |                            | M-18 | Sub 12-12 |
| 22  | 448 | MARTINA DÍAZ FRANCO          | 2012 | <b>05:12</b> | 04:43 | 05:10  |          |                            | F-4  | Sub 12-4  |
| 23  | 447 | AROA GARCÍA SOUTO            | 2012 | <b>05:17</b> | 04:48 | 05:14  |          |                            | F-5  | Sub 12-5  |
| 24  | 579 | IRIA LOUREIRO CASAS          | 2012 | <b>05:25</b> | 04:55 | 05:25  |          |                            | F-6  | Sub 12-6  |
| 25  | 412 | GABRIELA RODRÍGUEZ GÓMEZ     | 2013 | <b>05:30</b> | 05:00 | 05:27  |          | CEIP RAMON OTERO PEDRAYO   | F-7  | Sub 12-7  |
| 26  | 410 | PAULA CARRACEDO AÑÓN         | 2013 | <b>05:36</b> | 05:05 | 05:35  |          |                            | F-8  | Sub 12-8  |
| 27  | 415 | DANIELA POSE MÉNDEZ          | 2013 | <b>05:40</b> | 05:09 | 05:39  |          |                            | F-9  | Sub 12-9  |
| 28  | 405 | ÓSCAR SÁNCHEZ POMBO          | 2013 | <b>05:41</b> | 05:10 | 05:39  |          |                            | M-19 | Sub 12-13 |
| 29  | 407 | BORJA BLANCO LÓPEZ           | 2014 | <b>05:41</b> | 05:10 | 05:38  |          | CEIP RAMÓN OTERO PEDRAYO   | M-20 | Sub 10-7  |
| 30  | 431 | YAGO TUÑAS ALVES             | 2012 | <b>05:46</b> | 05:14 | 05:45  |          |                            | M-21 | Sub 12-14 |
| 31  | 427 | LUCÍA VILARIÑO SÁNCHEZ       | 2012 | <b>05:48</b> | 05:16 | 05:46  |          | CEIP RAMÓN OTERO PEDRAYO   | F-10 | Sub 12-10 |
| 32  | 401 | GABRIEL GAVÍN MOUZO          | 2015 | <b>05:49</b> | 05:17 | 05:47  |          |                            | M-22 | Sub 10-8  |
| 33  | 446 | PABLO FARIÑA PEREIRA         | 2013 | <b>05:56</b> | 05:23 | 05:54  |          |                            | M-23 | Sub 12-15 |
| 34  | 422 | EMILY SARAY MORA RAMIREZ     | 2015 | <b>05:58</b> | 05:25 | 05:56  |          |                            | F-11 | Sub 10-1  |
| 35  | 437 | ADONAI PÉREZ ENTWISTLE       | 2015 | <b>06:03</b> | 05:30 | 06:01  |          |                            | M-24 | Sub 10-9  |
| 36  | 445 | ADRIÁN BALIRAC HURLÉ         | 2015 | <b>06:12</b> | 05:38 | 06:09  |          |                            | M-25 | Sub 10-10 |
| 37  | 402 | RAÚL MARCOS LORENZO          | 2015 | <b>06:12</b> | 05:38 | 06:10  |          |                            | M-26 | Sub 10-11 |
| 38  | 432 | ANXO GARCÍA REGUEIRA         | 2012 | <b>06:19</b> | 05:44 | 06:18  |          |                            | M-27 | Sub 12-16 |
| 39  | 350 | IRIS AGRA SÁNCHEZ            | 2011 | <b>06:21</b> | 05:46 | 06:20  |          |                            | F-12 | Sub 12-11 |
| 40  | 423 | JHONNY ANDRES MORA RAMIREZ   | 2012 | <b>06:23</b> | 05:48 | 06:21  |          |                            | M-28 | Sub 12-17 |
| 41  | 419 | ÁNGELES PUENTE FRAGA         | 2015 | <b>06:29</b> | 05:53 | 06:27  |          |                            | F-13 | Sub 10-2  |
| 42  | 416 | MARIO HENOK FERNANDEZ FERNÁN | 2013 | <b>06:32</b> | 05:56 | 06:29  |          |                            | M-29 | Sub 12-18 |
| 43  | 269 | JULIA GARROTE SUÁREZ         | 2014 | <b>06:33</b> | 05:57 | 06:30  |          |                            | F-14 | Sub 10-3  |
| 44  | 413 | MATÍAS VAZQUEZ PRECEDO       | 2013 | <b>06:34</b> | 05:58 | 06:30  | TGAL223  | EMPUJANDO SONRISAS         | M-30 | Sub 12-19 |
| 45  | 424 | NOA GONZÁLEZ RE CAREY        | 2015 | <b>07:09</b> | 06:30 | 07:07  |          |                            | F-15 | Sub 10-4  |
| DNF | 420 | MAURO PÉREZ VÁZQUEZ          | 2012 |              |       |        | AG18060  | RUNNING OLEIROS            | M    | Sub 12    |
| DNS | 403 | PAULA GALLEGO MARTINEZ       | 2013 |              |       |        |          |                            | F    | Sub 12    |
| DNS | 409 | YERAI GARCÍA MONTES          | 2012 |              |       |        |          | CEIP ALFREDO BRAÑAS        | M    | Sub 12    |
| DNS | 418 | LUCÍA MACEIRAS               | 2014 |              |       |        |          |                            | F    | Sub 10    |
| DNS | 425 | AITANA GARCIA PICON          | 2013 |              |       |        |          | NOITEBRA F.C.              | F    | Sub 12    |
| DNS | 438 | NOA QUEIJO COUSELO           | 2014 |              |       |        |          |                            | F    | Sub 10    |
| DNS | 439 | RUBÉN RAMA AMBROA            | 2012 |              |       |        |          |                            | M    | Sub 12    |
| DNS | 441 | SERGIO POSE MÉNDEZ           | 2013 |              |       |        |          |                            | M    | Sub 12    |
| DNS | 444 | HAIZEA BARREIRO VILLAR       | 2015 |              |       |        |          |                            | F    | Sub 10    |
| DNS | 450 | ANTÍA CASTRO LÓPEZ           | 2014 |              |       |        |          |                            | F    | Sub 10    |