

# X CARREIRA POPULAR VOLTA A OZA

ABSOLUTA

Clasificación Xeral



Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	Tiempo Neto	Ritmo Neto	T. KM 2,4
1	1	ALVARO	PRESEDO FRAGUIÑO	M-1	MS1M-1	CLUB MARINEDA ATLETICO	ARTEIXO		00:21:51	00:03:30	00:21:51	00:03:30	00:08:21
2	2	ABDELAZIZ	FATIHI CHHIMA	M-2	SNRM-1		CORUÑA (A)		00:22:02	00:03:32	00:22:02	00:03:32	00:08:20
3	343	RUBÉN	LIÑARES ARÁN	M-3	MS2M-1		CORUÑA (A)		00:22:12	00:03:34	00:22:12	00:03:34	00:08:25
4	486	ALEJANDRO	SERRANO BUJAN	M-4	MS1M-2		CORUÑA (A)		00:22:37	00:03:37	00:22:37	00:03:37	00:08:32
5	12	ELOY	GONZALEZ HORTA	M-5	MS1M-3	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:22:49	00:03:40	00:22:49	00:03:40	00:08:38
6	8	FERNANDO	VÁZQUEZ ARES	M-6	MS2M-2	ATLETAS DE ACEA DE AMA	CULLEREDO		00:22:56	00:03:41	00:22:56	00:03:41	00:08:40
7	3034	JUAN	VÁZQUEZ AMADO	M-7	SNRM-2	AD NÁUTICO DE NARÓN	MIÑO		00:23:09	00:03:43	00:23:06	00:03:42	00:08:56
8	157	BRUNO	RIADIGOS PIÑEIRO	M-8	MS1M-4	NOSPORTLIMIT	CORUÑA (A)		00:23:19	00:03:44	00:23:19	00:03:44	00:08:48
9	496	ENRIQUE	SUÁREZ SUÁREZ	M-9	MS1M-5		SADA		00:23:23	00:03:45	00:23:23	00:03:45	00:08:51
10	6	ANTÓN	GÓMEZ LÓPEZ	M-10	SNRM-3	CLUB ATLETISMO SANTIAGO	CULLEREDO	GA 255	00:23:36	00:03:47	00:23:34	00:03:47	00:09:14
11	1555	MANUEL	FERNÁNDEZ SÁNCHEZ	M-11	MS1M-6		CORUÑA (A)		00:23:37	00:03:47	00:23:35	00:03:47	00:08:57
12	79	JOSE	SUAREZ LEIS	M-12	MS3M-1	CLUB DEPORTIVO BRION HYPERSA SANTIAGO	BAÑA (A)	AG-766580	00:23:46	00:03:49	00:23:46	00:03:49	00:09:03
13	16	RUBEN	BREGUA CHAS	M-13	MS1M-7	CLUB MARINEDA ATLETICO	CULLEREDO		00:23:51	00:03:49	00:23:50	00:03:49	00:09:07
14	3258	BRUNO	SALIDO JOVE	M-14	SUB23M-1	CLUB ATLETISMO SADA	OLEIROS		00:23:52	00:03:50	00:23:51	00:03:49	00:09:04
15	3015	DANIEL	FUENTES BARDANCA	M-15	SNRM-4		CORUÑA (A)		00:23:53	00:03:50	00:23:45	00:03:48	00:09:09
16	3226	JORGE	GARCÍA ARROYO	M-16	SNRM-5	CLUB ATLETISMO TAMBRE	CORUÑA (A)		00:23:55	00:03:50	00:23:55	00:03:50	00:09:06
17	445	IVAN	REGO POSE	M-17	MS1M-8		A CORUÑA		00:23:59	00:03:51	00:23:59	00:03:51	00:09:08
18	22	JAVIER	PARADELA MARTICO	M-18	MS2M-3	ARTEIXO	ARTEIXO		00:24:00	00:03:51	00:24:00	00:03:51	00:09:09
19	14	CARLOS	IGLESIAS AREA	M-19	MS1M-9	CLUB SAN MIGUEL DE MARÍN	CORUÑA (A)	AG2015548	00:24:03	00:03:51	00:24:01	00:03:51	00:09:07
20	141	CARLOS	ALVAREZ PAREDES	M-20	MS2M-4	NOSPORTLIMIT	CORUÑA (A)		00:24:12	00:03:53	00:24:11	00:03:53	00:09:08
21	159	JUAN CARLOS	VAZQUEZ GRELA	M-21	MS1M-10	NOSPORTLIMIT	CORUÑA (A)		00:24:18	00:03:54	00:24:18	00:03:54	00:09:18
22	3213	ALBERTO	CASTEDO PERNAS	M-22	SNRM-6	LA MOCHILA DEL DEPORTE	CORUÑA (A)	AG2023227	00:24:25	00:03:55	00:24:25	00:03:55	00:09:16
23	105	JOSE ANTONIO	FERNÁNDEZ RODRÍGUEZ	M-23	MS1M-11	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG 765	00:24:31	00:03:56	00:24:30	00:03:56	00:09:15
24	3296	XAQUIN	BUGALLO DEL PUERTO	M-24	MS1M-12	RUNNING OLEIROS	CULLEREDO		00:24:34	00:03:56	00:24:34	00:03:56	00:09:30
25	176	PABLO A.	LEMA PEREZ	M-25	MS3M-2	RUNNING OLEIROS	CORUÑA (A)	AG-2026832	00:24:39	00:03:57	00:24:37	00:03:57	00:09:32
26	315	JOSE MANUEL	GARCIA VUELTA	M-26	MS1M-13	NOSPORTLIMIT	CORUÑA (A)		00:24:43	00:03:58	00:24:40	00:03:57	00:09:22
27	19	ALEXANDRE	RODRÍGUEZ PAZ	M-27	MS1M-14	AD FOGAR	CULLEREDO		00:24:52	00:03:59	00:24:52	00:03:59	00:09:21
28	175	FRANCISCO JAVIER	GONZÁLEZ LEDO	M-28	MS2M-5	RUNNING OLEIROS	CULLEREDO	AG2024183	00:24:53	00:03:59	00:24:53	00:03:59	00:09:34
29	44	JORGE JUAN	TÁBARA RODRÍGUEZ	M-29	SNRM-7	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:24:56	00:04:00	00:24:53	00:03:59	00:09:14
30	73	JOSÉ LUIS	ROIBÁS FERNÁNDEZ	M-30	MS2M-6	CLUB ATLETISMO SADA	CAMBRE		00:25:06	00:04:01	00:25:06	00:04:01	00:09:35
31	3254	MACIEJ	PIOSIK	M-31	MS1M-15		LUBUSZ VOIVODESHIP		00:25:07	00:04:01	00:25:05	00:04:01	00:09:23
32	197	RICARDO	ALONSO FERNÁNDEZ	M-32	MS1M-16		ARTEIXO		00:25:12	00:04:02	00:25:12	00:04:02	00:09:27
33	3233	MARCOS	GÜETO SANDÁ	M-33	SUB20M-1		CORUÑA (A)		00:25:14	00:04:03	00:25:11	00:04:02	00:09:32
34	3024	JOSE	LÓPEZ GARCÍA	M-34	MS1M-17	MTC-LOURES	LANCARA		00:25:16	00:04:03	00:25:16	00:04:03	00:09:40
35	3225	HOWARD	FRIMAN	M-35	SNRM-8	OXFORD UNIVERSITY WATER POLO CLUB	CORUÑA (A)		00:25:18	00:04:03	00:25:13	00:04:03	00:09:43
36	45	IVAN	VARELA BARREIRO	M-36	MS2M-7	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:25:28	00:04:05	00:25:26	00:04:05	00:09:42
37	172	JESUS	ALVAREZ CHINCHILLA	M-37	MS3M-3	CLUB ATLETISMO SADA MONTAÑA	OLEIROS	AG2021337	00:25:35	00:04:06	00:25:35	00:04:06	00:09:37
38	1549	ADRIÁN	FARIÑA MARTÍNEZ	M-38	SNRM-9		ARTEIXO		00:25:37	00:04:06	00:25:29	00:04:05	00:10:00
39	3234	FELIX	HERNANDEZ LOPEZ	M-39	SUB23M-2	TRIATLON ARTEIXO	ARTEIXO		00:25:53	00:04:09	00:25:49	00:04:08	00:09:55
40	142	ANTONIO	BAAMONDE SANDE	M-40	MS2M-8	NOSPORTLIMIT	CORUÑA (A)		00:25:58	00:04:10	00:25:55	00:04:09	00:09:58
41	24	JOSÉ ANTONIO	GARCÍA MÉNDEZ	M-41	MS2M-9	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)		00:26:04	00:04:11	00:26:02	00:04:10	00:09:48
42	39	SIMON	LOPEZ EIROA	M-42	MS2M-10	ATLETAS DE ACEA DE AMA	OLEIROS		00:26:05	00:04:11	00:26:02	00:04:10	00:10:10
43	238	NACHO	CAMPOS NIÑO	M-43	MS2M-11		CORUÑA (A)		00:26:09	00:04:11	00:26:07	00:04:11	00:09:56
44	1514	DAVID	CALVO BARCA	M-44	MS1M-18	MESOIRO CD	A CORUÑA		00:26:16	00:04:13	00:26:09	00:04:12	00:10:13
45	108	JUAN CARLOS	FERNÁNDEZ LAGO	M-45	MS3M-4	CLUBE DE ATLETISMO SERRES RUNNERS	MUROS		00:26:19	00:04:13	00:26:13	00:04:12	00:10:15
46	30	ADRIÁN	BAO LÓPEZ	M-46	SNRM-10	ATLETAS DE ACEA DE AMA	CULLEREDO		00:26:20	00:04:13	00:26:19	00:04:13	00:09:54
47	31	PEDRO	BARANGA ARES	M-47	MS2M-12	ATLETAS DE ACEA DE AMA	CULLEREDO		00:26:22	00:04:14	00:26:18	00:04:13	00:10:02
48	185	ENRIQUE	SANTOS LORENZO	M-48	MS2M-13	TERRA DE SONEIRA C.D.	VIMIÁNZO	AG2019235	00:26:24	00:04:14	00:26:19	00:04:13	00:10:27
49	134	EDELMIRO	PORTO BLANCO	M-49	MS1M-19	MESOIRO CD	OLEIROS		00:26:25	00:04:14	00:26:15	00:04:12	00:10:15
50	480	SERGIO	SANTOS CONCHEIRO	M-50	MS1M-20		CORUÑA (A)		00:26:27	00:04:14	00:26:26	00:04:14	00:09:59
51	265	IAGO	CRESPO TABOADA	M-51	MS1M-21	CD GAS NATURAL FENOSA	CORUÑA (A)		00:26:29	00:04:15	00:26:16	00:04:13	00:10:36
52	229	JAVI	BREGUA	M-52	MS2M-14		CORUÑA (A)		00:26:33	00:04:15	00:26:28	00:04:15	00:10:08
53	163	DAVID	CANDAL DE LA CRUZ	M-53	MS1M-22	OXIO TRAINING CLUB	CORUÑA (A)		00:26:38	00:04:16	00:26:36	00:04:16	00:10:12
54	500	DANI	VARELA	M-54	MS1M-23		CORUÑA (A)		00:26:38	00:04:16	00:26:35	00:04:16	00:10:03
55	29	JESÚS	ASTRAY CASTRO	M-55	MS2M-15	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:26:39	00:04:16	00:26:37	00:04:16	00:10:18
56	3201	ADRIÁN	ALFONSO DÍAZ	M-56	SNRM-11		ARTEIXO		00:26:40	00:04:16	00:26:30	00:04:15	00:10:28
57	3001	JAVIER	ACCION	M-57	MS1M-24		CORUÑA (A)		00:26:43	00:04:17	00:26:42	00:04:17	00:10:12
58	1557	MIGUEL ÁNGEL	FRANCISCO FERNÁNDEZ	M-58	MS1M-25		CORUÑA (A)		00:26:44	00:04:17	00:26:34	00:04:16	00:10:30
59	494	MANUEL	SUÁREZ SÁNCHEZ	M-59	SNRM-12		NARÓN		00:26:45	00:04:17	00:26:41	00:04:17	00:10:09
60	247	LUIS ANGEL	CASTELO SANCHEZ	M-60	MS2M-16		CORUÑA (A)		00:26:45	00:04:17	00:26:44	00:04:17	00:10:09

61	188	SANTIAGO	GARCÍA BELLO	M-61	MS3M-5	TRASNOS		CAMBRE		00:26:48	00:04:18	00:26:44	00:04:17	00:10:17
62	396	MIKEL	OCERIN VAZQUEZ	M-62	SNRM-13			SADA		00:26:49	00:04:18	00:26:47	00:04:18	00:10:15
63	114	MANUEL ANGEL	CASAL PENA	M-63	MS1M-26	ESCOLA DE ATLETISMO PAULA MAYOBRE		MUGARDOS		00:26:51	00:04:18	00:26:48	00:04:18	00:10:24
64	518	DAVID	VILA ÁLVAREZ	M-64	SNRM-14			LUGO		00:26:54	00:04:19	00:26:42	00:04:17	00:10:28
65	3292	JOSE	PEREZ LOPEZ	M-65	MS2M-17	CLUB ATLETISMO SADA		SADA		00:26:59	00:04:19	00:26:52	00:04:18	00:10:18
66	143	RAUL	BARBEITO GESTAL	M-66	MS1M-27	NOSPORTLIMIT		ARTEIXO		00:27:00	00:04:20	00:26:45	00:04:17	00:10:39
67	3020	JOSE MANUEL	GONZALEZ DURAN	M-67	MS1M-28	AD JARNACHAS		CORUÑA (A)		00:27:04	00:04:20	00:26:57	00:04:19	00:10:31
68	1568	JOSÉ MANUEL	ISOBA BLANCO	M-68	MS1M-29			CORUÑA (A)		00:27:09	00:04:21	00:27:05	00:04:20	00:10:07
69	310	ALFONSO	GARCÍA BELLO	M-69	MS3M-6	NINGUNO		CULLEREDO		00:27:11	00:04:21	00:27:07	00:04:21	00:10:28
70	674	ALBERTO	FRAGA SUAREZ	M-70	MS1M-30			CORUÑA (A)		00:27:16	00:04:22	00:26:05	00:04:11	00:11:21
71	3208	MARIO	CABALLERO GUTIÉRREZ	M-71	SUB20M-2			LOGROÑO		00:27:17	00:04:22	00:27:13	00:04:22	00:10:18
72	393	ISMAEL	NOVO SOUTO	M-72	SNRM-15			CORUÑA (A)		00:27:17	00:04:22	00:26:41	00:04:17	00:10:57
73	234	ENRIQUE	CABANA PICADO	M-73	MS1M-31			CORUÑA (A)		00:27:19	00:04:23	00:27:13	00:04:22	00:10:38
74	690	HUGO	SEJO NAVEIRA	M-74	SNRM-16	PICHI		CORUÑA (A)		00:27:20	00:04:23	00:27:15	00:04:22	00:10:28
75	100	JOSE	FREIRE CASTRO	M-75	MS2M-18	CLUB TRIATLON CORUÑA		CORUÑA (A)		00:27:27	00:04:24	00:27:20	00:04:23	00:10:34
76	173	JUAN CARLOS	BERGONDO BRANDARIZ	M-76	MS3M-7	RUNNING OLEIROS		OLEIROS		00:27:29	00:04:24	00:27:26	00:04:24	00:10:27
77	7	INES	PAPIN ESTEVEZ	F-1	MS2F-1	CLUB ATLETISMO SADA		CAMBRE		00:27:29	00:04:24	00:27:27	00:04:24	00:10:30
78	410	JOSÉ	PARIS LÓPEZ	M-77	MS1M-32			ABEGONDO		00:27:30	00:04:24	00:27:21	00:04:23	00:10:48
79	277	ROBERTO	DOCAMPO SUÁREZ	M-78	MS1M-33			CORUÑA (A)		00:27:33	00:04:25	00:27:24	00:04:23	00:10:56
80	335	ANTONIO	HERNANDEZ HERNANDEZ	M-79	MS2M-19			SALAMANCA		00:27:34	00:04:25	00:27:32	00:04:25	00:10:31
81	3250	MARCOS	ORDÓÑEZ RODRIGUEZ	M-80	MS2M-20	ATLETAS DE ACEA DE AMA		MALPICA DE BERGANTIÑOS		00:27:34	00:04:25	00:27:30	00:04:24	00:10:42
82	3016	XOÁN	GALÁN PRESAS	M-81	MS2M-21	CLUB ATLETISMO SADA		CORUÑA (A)		00:27:40	00:04:26	00:27:37	00:04:26	00:10:40
83	447	MANUEL	REGUEIRA FERRO	M-82	MS2M-22			CORUÑA (A)		00:27:47	00:04:27	00:27:43	00:04:27	00:10:36
84	128	JESÚS	CEBREIROS GONZÁLEZ	M-83	MS2M-23	JESÚS		BERGONDO		00:27:50	00:04:28	00:27:41	00:04:26	00:10:45
85	126	JAIME	ÁLVAREZ DE LA TORRE	M-84	MS1M-34	HÉRCULES ATLETISMO		A CORUÑA	AG 2025146	00:27:51	00:04:28	00:27:48	00:04:27	00:10:41
86	195	RAMÓN	ALBA DOMINGUEZ	M-85	MS2M-24			CORUÑA (A)		00:27:52	00:04:28	00:27:41	00:04:26	00:10:39
87	271	MIGUEL	DÍAZ CARBALLO	M-86	MS3M-8			BETANZOS		00:27:54	00:04:28	00:27:41	00:04:26	00:10:57
88	506	DIEGO	VÁZQUEZ PÉREZ	M-87	MS1M-35			A CORUÑA		00:27:56	00:04:29	00:27:48	00:04:27	00:10:47
89	151	DANIEL	NOGUEIRA CARRO	M-88	MS1M-36	NOSPORTLIMIT		CORUÑA (A)		00:27:56	00:04:29	00:27:49	00:04:27	00:10:51
90	507	MANUEL	VAZQUEZ RAMOS	M-89	MS2M-25	VERXEL NUTRICIÓN DEPORTIVA		ARANGA		00:27:58	00:04:29	00:27:49	00:04:27	00:10:58
91	255	JUAN	CHAO MARTÍNEZ	M-90	SNRM-17			CORUÑA (A)		00:28:08	00:04:30	00:27:25	00:04:24	00:11:44
92	1685	NOELIA	SOUTO ROMERO	F-2	SNRF-1			CORUÑA (A)		00:28:09	00:04:31	00:28:01	00:04:29	00:10:30
93	119	JOSÉ ROBERTO	REY IGLESIAS	M-91	MS3M-9	ESCUELA DE ATLETISMO PAULA MAYOBRE		A CORUÑA		00:28:09	00:04:31	00:28:07	00:04:30	00:10:50
94	1517	JESÚS	ALONSO PREGO	M-92	MS2M-26	TRAILEROS TOXOS&BIRRAS		CORUÑA (A)		00:28:10	00:04:31	00:28:00	00:04:29	00:10:53
95	236	FRANCISCO	CABANAS SANCHEZ	M-93	SNRM-18	NOSPORTLIMIT		CORUÑA (A)		00:28:15	00:04:32	00:28:08	00:04:31	00:10:57
96	482	HERNANDO	SEIJAS MARTÍNEZ	M-94	MS2M-27			CORUÑA (A)		00:28:19	00:04:32	00:28:10	00:04:31	00:10:55
97	1550	OSCAR	FERNANDEZ ANDRADE	M-95	MS2M-28			CAMBRE		00:28:20	00:04:32	00:28:07	00:04:30	00:10:42
98	502	RAMÓN ANTONIO	VARELA MÍGUEZ	M-96	MS3M-10			CORUÑA (A)		00:28:21	00:04:32	00:28:18	00:04:32	00:10:51
99	27	TOMAS	ABELED0 PATIÑO	M-97	MS3M-11	ATLETAS DE ACEA DE AMA		CULLEREDO		00:28:22	00:04:33	00:28:15	00:04:32	00:11:04
100	294	JAVIER	FERNÁNDEZ MARTÍNEZ	M-98	MS2M-29			CAMBRE		00:28:22	00:04:33	00:28:18	00:04:32	00:11:06
101	1607	JOSÉ MIGUEL	SÁNCHEZ LUPIÁÑEZ	M-99	SNRM-19					00:28:28	00:04:34	00:28:18	00:04:32	00:11:04
102	3101	JOSÉ LUIS	AMADO RODRÍGUEZ	M-100	MS2M-30			FENE		00:28:33	00:04:34	00:28:22	00:04:33	00:11:05
103	209	MARCOS	AMENEDO LAGO	M-101	MS1M-37			CORUÑA (A)		00:28:35	00:04:35	00:28:29	00:04:34	00:10:53
104	1511	JUAN JOSÉ	RAMOS BLANCO	M-102	MS2M-31	ESCOLA DE ATLETISMO PAULA MAYOBRE		NARÓN		00:28:36	00:04:35	00:28:14	00:04:31	00:11:24
105	3259	ALEJANDRO	SCURO ROSSI	M-103	MS1M-38			CORUÑA (A)		00:28:42	00:04:36	00:28:33	00:04:35	00:10:49
106	3021	JOSÉ MANUEL	GUERRERO CASTILLO	M-104	MS2M-32	LA MOCHILA DEL DEPORTE		CORUÑA (A)	AG2015196	00:28:42	00:04:36	00:28:35	00:04:35	00:11:03
107	678	TOMÁS	GONZÁLEZ VIDAL	M-105	SNRM-20			CORUÑA (A)		00:28:43	00:04:36	00:28:37	00:04:35	00:11:18
108	508	JESUS	VAZQUEZ RODRIGUEZ	M-106	MS4M-1			CORUÑA (A)		00:28:53	00:04:38	00:28:51	00:04:37	00:10:46
109	275	JOSÉ	DIEGUEZ CASTRO	M-107	MS2M-33			CORUÑA (A)		00:28:56	00:04:38	00:28:51	00:04:37	00:11:15
110	50	KEKI	VÁZQUEZ BRAÑAS	M-108	MS2M-34	ATLETISMO CORUÑA COMARCA		CORUÑA (A)	AG 2015528	00:28:57	00:04:38	00:28:53	00:04:38	00:11:04
111	9	REBECA	SOTO VIÑAS	F-3	MS2F-2	CLUB ATLETISMO NARÓN		FERROL	GA769219	00:29:03	00:04:39	00:29:01	00:04:39	00:11:13
112	1529	MANUEL	BASOA RODRIGUEZ	M-109	MS1M-39			FENE		00:29:04	00:04:39	00:29:02	00:04:39	00:11:02
113	77	DANIEL	PEREIRA ALONSO	M-110	SNRM-21	CLUB CICLISTA ARAGONTA		SALCEDA DE CASELAS		00:29:04	00:04:39	00:28:46	00:04:37	00:11:44
114	298	JOSE ANTONIO	FERNANDEZ VAZQUEZ	M-111	MS2M-35			CORUÑA (A)		00:29:12	00:04:41	00:29:03	00:04:39	00:11:20
115	458	FRANCISCO JOSE	ROCHA GARCÍA	M-112	MS1M-40			OZA DOS RÍOS	AG10109	00:29:14	00:04:41	00:28:55	00:04:38	00:11:16
116	1509	JAVIER	SEOANE QUINTELA	M-113	MS2M-36	CLUB DEPORTIVO EL TRASTERO		CULLEREDO		00:29:15	00:04:41	00:29:12	00:04:41	00:11:09
117	3214	MARCOS	CASTRO IBÁÑEZ	M-114	SUB23M-3			CORUÑA (A)		00:29:17	00:04:42	00:28:55	00:04:38	00:11:49
118	354	ALVARO	LOPEZ JACOME	M-115	MS2M-37			CORUÑA (A)		00:29:18	00:04:42	00:28:54	00:04:38	00:11:56
119	434	MIGUEL	PITA ORDÓÑEZ	M-116	SNRM-22			CORUÑA (A)		00:29:23	00:04:42	00:29:14	00:04:41	00:11:16
120	501	FERNANDO JOSE	VARELA CASTRO	M-117	SNRM-23			CORUÑA (A)		00:29:23	00:04:43	00:29:06	00:04:40	00:11:30
121	1538	ALEXANDRE	CAMEAN BAO	M-118	MS1M-41			CORUÑA (A)		00:29:27	00:04:43	00:29:01	00:04:39	00:11:29
122	644	LUCÍA	RODRÍGUEZ GARCÍA	F-4	MS1F-1	SD COMPOSTELA ATLETISMO		SADA	AG17674	00:29:32	00:04:44	00:29:25	00:04:43	00:11:38
123	455	YAGO DANIEL	RÍO PEREIRA	M-119	SUB20M-3			FERROL		00:29:35	00:04:44	00:29:34	00:04:44	00:10:32
124	424	FERNANDO	PEREZ HERNANDEZ	M-120	MS2M-38	INDEPENDIENTE		CORUÑA (A)	AG2019970	00:29:37	00:04:45	00:29:33	00:04:44	00:11:23
125	3228	CARLOS MANUEL	GARCÍA RODRÍGUEZ	M-121	MS1M-42			CORUÑA (A)		00:29:38	00:04:45	00:29:17	00:04:42	00:11:37
126	303	MANUEL	FONTENLA MUIÑO	M-122	MS3M-12	ATLETAS DE ACEA DE AMA		CORUÑA (A)		00:29:38	00:04:45	00:29:26	00:04:43	00:11:30
127	450	ROBERTO	REY LÓPEZ	M-123	MS1M-43			CORUÑA (A)		00:29:39	00:04:45	00:29:29	00:04:43	00:12:01

128	248	LUIS ANDRÉS	CASTRO ALMADA	M-124	MS2M-39	ADN CROSSFIT		OLEIROS	00:29:43	00:04:46	00:29:34	00:04:44	00:11:00
129	395	FERNANDO	NÚÑEZ POL	M-125	MS2M-40			CORUÑA (A)	00:29:47	00:04:46	00:29:23	00:04:42	00:11:40
130	47	JESÚS	VÁZQUEZ GARCÍA	M-126	MS3M-13	ATLETAS DE ACEA DE AMA		CAMBRE	00:29:47	00:04:46	00:29:40	00:04:45	00:11:42
131	121	JOSÉ MARÍA	LEVOSO TOUCEDA	M-127	MS3M-14	ESPRINTES OURENSE		CORUÑA (A)	00:29:53	00:04:47	00:29:28	00:04:43	00:12:11
132	210	CARLOS	AMOR GÓMEZ	M-128	MS2M-41	CLUB ATLETISMO SADA		CORUÑA (A)	00:29:53	00:04:47	00:29:21	00:04:42	00:11:42
133	520	FRANCISCO JAVIER	VILLAMISAR CALVIÑO	M-129	MS3M-15			CORUÑA (A)	00:29:54	00:04:47	00:29:30	00:04:44	00:12:15
134	698	MARÍA ISABEL	GONZÁLEZ BERMÚDEZ	F-5	MS2F-3	ATLETAS DE ACEA DE AMA		CULLEREDO	00:29:54	00:04:48	00:29:49	00:04:47	00:11:41
135	37	BRUNO	GARCÍA CERDEIRAS	M-130	MS2M-42	ATLETAS DE ACEA DE AMA		CULLEREDO	00:29:55	00:04:48	00:29:55	00:04:48	00:11:41
136	1715	MARCO EMILIANO	PINCIROLI	M-131	MS2M-43			CORUÑA (A)	00:29:55	00:04:48	00:29:42	00:04:46	00:11:43
137	534	NADIA	MRIMICHE	F-6	MS1F-2	ATLETAS DE ACEA DE AMA		CULLEREDO	00:29:55	00:04:48	00:29:50	00:04:47	00:11:40
138	3204	MARTÍN	AZPILCUETA RABUÑAL	M-132	SNRM-24			CAMBRE	00:29:55	00:04:48	00:29:49	00:04:47	00:11:13
139	3238	MARIO	LLORENTE GARCÍA	M-133	SNRM-25			SEVILLA	00:29:57	00:04:48	00:29:34	00:04:44	00:11:53
140	257	DANIEL	CIUDAD	M-134	MS2M-44			CORUÑA (A)	00:30:01	00:04:49	00:29:46	00:04:46	00:11:50
141	36	ANTONIO	GARCIA BELLO	M-135	MS3M-16	ATLETAS DE ACEA DE AMA		CAMBRE	00:30:02	00:04:49	00:29:57	00:04:48	00:11:33
142	233	DAVID	BUGLIOT GUISANDE	M-136	MS1M-44			CAMBRE	00:30:03	00:04:49	00:29:49	00:04:47	00:11:34
143	361	ADRIÁN	LÓPEZ VILLAVERDE	M-137	MS1M-45			CORUÑA (A)	00:30:09	00:04:50	00:29:56	00:04:48	00:11:48
144	1716	CONSTANTE	PIÑEIRO RIADIGOS	M-138	MS1M-46				00:30:10	00:04:50	00:29:39	00:04:45	00:11:46
145	460	PABLO	RODRIGUEZ ALVAREZ	M-139	MS2M-45			SADA	00:30:15	00:04:51	00:29:53	00:04:47	00:12:02
146	3033	JOSÉ	SAS GOLPE	M-140	MS2M-46			BETANZOS	00:30:16	00:04:51	00:29:56	00:04:48	00:12:07
147	386	RAMON EUGENIO	MOSQUERA SILVA	M-141	MS2M-47	INDEPENDIENTE		CORUÑA (A)	00:30:18	00:04:51	00:29:53	00:04:47	00:11:42
148	3298	DANIEL	ESPIÑEIRA CUPEIRO	M-142	MS1M-47			CORUÑA (A)	00:30:18	00:04:51	00:29:58	00:04:48	00:11:56
149	284	OSCAR	DURO PAZOS	M-143	MS1M-48			PONFERRADA	00:30:19	00:04:51	00:29:51	00:04:47	00:12:00
150	584	LAURA	AGUILERA	F-7	MS1F-3			CULLEREDO	00:30:19	00:04:51	00:30:06	00:04:49	00:11:49
151	3283	ROCIO	FERNANDEZ FERNÁNDEZ	F-8	MS2F-4			OLEIROS	00:30:20	00:04:52	00:30:01	00:04:49	00:12:03
152	80	RUBEN	MENÉNDEZ FERNÁNDEZ	M-144	MS2M-48	CD GAS NATURAL FENOSA		CORUÑA (A)	00:30:22	00:04:52	00:30:02	00:04:49	00:12:04
153	61	JOAQUIN	DOCAMPO GARCIA	M-145	MS1M-49	CLUB ATLÉTICO BERGONDO		BERGONDO	00:30:24	00:04:52	00:30:12	00:04:50	00:11:40
154	451	MANUEL JOSE	REY PAULOS	M-146	MS4M-2			CARBALLO	00:30:26	00:04:53	00:30:12	00:04:50	00:12:12
155	453	ÁNGEL	RICO DÍAZ	M-147	MS1M-50			CORUÑA (A)	00:30:27	00:04:53	00:30:21	00:04:52	00:11:45
156	269	PABLO	DELGADO GONZÁLEZ	M-148	MS1M-51			OZA DOS RÍOS	00:30:30	00:04:53	00:30:10	00:04:50	00:11:59
157	160	DAVID	VILARIÑO GONZÁLEZ	M-149	MS1M-52	NOSPORTLIMIT		CORUÑA (A)	00:30:41	00:04:55	00:30:35	00:04:54	00:11:47
158	3257	JAVIER	RODRÍGUEZ GANTES	M-150	MS2M-49			CORUÑA (A)	00:30:42	00:04:55	00:30:20	00:04:52	00:12:08
159	320	JUAN JOSÉ	GÓMEZ CORTÉS	M-151	MS2M-50	INDEPENDIENTE		CORUÑA (A)	00:30:42	00:04:55	00:30:11	00:04:50	00:12:49
160	3205	JOSE MANUEL	BAÑOS SEOANE	M-152	MS1M-53			CORUÑA (A)	00:30:43	00:04:55	00:30:25	00:04:52	00:12:04
161	3297	MIGUEL	MARROZOS LOPEZ	M-153	MS2M-51			CORUÑA (A)	00:30:49	00:04:56	00:30:27	00:04:53	00:12:28
162	112	ROBERTO	DE CASTRO THOME	M-154	MS2M-52	ESADE ALUMNI		CORUÑA (A)	00:30:50	00:04:56	00:30:07	00:04:49	00:12:31
163	510	ALEXANDRE	VEIRA RODRÍGUEZ	M-155	MS1M-54			CORUÑA (A)	00:30:51	00:04:57	00:30:18	00:04:51	00:12:34
164	321	MIGUEL	GÓMEZ ESPINOZA	M-156	MS1M-55			CORUÑA (A)	00:30:51	00:04:57	00:30:18	00:04:51	00:11:57
165	709	ALEJANDRO	LUIS NOVOA	M-157	SNRM-26	NOSPORTLIMIT		CORUÑA (A)	00:30:51	00:04:57	00:30:34	00:04:54	00:12:02
166	1554	JULIO CÉSAR	FERNÁNDEZ RODRÍGUEZ	M-158	MS3M-17			CORUÑA (A)	00:30:56	00:04:57	00:30:47	00:04:56	00:12:04
167	1638	MARÍA ÁNGELES	LORENZO BARRAL	F-9	MS2F-5	NOSPORTLIMIT		CORUÑA (A)	00:30:57	00:04:58	00:30:51	00:04:57	00:11:49
168	388	ESTEBAN	MOUZO DOMÍNGUEZ	M-159	MS1M-56			CEE	00:30:58	00:04:58	00:30:15	00:04:51	00:12:40
169	125	ALFONSO JAVIER	CASTRO SOUTO	M-160	MS1M-57	GMTA&CHUVONERS		CORUÑA (A)	00:30:59	00:04:58	00:30:34	00:04:54	00:12:28
170	3231	LIAM	GROARKE	M-161	MS1M-58	FILLOS DE BREOGAN		CORUÑA (A)	00:31:00	00:04:58	00:30:34	00:04:54	00:12:20
171	403	MANUEL	OUTES PAZ	M-162	MS4M-3	INDEPENDIENTE		CARBALLO	00:31:01	00:04:58	00:30:56	00:04:57	00:11:59
172	1505	JESUS MANUEL	LOPEZ PALEO	M-163	MS3M-18	CLUB ATLETISMO SADA		CAMBRE	00:31:07	00:04:59	00:30:35	00:04:54	00:12:18
173	397	NACHO	OLVEIRA	M-164	MS2M-53			CORUÑA (A)	00:31:08	00:04:59	00:30:53	00:04:57	00:12:15
174	177	SUSO	RAMOS RODRIGUEZ	M-165	MS3M-19	RUNNING OLEIROS		LARACHA (A)	00:31:11	00:05:00	00:30:19	00:04:51	00:13:11
175	497	JULIO	SUÁREZ VÁZQUEZ	M-166	MS4M-4			CORUÑA (A)	00:31:11	00:05:00	00:31:07	00:04:59	00:11:52
176	111	RUBEN	MARTINEZ DEL RIO	M-167	MS2M-54	DREAM TEAM		PARLA	00:31:12	00:05:00	00:30:33	00:04:54	00:12:53
177	308	RAMON MIGUEL	GARCIA BARBA	M-168	MS3M-20			CORUÑA (A)	00:31:14	00:05:00	00:31:02	00:04:58	00:12:13
178	93	JAVIER	VILLAMISAR VÁZQUEZ	M-169	SNRM-27	CLUB HÉRCULES TERMARIA		CORUÑA (A)	00:31:23	00:05:02	00:31:00	00:04:58	00:12:33
179	306	JAVIER	GARATE SALORIO	M-170	MS2M-55			CORUÑA (A)	00:31:27	00:05:02	00:31:14	00:05:00	00:12:11
180	391	DANIEL	MUÑIZ TORRES	M-171	MS1M-59			CORUÑA (A)	00:31:30	00:05:03	00:31:19	00:05:01	00:12:02
181	350	JAIME	LÓPEZ CAINZOS	M-172	MS2M-56			CORUÑA (A)	00:31:31	00:05:03	00:31:13	00:05:00	00:12:28
182	1533	DANIEL	BURÉS ARES	M-173	SNRM-28			A CORUNA	00:31:33	00:05:03	00:31:01	00:04:58	00:13:15
183	118	MANUEL	PENA VARELA	M-174	MS2M-57	ESCUELA DE ATLETISMO PAULA MAYOBRE		ARES	00:31:39	00:05:04	00:31:17	00:05:01	00:12:24
184	1692	MANUEL	DIAZ-MERRY	M-175	MS2M-58			CORUÑA (A)	00:31:44	00:05:05	00:31:20	00:05:01	00:12:53
185	3227	MANUEL	GARCIA LOMBARDIA	M-176	MS1M-60			CORUÑA (A)	00:31:45	00:05:05	00:31:22	00:05:01	00:12:43
186	1536	LUIS	CALZÓN DOPAZO	M-177	MS1M-61			TEO	00:31:46	00:05:05	00:31:05	00:04:59	00:12:58
187	514	OSCAR	VIDAL RODRIGUEZ	M-178	MS1M-62			CORUÑA (A)	00:31:47	00:05:06	00:31:08	00:04:59	00:12:53
188	697	ISA	CABANAS CAMPELO	F-10	MS1F-4	ATLETAS DE ACEA DE AMA		CORUÑA (A)	00:31:48	00:05:06	00:31:43	00:05:05	00:12:04
189	589	ANA	ARIAS MÉNDEZ	F-11	MS1F-5			CORUÑA (A)	00:31:53	00:05:07	00:31:26	00:05:02	00:12:39
190	311	ÁLVARO	GARCÍA FERNÁNDEZ	M-179	SNRM-29			A CORUÑA	00:31:55	00:05:07	00:31:05	00:04:59	00:13:01
191	468	DIEGO	ROJO FARIÑA	M-180	MS1M-63			CORUÑA (A)	00:31:57	00:05:07	00:31:22	00:05:02	00:12:50
192	3002	DOMINGO	ALVAREZ IGLESIAS	M-181	MS4M-5	C.D.EGOVARROS-VIVEIRO		CORUÑA (A)	00:31:57	00:05:07	00:31:33	00:05:03	00:12:51
193	344	BRAIS	LOIRA MOAR	M-182	SNRM-30			CORUÑA (A)	00:31:59	00:05:07	00:31:28	00:05:02	00:13:03
194	92	ALBERTO	PÉREZ MURADO	M-183	MS1M-64	CLUB HÉRCULES TERMARIA		CORUÑA (A)	00:32:02	00:05:08	00:31:35	00:05:04	00:12:40

195	606	SUSANA	FEIJÓ SANCHEZ	F-12	MS2F-6	ATLETISMO CORUÑA COMARCA	CORUÑA (A)	AG-766584	00:32:03	00:05:08	00:31:55	00:05:07	00:12:17
196	374	FRANCISCO JAVIER	MARTINEZ SANTOS	M-184	MS2M-59		CORUÑA (A)		00:32:04	00:05:08	00:31:23	00:05:02	00:12:45
197	550	MARIA DOLORES	GONZÁLEZ FERNÁNDEZ	F-13	MS2F-7	CLUB LA MOCHILA DEL DEPORTE	BERGONDO		00:32:07	00:05:09	00:32:03	00:05:08	00:12:26
198	305	OSCAR	GALAN ADEGA	M-185	MS1M-65		CORUÑA (A)		00:32:11	00:05:09	00:31:23	00:05:02	00:13:24
199	1604	PABLO	RODRÍGUEZ BALEIRÓN	M-186	SNRM-31				00:32:12	00:05:10	00:31:42	00:05:05	00:12:50
200	495	FERNANDO	SUÁREZ SANDOMINGO	M-187	MS3M-21		ORTIGUEIRA		00:32:16	00:05:10	00:32:10	00:05:09	00:12:16
201	3222	ADRIÁN	FERNÁNDEZ GARCÍA	M-188	SNRM-32		CORUÑA (A)		00:32:19	00:05:11	00:31:31	00:05:03	00:12:45
202	140	CARLOS	ALVAREZ FERNÁNDEZ	M-189	MS2M-60	NOSPORTLIMIT	CULLEREDO		00:32:19	00:05:11	00:31:26	00:05:02	00:13:14
203	686	RAMON	RUBIN LUGO	M-190	MS3M-22		CORUÑA (A)		00:32:22	00:05:11	00:32:11	00:05:09	00:12:31
204	505	VICTOR MANUEL	VÁZQUEZ MOSTEIRO	M-191	MS3M-23		CORUÑA (A)		00:32:22	00:05:11	00:31:58	00:05:07	00:12:49
205	1680	LARA	PINCIROLI	F-14	SUB20F-1	A.D. FOGAR	A CORUÑA	AG18347	00:32:27	00:05:12	00:32:14	00:05:10	00:12:45
206	472	PEDRO MANUEL	SALIDO VARELA	M-192	MS2M-61		OLEIROS		00:32:29	00:05:12	00:32:07	00:05:09	00:12:32
207	1566	GUILLERMO	IGLESIAS	M-193	MS2M-62		CORUÑA (A)		00:32:30	00:05:12	00:31:50	00:05:06	00:13:08
208	329	PABLO	GRANDÍO NOCHE	M-194	MS1M-66		CORUÑA (A)		00:32:33	00:05:13	00:31:52	00:05:06	00:13:57
209	1583	SERGIO	MONJO PUCHOL	M-195	SNRM-33		CORUÑA (A)		00:32:36	00:05:13	00:31:45	00:05:05	00:13:19
210	216	ALEJANDRO	AVILA ALVAREZ	M-196	MS1M-67		CORUÑA (A)		00:32:39	00:05:14	00:31:57	00:05:07	00:13:57
211	3244	LEANDRO LUIS	MARTARELLI FERNANDEZ	M-197	MS1M-68		SANTIAGO DE COMPOSTELA		00:32:39	00:05:14	00:32:15	00:05:10	00:13:04
212	69	VICTOR	GARCÍA CARRO	M-198	MS1M-69	CLUB ATLETISMO SADA	OLEIROS		00:32:42	00:05:14	00:32:35	00:05:13	
213	71	FELIPE	LÓPEZ PÉREZ	M-199	MS2M-63	CLUB ATLETISMO SADA	OLEIROS		00:32:42	00:05:14	00:32:35	00:05:13	00:12:31
214	570	ELENA	CARRÉ OTERO	F-15	MS1F-6	NOSPORTLIMIT	CORUÑA (A)		00:32:44	00:05:15	00:32:41	00:05:14	00:12:29
215	1635	OFLIA	LUBIÁN DUBRA	F-16	MS2F-8	CLUB ATLETISMO PAULA MAYOBRE	ARES		00:32:48	00:05:15	00:32:25	00:05:12	00:12:55
216	3032	DAVID	SANCHEZ FERROL	M-200	SNRM-34		ARTEIXO		00:32:50	00:05:16	00:32:35	00:05:13	00:12:21
217	3218	MARCO ANTONIO	DOMINGUEZ GARCIA	M-201	MS2M-64		CAMBRE		00:32:53	00:05:16	00:32:23	00:05:11	00:13:35
218	687	EFREN	SANDA LOPEZ	M-202	SNRM-35		CORUÑA (A)		00:32:53	00:05:16	00:32:07	00:05:09	00:12:57
219	358	MANUEL	LÓPEZ ROIBAS	M-203	MS3M-24		CORUÑA (A)		00:32:56	00:05:17	00:32:38	00:05:14	00:12:56
220	522	DAVID	VILLAR VILLAR	M-204	MS1M-70	INDEPENDIENTE	CORUÑA (A)		00:32:58	00:05:17	00:32:38	00:05:14	00:12:42
221	646	ANA	RODRÍGUEZ RODRÍGUEZ	F-17	SNRF-2		CORUÑA (A)		00:33:02	00:05:17	00:32:26	00:05:12	00:13:09
222	3009	FRANCISCO MANUEL	CONDE DOMÍNGUEZ	M-205	MS2M-65		CORUÑA (A)		00:33:02	00:05:18	00:32:29	00:05:12	00:12:58
223	489	STEVEN	SPADAFFORA CEDIEL	M-206	SNRM-36		CORUÑA (A)		00:33:07	00:05:18	00:32:52	00:05:16	00:12:56
224	3006	DIEGO	CABARCOS VAL	M-207	SNRM-37		BURELA		00:33:07	00:05:18	00:32:40	00:05:14	00:12:49
225	1691	ANTON XOSE	CASAL RODRIGUEZ	M-208	MS2M-66		CORUÑA (A)		00:33:08	00:05:19	00:32:47	00:05:15	00:13:22
226	327	JOSÉ MIGUEL	GONZÁLEZ GONZÁLEZ	M-209	MS2M-67		CORUÑA (A)		00:33:15	00:05:20	00:32:56	00:05:17	00:12:44
227	3215	MOISÉS	CENDÓN	M-210	SNRM-38		VIGO		00:33:16	00:05:20	00:32:45	00:05:15	00:13:01
228	3229	ADRIÁN	GÓMEZ BRANDÓN	M-211	SNRM-39		TORDOIA		00:33:17	00:05:20	00:32:46	00:05:15	00:13:02
229	3265	SARA	GÓMEZ FEÁS	F-18	SNRF-3		CORUÑA (A)		00:33:19	00:05:20	00:33:06	00:05:18	00:12:58
230	432	JUAN	PERMUJ	M-212	MS1M-71		CORUÑA (A)		00:33:19	00:05:20	00:33:08	00:05:18	00:12:35
231	3261	SERAFIN	VARELA	M-213	MS2M-68		CORUÑA (A)		00:33:26	00:05:21	00:33:04	00:05:18	00:13:08
232	3047	LUCÍA	VÁZQUEZ HERMIDA	F-19	SUB23F-1	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:33:27	00:05:22	00:33:23	00:05:21	00:12:38
233	330	ROGELIO	GRANJA MENDEZ	M-214	MS4M-6		CORUÑA (A)		00:33:29	00:05:22	00:33:21	00:05:21	00:12:57
234	3027	MARCOS	MUÑIZ GARCÍA	M-215	MS2M-69		CORUÑA (A)		00:33:29	00:05:22	00:33:22	00:05:21	00:12:33
235	313	LUIS ANTONIO	GARCIA LINARES	M-216	MS2M-70		CHANTADA	AG765560	00:33:30	00:05:22	00:32:59	00:05:17	00:13:23
236	422	JOSÉ ANTONIO	PEREIRO DAPENA	M-217	MS4M-7		CULLEREDO		00:33:31	00:05:22	00:33:16	00:05:20	00:12:48
237	491	JOSE MANUEL	SUAREZ BRAVO	M-218	MS2M-71		CORUÑA (A)		00:33:33	00:05:22	00:32:52	00:05:16	00:13:57
238	1531	CHRISTIAN	BORRALLO ESTÉVEZ	M-219	MS2M-72		LA CORUÑA		00:33:37	00:05:23	00:33:23	00:05:21	00:12:52
239	1609	RESTITUTO	SIMÓN LAGO	M-220	MS1M-72		FERROL		00:33:40	00:05:24	00:32:55	00:05:16	00:13:55
240	1551	ANTONIO	FERNÁNDEZ CARREIRA	M-221	MS3M-25		FERROL		00:33:40	00:05:24	00:32:56	00:05:17	00:13:55
241	244	SERGIO	CARIDAD FARIÑA	M-222	SNRM-40		CORUÑA (A)		00:33:44	00:05:24	00:33:26	00:05:21	00:13:00
242	226	JORGE	BLANCO FERNANDEZ	M-223	MS2M-73		CORUÑA (A)		00:33:50	00:05:25	00:33:19	00:05:20	00:13:23
243	3224	GRIFFIN	FRASER	M-224	SNRM-41		CORUÑA (A)		00:33:52	00:05:25	00:33:14	00:05:19	00:13:47
244	416	JUAN	PAZOS COUTO	M-225	MS3M-26		CORUÑA (A)		00:33:57	00:05:26	00:33:31	00:05:22	00:13:10
245	3239	OMAR	LÓPEZ LONGUEIRA	M-226	MS1M-73		CAMBRE		00:34:00	00:05:27	00:33:09	00:05:19	00:14:19
246	1586	JULIO CESAR	NAVARRETE ALARCÓN	M-227	MS1M-74		CORUÑA (A)		00:34:08	00:05:28	00:33:45	00:05:24	00:13:35
247	203	JONATAN	ALVAREZ GONZALEZ	M-228	MS2M-74		CORUÑA (A)		00:34:10	00:05:28	00:33:56	00:05:26	00:13:38
248	56	JUAN MARÍA	FEAL VILLARREAL	M-229	MS2M-75	MESOIRO CD	CORUÑA (A)		00:34:13	00:05:29	00:33:31	00:05:22	00:13:45
249	1653	LUCÍA	CASTRO	F-20	MS1F-7		CORUÑA (A)		00:34:15	00:05:29	00:34:02	00:05:27	00:13:34
250	221	SITO	BERGONDO VÁZQUEZ	M-230	MS2M-76		CORUÑA (A)		00:34:16	00:05:29	00:34:00	00:05:27	00:13:14
251	3102	SUSANA	CATALÁN MORCILLO	F-21	MS2F-9		CORUÑA (A)		00:34:17	00:05:30	00:34:05	00:05:28	00:13:47
252	204	EDUARDO	ALVAREZ MAGALHAES	M-231	MS1M-75		CAMBRE		00:34:25	00:05:31	00:34:01	00:05:27	00:12:52
253	82	JOSE LUIS	LÓPEZ RODRIGUEZ	M-232	MS2M-77	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL235	00:34:27	00:05:31	00:33:58	00:05:27	00:13:51
254	387	BRAIS	MOSTEIRO GARCIA	M-233	MS1M-76		OLEIROS		00:34:27	00:05:31	00:33:59	00:05:27	00:13:52
255	3012	PABLO	FEIJOO VILANOVA	M-234	SNRM-42	CLUB PIRAGUISMO FLUVIAL ALLARIZ	ALLARIZ		00:34:27	00:05:31	00:34:27	00:05:31	00:10:15
256	1510	HÉCTOR	LÓPEZ ALFONSO	M-235	SUB20M-4	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL236	00:34:27	00:05:31	00:33:59	00:05:27	00:13:52
257	1553	IAGO	FERNÁNDEZ MEILÁN	M-236	MS1M-77		CORUÑA (A)		00:34:28	00:05:31	00:33:46	00:05:25	00:14:00
258	544	ROCÍO	ALFONSO PITA	F-22	MS2F-10	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO	TGAL226	00:34:28	00:05:31	00:33:59	00:05:27	00:13:53
259	3252	HOLGER	PALACIOS GUILLERMO	M-237	MS1M-78		CORUÑA (A)		00:34:30	00:05:32	00:34:22	00:05:30	00:12:57
260	205	MARCOS	ALVAREZ PATIÑO	M-238	MS2M-78		CORUÑA (A)		00:34:36	00:05:33	00:34:12	00:05:29	00:13:26
261	297	RUBEN	FERNANDEZ SANTIAGO	M-239	MS1M-79	NOSPORTLIMIT	CORUÑA (A)		00:34:37	00:05:33	00:33:57	00:05:26	00:14:25

262	469	DANIEL	SAAVEDRA TORAL	M-240	MS1M-80		CORUÑA (A)		00:34:38	00:05:33	00:34:04	00:05:27	00:14:16
263	62	JUAN	GONZÁLEZ ARES	M-241	MS2M-79	CLUB ATLETICO SOBRADO XUVENTUDE	SOBRADO		00:34:40	00:05:33	00:34:18	00:05:30	00:13:47
264	3211	GABRIEL	CAO SANCHEZ	M-242	MS2M-80		CORUÑA (A)		00:34:42	00:05:33	00:34:11	00:05:29	00:14:11
265	444	JUAN JOSE	REDONDO LAGO	M-243	MS4M-8		CORUÑA (A)		00:34:42	00:05:34	00:34:25	00:05:31	00:13:26
266	274	CESAR	DIEGO DURAN	M-244	MS2M-81		CORUÑA (A)		00:34:43	00:05:34	00:34:37	00:05:33	00:13:10
267	3230	VÍCTOR	GONZÁLEZ CARRO	M-245	SNRM-43		CORUÑA (A)		00:34:45	00:05:34	00:33:24	00:05:21	00:14:40
268	430	DIEGO	PÉREZ PONTE	M-246	MS1M-81		CORUÑA (A)		00:34:46	00:05:34	00:33:58	00:05:27	00:13:52
269	531	RAQUEL	BOTANA GONZALEZ	F-23	MS2F-11	ATLETAS DE ACEA DE AMA	CAMBRE		00:34:48	00:05:34	00:34:40	00:05:33	00:13:12
270	120	MAXIMINO	LAGARES CARRO	M-247	MS2M-82	ESPRINTES OURENSE	ORDES	TGAL121	00:34:48	00:05:35	00:34:09	00:05:28	00:14:06
271	597	PURY	CAMPOS	F-24	MS2F-12		CAMBRE		00:34:49	00:05:35	00:34:40	00:05:33	00:13:22
272	438	ENRIQUE JORGE	RAMA RODRÍGUEZ	M-248	MS3M-27		CORUÑA (A)		00:34:54	00:05:35	00:34:22	00:05:30	00:14:02
273	1575	ANTONIO DANIEL	LOPEZ RIVAS	M-249	MS1M-82		CORUÑA (A)		00:34:58	00:05:36	00:34:47	00:05:34	00:13:02
274	1560	ALEJANDRO	GARCÍA NICOLÁS	M-250	SNRM-44				00:34:59	00:05:36	00:34:10	00:05:28	00:14:12
275	1717	PABLO	SANDE ESLAVA	M-251	MS2M-83		A CORUÑA		00:35:00	00:05:36	00:34:04	00:05:27	00:14:03
276	519	MIGUEL ANGEL	VILARIÑO NUÑEZ	M-252	MS2M-84		CORUÑA (A)		00:35:00	00:05:36	00:34:40	00:05:33	00:13:29
277	499	FABIÁN	VALCÁRCEL MARTÍNEZ	M-253	MS1M-83		CORUÑA (A)		00:35:03	00:05:37	00:34:54	00:05:35	00:13:23
278	349	EDGAR	LOPEZ BRAVO	M-254	MS1M-84		CORUÑA (A)		00:35:06	00:05:37	00:34:11	00:05:29	00:14:39
279	530	CARMEN	CASTRO LEMA	F-25	MS1F-8	ASOCIACIÓN DEPORTIVA OLIMPIA	DUMBRIA	AG17639	00:35:07	00:05:38	00:34:47	00:05:34	00:13:55
280	3217	MARCELO	DE SOUZA MARINHO	M-255	MS2M-85		OLEIROS		00:35:09	00:05:38	00:34:59	00:05:36	00:13:06
281	3237	ALEJANDRO	LARRAÑAGA ÁLVAREZ	M-256	MS1M-85		CORUÑA (A)		00:35:09	00:05:38	00:34:08	00:05:28	00:14:23
282	283	AVELINO	DOPAZO PONTE	M-257	MS3M-28		SADA		00:35:12	00:05:38	00:34:53	00:05:35	00:13:40
283	1579	JORGE	MARTINEZ GUIMAREY	M-258	MS1M-86		CORUÑA (A)		00:35:15	00:05:39	00:34:27	00:05:31	00:14:11
284	3295	ALEX	ANTELO	M-259	MS2M-86	PROYECTO BULULU	CORUÑA (A)		00:35:21	00:05:40	00:35:04	00:05:37	00:13:15
285	549	PILAR	FERNANDEZ ROMERO	F-26	MS3F-1	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	AG14471	00:35:22	00:05:40	00:35:14	00:05:39	00:13:24
286	3255	NANO	REY	M-260	SNRM-45	CORUNET	CORUÑA (A)		00:35:23	00:05:40	00:35:16	00:05:39	00:13:07
287	3007	GABRIEL	CAMACHO CASCAJO	M-261	MS2M-87		PORRIÑO (O)		00:35:29	00:05:41	00:35:03	00:05:37	00:14:09
288	3037	ANA BELEN	HERMIDA CARBALLO	F-27	MS2F-13	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	AG2016960	00:35:30	00:05:41	00:35:17	00:05:39	00:13:43
289	46	MANUEL	VAZQUEZ ALVEDRO	M-262	MS4M-9	ATLETAS DE ACEA DE AMA	CAMBRE		00:35:32	00:05:41	00:35:12	00:05:38	00:13:35
290	32	JULIO	BARRAL IGLESIAS	M-263	MS3M-29	ATLETAS DE ACEA DE AMA	CAMBRE		00:35:32	00:05:42	00:35:12	00:05:38	00:13:35
291	682	PABLO	PALOMARES LÓPEZ	M-264	SNRM-46		CORUÑA (A)		00:35:36	00:05:42	00:34:51	00:05:35	00:14:20
292	1519	MANUEL	ALBORS FERREIRO	M-265	MS1M-87				00:35:37	00:05:42	00:35:02	00:05:37	00:13:59
293	650	SILVIA	SÁNCHEZ BASCOY	F-28	MS3F-2		CORUÑA (A)		00:35:40	00:05:43	00:35:29	00:05:41	00:13:43
294	198	JOSE ANTONIO	ALONSO GARCIA	M-266	SNRM-47		CORUÑA (A)		00:35:41	00:05:43	00:35:06	00:05:37	00:13:59
295	3216	PABLO	CERVANTES CASANOVA	M-267	SNRM-48		CORUÑA (A)		00:35:42	00:05:43	00:34:44	00:05:34	00:14:12
296	477	FERNANDO	SANDÁ MACHO	M-268	MS3M-30		SADA		00:35:43	00:05:43	00:34:56	00:05:36	00:14:10
297	3210	ADRIÁN	CANEDO MARTÍNEZ	M-269	SNRM-49		CORUÑA (A)		00:35:46	00:05:44	00:35:11	00:05:38	00:13:42
298	3243	ALEJANDRO	LOUREDA ALVAREZ	M-270	MS2M-88		CORUÑA (A)		00:35:51	00:05:45	00:35:36	00:05:42	00:13:37
299	371	SANTIAGO	MARTÍNEZ ISASI	M-271	MS1M-88		CORUÑA (A)		00:35:52	00:05:45	00:34:54	00:05:35	00:14:48
300	487	LUCAS ERNESTO DE	SOUSA LOZA	M-272	SNRM-50		CORUÑA (A)		00:35:52	00:05:45	00:35:09	00:05:38	00:14:58
301	1518	JOSE MANUEL	MANDAYO MÁRQUEZ	M-273	MS2M-89	TSUNAMINARANJA	CORUÑA (A)		00:35:52	00:05:45	00:35:18	00:05:39	00:14:04
302	3010	JESUS MATIAS	DOMINGUEZ GOMEZ	M-274	MS3M-31		LARACHA (A)		00:35:56	00:05:45	00:35:01	00:05:37	00:14:38
303	426	ROGELIO MANUEL	PEREZ MIÑONES	M-275	MS3M-32	INDEPENDIENTE	CORUÑA (A)		00:35:58	00:05:47	00:35:19	00:05:39	00:14:44
304	539	ÁNGELES	CASTRO FERNÁNDEZ	F-29	MS2F-14	CLUB ATLETISMO SADA	CORUÑA (A)		00:36:00	00:05:46	00:35:24	00:05:40	00:14:25
305	1657	ELIANE CRISTINA	ESTEVAM	F-30	MS1F-9		CULLEREDO		00:36:03	00:05:47	00:35:41	00:05:43	00:14:19
306	3022	RAMON	IGLESIAS REY	M-276	MS1M-89		SANTIAGO DE COMPOSTELA		00:36:05	00:05:47	00:35:47	00:05:44	00:13:56
307	630	MARÍA	MARTÍNEZ MOSQUERA	F-31	MS2F-15		CORUÑA (A)		00:36:05	00:05:47	00:35:40	00:05:43	00:14:06
308	1615	RAFAEL ALFONSO	VALIÑA DOMINGUEZ	M-277	MS2M-90		CORUÑA (A)		00:36:07	00:05:47	00:35:54	00:05:45	00:13:41
309	178	DANIEL	PAZ ALEN	M-278	MS2M-91		CULLEREDO		00:36:09	00:05:47	00:35:18	00:05:39	00:15:07
310	3223	PEDRO LUIS	FERNÁNDEZ SUÁREZ	M-279	MS3M-33		CORUÑA (A)		00:36:12	00:05:48	00:35:23	00:05:40	00:14:49
311	3247	ALEJANDRO	MEJUTO BLANCO	M-280	SNRM-51		BETANZOS		00:36:17	00:05:49	00:35:57	00:05:45	00:14:48
312	569	SARA	BUYO LAGARES	F-32	SNRF-4	NOSPORTLIMIT	BETANZOS		00:36:19	00:05:49	00:35:57	00:05:46	00:14:50
313	478	EMILIO	SANGIL DEL RIO	M-281	MS3M-34		CORUÑA (A)		00:36:23	00:05:50	00:35:28	00:05:41	00:14:27
314	684	MANUEL FRANCISCO	RODRÍGUEZ FIGUEROA	M-282	MS3M-35		CORUÑA (A)		00:36:25	00:05:50	00:35:55	00:05:45	00:14:34
315	3019	JULIO JOSÉ	GÓMEZ DÍAZ	M-283	MS2M-92	INDEPENDIENTE	CORUÑA (A)		00:36:27	00:05:50	00:35:24	00:05:40	00:15:18
316	529	MARÍA VANESSA	PEREIRA RODRIGUEZ	F-33	MS2F-16	ADN CROSSFIT	CAMBRE		00:36:30	00:05:51	00:36:21	00:05:49	00:13:58
317	666	PABLO	BARCA GARCIA	M-284	MS2M-93		CORUÑA (A)		00:36:31	00:05:51	00:35:34	00:05:42	00:14:59
318	3245	JAVIER	MARTIN MATESANZ	M-285	SNRM-52		RIBEIRA		00:36:31	00:05:51	00:35:40	00:05:43	00:14:09
319	599	SONIA MARÍA	CARRO RIOS	F-34	MS2F-17		CORUÑA (A)		00:36:32	00:05:51	00:36:14	00:05:48	00:14:24
320	576	SARA	BARREIRA BLANCO	F-35	MS4F-1	RUNNING OLEIROS	CORUÑA (A)		00:36:33	00:05:51	00:36:16	00:05:49	00:14:24
321	417	CARLOS	PAZOS OVIEDO	M-286	MS3M-36		CORUÑA (A)		00:36:35	00:05:52	00:35:51	00:05:45	00:15:11
322	1598	ALBERTO	RAMOS CANCELO	M-287	MS1M-90				00:36:41	00:05:53	00:35:59	00:05:46	00:14:36
323	1628	NOELIA	SUÁREZ CRESPO	F-36	SNRF-5	CLUB ATLETISMO BRIÓN - HYUPERSA SANTIAGO	BAÑA (A)	AG17781	00:36:44	00:05:53	00:36:12	00:05:48	00:14:26
324	362	NATALIO	LORENZO PINTOS	M-288	MS3M-37		CULLEREDO		00:36:48	00:05:54	00:35:50	00:05:44	00:15:05
325	1613	FRANCISCO JAVIER	UCHA DE LA BARRERA	M-289	MS3M-38		CORUÑA (A)		00:36:50	00:05:54	00:36:50	00:05:54	00:15:03
326	670	MARCELINO	DE JUAN BARQUIN	M-290	MS4M-10		CORUÑA (A)		00:36:50	00:05:54	00:36:15	00:05:48	00:15:02
327	436	ROBERTO	PONTE NOYA	M-291	MS2M-94		CORUÑA (A)		00:36:50	00:05:54	00:35:55	00:05:45	00:14:38
328	568	LARA ANTONELLA	TRIPODI RAMOS	F-37	SNRF-6	MIXMASTER RUNNING	CORUÑA (A)		00:36:51	00:05:54	00:36:08	00:05:47	00:14:58

329	664	ARACELI	VEIGA BERMEJO	F-38	MS4F-2		CORUÑA (A)	00:36:53	00:05:54	00:36:15	00:05:48	00:14:48	
330	232	DIONISIO JOSE	BUENO GARCIA	M-292	MS3M-39		MUGARDOS	00:36:53	00:05:55	00:36:15	00:05:48	00:14:48	
331	264	SUSO	COUSILLAS	M-293	MS1M-91		CORUÑA (A)	00:36:54	00:05:55	00:36:12	00:05:48	00:14:54	
332	377	JOSE ANTONIO	MENDEZ PAMPIN	M-294	MS4M-11		CORUÑA (A)	00:36:56	00:05:55	00:36:44	00:05:53	00:14:44	
333	700	MARÍA SANTANA	MARTÍNEZ GUERRERO	F-39	MS2F-18		CARRAL	00:36:59	00:05:56	00:36:23	00:05:50	00:15:05	
334	706	NOELIA	VÁZQUEZ CALVO	F-40	MS2F-19	CLUB ATLÉTICO BERGONDO	CAMBRE	AG10425	00:37:00	00:05:56	00:36:46	00:05:53	00:14:02
335	1599	MIGUEL	REGUEIRA PEREIRA	M-295	MS1M-92		CORUÑA (A)	00:37:07	00:05:57	00:36:45	00:05:53	00:14:21	
336	3249	JORGE	NOVO CASAS	M-296	SNRM-53		CORUÑA (A)	00:37:08	00:05:57	00:36:18	00:05:49	00:15:35	
337	1537	JOHAN	CAMARGO	M-297	SNRM-54		CORUÑA (A)	00:37:10	00:05:57	00:36:25	00:05:50	00:13:43	
338	193	RUBÉN	ACOSTA LAPUENTE	M-298	MS2M-95			00:37:11	00:05:57	00:36:34	00:05:51	00:15:06	
339	1569	GUILLERMO	LIMIA BLANCO	M-299	MS2M-96			00:37:12	00:05:57	00:36:34	00:05:51	00:15:27	
340	523	JAVIER	VILLAVERDE DOVAL	M-300	SNRM-55		CORUÑA (A)	00:37:14	00:05:58	00:36:16	00:05:49	00:14:51	
341	428	PABLO	PÉREZ MUÑOZ	M-301	MS1M-93		CORUÑA (A)	00:37:16	00:05:58	00:36:25	00:05:50	00:15:36	
342	3267	MARIA	GONZALEZ ESTEVEZ	F-41	SNRF-7		CORUÑA (A)	00:37:17	00:05:58	00:36:48	00:05:54	00:14:10	
343	1545	RUBEN	DARRIBA MONTECELO	M-302	MS2M-97		CORUÑA (A)	00:37:17	00:05:58	00:36:52	00:05:54	00:14:02	
344	115	ROBERTO	SANJUAN SANCHEZ	M-303	MS2M-98	ESCOLA DE ATLETISMO PAULA MAYOBRE	ARES		00:37:17	00:05:58	00:36:45	00:05:53	00:14:35
345	223	CARLOS	BERMUDEZ BARREIRO	M-304	MS2M-99		CORUÑA (A)	00:37:18	00:05:58	00:36:32	00:05:51	00:15:00	
346	556	ANABEL	CAAMAÑO BERMUDEZ	F-42	MS1F-10	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG16951	00:37:19	00:05:59	00:36:49	00:05:54	00:15:00
347	336	JOSÉ FRANCISCO	HURTADO DURÁN	M-305	MS1M-94		CORUÑA (A)	00:37:20	00:05:59	00:36:22	00:05:50	00:15:38	
348	579	IRIA	QUIROGA LAMELA	F-43	SNRF-8		MALPICA DE BERGANTIÑOS	00:37:21	00:05:59	00:36:44	00:05:53	00:14:56	
349	184	JAVIER	FERNÁNDEZ FARGA	M-306	MS3M-40	TALLERES FERBER	ARTEIXO		00:37:22	00:05:59	00:36:30	00:05:51	00:15:44
350	139	MARCELO GABRIEL	TRIPODI	M-307	MS3M-41	MIXMASTER RUNNING	CORUÑA (A)		00:37:22	00:05:59	00:36:40	00:05:52	00:14:58
351	708	JOSE LUIS	BENITO MARTINEZ	M-308	MS1M-95	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA		00:37:24	00:06:00	00:36:48	00:05:54	00:14:04
352	642	MARÍA DEL CARMEN	PICATOSTE MATEU	F-44	MS3F-3		CORUÑA (A)	00:37:25	00:06:00	00:37:09	00:05:57	00:14:33	
353	702	YAJY	PARRALES	F-45	MS1F-11		CORUÑA (A)	00:37:26	00:06:00	00:37:11	00:05:57	00:14:32	
354	658	BELEN	TELLA REY	F-46	MS2F-20		CAMBRE	00:37:26	00:06:00	00:37:11	00:05:57	00:14:32	
355	641	MARÍA	PÉREZ MUÑOZ	F-47	SNRF-9		CORUÑA (A)	00:37:27	00:06:00	00:36:37	00:05:52	00:15:35	
356	655	CHARO	SILVEIRA QUEIJAS	F-48	MS2F-21		CORUÑA (A)	00:37:29	00:06:00	00:37:10	00:05:57	00:14:45	
357	110	VICTOR	COLLAZO LOPEZ	M-309	MS3M-42	CNS A ESTRADA	POIO		00:37:31	00:06:01	00:36:48	00:05:54	00:15:36
358	1625	MARÍA	CASTRO	F-49	MS1F-12	ATLETAS DE ACEA DE AMA	CULLEREDO		00:37:33	00:06:01	00:37:14	00:05:58	00:14:42
359	228	MAURICIO JOSE	BONOME	M-310	MS2M-100		MIÑO	00:37:42	00:06:02	00:37:21	00:05:59	00:15:19	
360	476	JORGE	SANCHEZ VELO	M-311	MS1M-96		CORUÑA (A)	00:37:45	00:06:03	00:37:04	00:05:56	00:15:16	
361	3023	JOSE ANGEL	LAMAS CASTRO	M-312	MS2M-101		CORUÑA (A)	00:37:45	00:06:03	00:37:17	00:05:58	00:15:09	
362	3212	FERNANDO	CARMONA	M-313	SNRM-56		CORUÑA (A)	00:37:45	00:06:03	00:37:10	00:05:57	00:15:10	
363	3270	PAULA	LÓPEZ OTERO	F-50	MS1F-13		CORUÑA (A)	00:37:48	00:06:03	00:37:20	00:05:59	00:14:35	
364	3294	LUCAS	OUBIÑA YAÑEZ	M-314	MS1M-97		CORUÑA (A)	00:37:56	00:06:05	00:37:05	00:05:56	00:15:14	
365	629	BEGOÑA	MARTINEZ LORENZO	F-51	MS2F-22		ARTEIXO	00:37:59	00:06:05	00:37:26	00:06:00	00:15:27	
366	3039	LUCIA	OTERO LINARES	F-52	SNRF-10		CORUÑA (A)	00:38:01	00:06:05	00:37:09	00:05:57	00:15:15	
367	363	JOSE ANGEL	LORENZO RIVEIRO	M-315	MS2M-102		CORUÑA (A)	00:38:04	00:06:06	00:37:35	00:06:01	00:14:46	
368	3272	DÁNAE	MELÉNDREZ VILA	F-53	MS1F-14	NOSPORTLIMIT	CORUÑA (A)	00:38:05	00:06:06	00:37:26	00:06:00	00:15:24	
369	701	CAROLINA	PAPIN ESTEVEZ	F-54	MS1F-15	CLUB ATLETISMO SADA	CARRAL		00:38:10	00:06:07	00:37:35	00:06:01	00:15:04
370	70	ELISEO	GARCIA CRISTOBAL	M-316	MS2M-103	CLUB ATLETISMO SADA	CAMBRE		00:38:10	00:06:07	00:37:23	00:05:59	00:15:12
371	693	RAFAEL	TOBA CASANOVA	M-317	MS1M-98		CORUÑA (A)	00:38:11	00:06:07	00:37:12	00:05:57	00:15:17	
372	1631	LETICIA	OGANDO LÓPEZ	F-55	MS2F-23	CLUB ATLETISMO SADA	CORUÑA (A)	00:38:15	00:06:08	00:37:38	00:06:02	00:15:04	
373	1636	MARÍA	CASAL PENNA	F-56	MS1F-16	ESCOLA DE ATLETISMO PAULA MAYOBRE	MUGARDOS		00:38:15	00:06:08	00:37:42	00:06:02	00:15:17
374	564	ANA	BLANCO SANMARTIN	F-57	MS3F-4		CORUÑA (A)	00:38:16	00:06:08	00:37:59	00:06:05	00:14:55	
375	89	RAMON GUILLERMO	MOSQUERA PAN	M-318	MS3M-43	CLUB HERCULES TERMARIA	MIÑO		00:38:20	00:06:08	00:37:52	00:06:04	00:15:12
376	681	JOSÉ ANDRÉS	MONDELO GONZÁLEZ	M-319	MS3M-44		CORUÑA (A)	00:38:20	00:06:08	00:38:07	00:06:06	00:15:05	
377	541	SONIA	MOLERO ESTRELLA	F-58	MS1F-17	CLUB ATLETISMO SADA	CORUÑA (A)	00:38:20	00:06:08	00:37:44	00:06:03	00:15:05	
378	3260	SALVADOR	SOUTO SANCHEZ	M-320	MS2M-104		CORUÑA (A)	00:38:28	00:06:10	00:37:28	00:06:00	00:14:55	
379	3030	RUBÉN	PEREIRA ÁLVAREZ	M-321	SNRM-57		CORUÑA (A)	00:38:30	00:06:10	00:37:39	00:06:02	00:15:35	
380	3256	MANUEL RAMÓN	RÍOS SUÁREZ	M-322	MS2M-105		CORUÑA (A)	00:38:30	00:06:10	00:37:43	00:06:02	00:15:14	
381	3209	JAVIER	CAMBA FUENTES	M-323	MS2M-106		CORUÑA (A)	00:38:31	00:06:10	00:37:43	00:06:02	00:15:13	
382	1542	JOSE RAMON	CHICO GONZÁLEZ	M-324	MS2M-107		CORUÑA (A)	00:38:38	00:06:11	00:37:40	00:06:02	00:16:03	
383	66	GABRIEL	ÁLVAREZ SILVAR	M-325	MS3M-45	CLUB ATLETISMO SADA	OLEIROS		00:38:43	00:06:12	00:38:17	00:06:08	00:13:49
384	3236	VICTOR	LAMELA VALDOMAR	M-326	MS1M-99		CORUÑA (A)	00:38:44	00:06:12	00:37:48	00:06:03	00:15:38	
385	3048	EVA LUZ	VILLAR CHOUCIÑO	F-59	MS1F-18	CLUB ATLETISMO SADA	OLEIROS		00:38:45	00:06:12	00:38:45	00:06:12	
386	3040	JULIA	PIÑEIRO HERRERO	F-60	MS2F-24		ARTEIXO	00:38:46	00:06:13	00:38:20	00:06:08	00:13:49	
387	1626	LUCIA	VÁZQUEZ VENTUREIRA	F-61	MS2F-25	ATLETAS DE ACEA DE AMA	CAMBRE		00:38:46	00:06:13	00:38:38	00:06:11	00:15:02
388	1645	CHARLOTTE	ATKINS	F-62	SNRF-11		CORUÑA (A)	00:38:50	00:06:13	00:37:57	00:06:05	00:15:37	
389	347	ALBERTO CARLOS	LOPEZ BRAVO	M-327	MS2M-108		A CORUÑA	00:38:58	00:06:14	00:38:03	00:06:06	00:15:30	
390	1706	PAULA	GRAÑA PINTOS	F-63	SNRF-12	ÓXIDO ZERO TRAINING CLUB		00:38:58	00:06:15	00:38:44	00:06:12	00:14:07	
391	1564	ALBERTO	GONZALEZ IGLESIAS	M-328	SNRM-58		CORUÑA (A)	00:39:02	00:06:15	00:38:06	00:06:06	00:15:36	
392	259	PEDRO	COBO BELTRÁN	M-329	MS1M-100		CORUÑA (A)	00:39:07	00:06:16	00:38:47	00:06:13	00:14:59	
393	633	Mª DEL CARMEN	MIRANDA AMADO	F-64	MS3F-5		CORUÑA (A)	00:39:07	00:06:16	00:38:49	00:06:13	00:14:47	
394	239	MARIO	CANOSA GONZALEZ	M-330	MS2M-109		CORUÑA (A)	00:39:07	00:06:16	00:38:49	00:06:13	00:14:47	
395	3046	MONICA	VÁZQUEZ AIRA	F-65	MS1F-19	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)	00:39:10	00:06:16	00:38:31	00:06:10	00:15:28	

396	704	BELEN	RODRIGUEZ SALAS	F-66	MS2F-26		CORUÑA (A)	00:39:15	00:06:17	00:38:31	00:06:10	00:15:56	
397	318	XOSÉ	GOMEZ BOTANA	M-331	MS4M-12		CORUÑA (A)	00:39:20	00:06:18	00:38:35	00:06:11	00:15:56	
398	1663	PAMELA	FERNÁNDEZ PORTO	F-67	MS1F-20		CORUÑA (A)	00:39:28	00:06:19	00:39:17	00:06:18	00:15:11	
399	1676	LARA	MONTEAGUDO VARELA	F-68	MS1F-21		CORUÑA (A)	00:39:29	00:06:19	00:39:17	00:06:18	00:15:11	
400	333	ANTONIO	HERNÁNDEZ BARREIRO	M-332	MS4M-13	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:39:34	00:06:20	00:38:55	00:06:14	00:15:33	
401	660	MARÍA	URÍA ÁLVAREZ	F-69	SNRF-13		CORUÑA (A)	AG2026205	00:39:34	00:06:20	00:38:53	00:06:14	00:15:32
402	1669	YOLANDA	HERNÁNDEZ GARCÍA	F-70	MS1F-22		CULLEREDO	00:39:34	00:06:20	00:38:53	00:06:14	00:15:31	
403	617	ESTEFANIA	HERNANDEZ GARCÍA	F-71	MS1F-23		CORUÑA (A)	00:39:35	00:06:20	00:38:53	00:06:14	00:15:32	
404	334	ANTONIO JAVIER	HERNÁNDEZ GARCÍA	M-333	MS2M-110		ARTEIXO	00:39:35	00:06:20	00:38:54	00:06:14	00:15:32	
405	3280	ANGELES	SANJUAN ESPÍNEIRA	F-72	MS2F-27		CORUÑA (A)	00:39:39	00:06:21	00:39:17	00:06:18	00:15:27	
406	619	MONTSERRAT	JOVE IGLESIAS	F-73	MS2F-28		OLEIROS	00:39:39	00:06:21	00:38:52	00:06:14	00:15:47	
407	3274	FÁTIMA MARÍA	MOYANO DE BEÇA	F-74	MS2F-29		PORRIÑO (O)	00:39:42	00:06:21	00:39:16	00:06:17	00:15:20	
408	498	CESAR	THEMUDO GODAY	M-334	MS2M-111		CORUÑA (A)	00:39:45	00:06:22	00:38:53	00:06:14	00:16:08	
409	1532	SEBASTIÁN	BUEDO FERNÁNDEZ	M-335	SNRM-59		CORUÑA (A)	00:39:46	00:06:22	00:38:21	00:06:09	00:15:54	
410	3206	MANUEL JUAN	BLANCO GABIN	M-336	MS3M-46		BETANZOS	00:39:48	00:06:23	00:39:11	00:06:17	00:15:47	
411	3263	AITANA	FERNÁNDEZ RIVERA	F-75	SNRF-14		CULLEREDO	00:39:49	00:06:23	00:39:23	00:06:18	00:15:02	
412	1652	SUSANA	CARBALLO PARADELO	F-76	MS1F-24		CORUÑA (A)	00:39:50	00:06:23	00:39:37	00:06:21	00:15:10	
413	3013	CARLOS	FERNÁNDEZ EXPÓSITO	M-337	MS2M-112	ATLETAS ACEA DE AMA	CULLEREDO	00:39:51	00:06:23	00:39:24	00:06:19	00:15:03	
414	122	FERNANDO	PÉREZ SAN VICENTE	M-338	MS3M-47	FPSV	CORUÑA (A)	00:39:57	00:06:24	00:39:25	00:06:19	00:15:52	
415	405	PABLO	PAN VEIRA	M-339	SNRM-60		CORUÑA (A)	00:40:00	00:06:24	00:39:23	00:06:18	00:14:12	
416	3203	MARCO ANTONIO	ANDRADE SEOANE	M-340	MS1M-101	O SILBATO	OLEIROS	00:40:02	00:06:25	00:39:16	00:06:17	00:16:57	
417	288	MARCOS	ESPIÑEIRA FIDALGO	M-341	MS1M-102		CORUÑA (A)	00:40:03	00:06:25	00:39:28	00:06:19	00:15:07	
418	78	ADRIÁN	GÓMEZ BUJÍA	M-342	MS1M-103	CLUB DALLE GAS RUNNING TEAM	NARÓN	00:40:12	00:06:26	00:39:43	00:06:22	00:15:40	
419	591	MONICA	BERMUDEZ POSE	F-77	SNRF-15		CORUÑA (A)	00:40:14	00:06:27	00:39:31	00:06:20	00:16:14	
420	616	BELÉN	GONZALEZ	F-78	MS2F-30		CORUÑA (A)	00:40:14	00:06:27	00:39:32	00:06:20	00:16:14	
421	552	SUSANA	SÖMME LÓPEZ	F-79	MS2F-31	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:40:18	00:06:27	00:40:02	00:06:25	00:15:35	
422	267	DAVID	DARRIBA GONZÁLEZ	M-343	MS1M-104		CORUÑA (A)	00:40:20	00:06:28	00:39:30	00:06:20	00:15:47	
423	1681	ELENA	RÍOS SANCHO	F-80	SNRF-16		CORUÑA (A)	00:40:23	00:06:28	00:39:43	00:06:22	00:15:42	
424	332	OSCAR	HERNANDEZ ACEVEDO	M-344	MS1M-105		CULLEREDO	00:40:28	00:06:29	00:39:42	00:06:22	00:16:03	
425	1534	DAMIÁN	CAAMAÑO	M-345	SNRM-61	SONS OF POSEIDON	CORUÑA (A)	00:40:30	00:06:29	00:40:13	00:06:27	00:15:55	
426	1559	EDUARDO	GARCÍA GOMEZ	M-346	MS3M-48		ARTEIXO	00:40:38	00:06:31	00:40:02	00:06:25	00:15:53	
427	1675	PAZ	MIRA MONTES	F-81	MS3F-6		OSEIRO	00:40:39	00:06:31	00:40:02	00:06:25	00:15:54	
428	1567	RUBÉN	IGLESIAS PAYO	M-347	MS2M-113		CAMBRE	00:40:39	00:06:31	00:40:09	00:06:26	00:15:34	
429	1697	JOSE MANUEL	GARCIA LOPEZ	M-348	MS2M-114			00:40:49	00:06:32	00:40:10	00:06:26	00:16:12	
430	3103	ANA	PRADO AMIL	F-82	MS2F-32		CULLEREDO	00:40:49	00:06:32	00:40:11	00:06:26	00:16:11	
431	340	VICTOR	LAMAS SALVADO	M-349	MS3M-49	CLUB HERCULES TERMARIA	CORUÑA (A)	00:40:49	00:06:32	00:40:11	00:06:26	00:16:04	
432	551	MARÍA	HERMIDA CARBALLO	F-83	MS2F-33	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	00:40:50	00:06:32	00:40:34	00:06:30	00:15:51	
433	3266	PILAR	GOMEZ OTERO	F-84	MS1F-25		TEO	00:40:55	00:06:33	00:40:19	00:06:27	00:16:25	
434	635	JENNY	MUIÑO ORDOÑEZ	F-85	MS1F-26		CORUÑA (A)	00:40:59	00:06:34	00:40:11	00:06:26	00:16:40	
435	392	AFONSO	NAVEIRA FERNANDEZ	M-350	SNRM-62		A CORUÑA	00:41:01	00:06:34	00:40:09	00:06:26	00:16:26	
436	1643	ANDREA	ALONSO PEREZ	F-86	MS1F-27		CORUÑA (A)	00:41:03	00:06:35	00:40:25	00:06:28	00:16:17	
437	1700	AGUSTIN	LOUZAN VAZQUEZ	M-351	SNRM-63		CORUÑA (A)	00:41:04	00:06:35	00:40:25	00:06:28	00:16:17	
438	3262	MARTA	CASTELLANOS GONZÁLEZ	F-87	SNRF-17		CORUÑA (A)	00:41:24	00:06:38	00:40:58	00:06:34	00:16:15	
439	566	PILAR	PLAZA FABREGA	F-88	MS2F-34	MESOIRO CD	CORUÑA (A)	00:41:27	00:06:38	00:41:07	00:06:35	00:15:46	
440	1601	PABLO	RIVAS MANSUY	M-352	MS2M-115			00:41:28	00:06:38	00:40:39	00:06:31	00:16:47	
441	1656	GLORIA	DEL VALLE RODRÍGUEZ	F-89	MS2F-35			00:41:28	00:06:39	00:40:39	00:06:31	00:16:48	
442	285	SANTIAGO	EIRIS LOPEZ	M-353	MS3M-50		CORUÑA (A)	00:41:29	00:06:39	00:40:39	00:06:31	00:16:38	
443	1528	ALBERTO	BARROS RAÑO	M-354	MS2M-116		CEUTA	00:41:33	00:06:39	00:40:43	00:06:31	00:16:09	
444	610	MERCEDES	GALDO RODRIGUEZ	F-90	MS2F-36		CAMBRE	00:41:33	00:06:39	00:40:43	00:06:31	00:16:10	
445	286	MIGUEL ANGEL	EIROA RODRIGUEZ	M-355	MS3M-51		ARTEIXO	00:41:35	00:06:40	00:40:51	00:06:33	00:16:41	
446	370	ANGEL RAMON	MARTINEZ CAMBON	M-356	MS3M-52		CORUÑA (A)	00:41:36	00:06:40	00:41:02	00:06:34	00:15:39	
447	3241	JAVIER	LÓPEZ VARELA	M-357	MS3M-53		CORUÑA (A)	00:41:40	00:06:40	00:41:25	00:06:38	00:16:15	
448	526	FERNANDO	ZURIARRAIN MATEOS	M-358	MS1M-106		CORUÑA (A)	00:42:00	00:06:44	00:41:19	00:06:37	00:15:29	
449	587	GALA	ALVAREZ PUENTE	F-91	MS1F-28		CORUÑA (A)	00:42:04	00:06:44	00:41:11	00:06:36	00:16:30	
450	202	LUIS	ALVAREZ CAMARA	M-359	MS4M-14		CORUÑA (A)	00:42:05	00:06:44	00:41:11	00:06:36	00:16:30	
451	540	MELY	MEIJIDE MARTINEZ	F-92	MS3F-7	CLUB ATLETISMO SADA	OLEIROS	AG9411	00:42:07	00:06:45	00:41:31	00:06:39	00:16:43
452	3277	IRENE	PIÑOL MELLA	F-93	MS2F-37		CAMBRE	00:42:11	00:06:45	00:41:41	00:06:41	00:16:17	
453	1630	CARMEN AMÉRICA	GÓMEZ PUENTE	F-94	MS3F-8	CLUB ATLETISMO SADA	CORUÑA (A)	00:42:15	00:06:46	00:41:21	00:06:37	00:16:45	
454	1524	IGNACIO	ASENSIO FUENTES	M-360	MS3M-54		ARTEIXO	00:42:19	00:06:47	00:41:36	00:06:40	00:16:21	
455	97	JUAN CARLOS	MENENDEZ DOMINGUEZ	M-361	MS3M-55	CLUB MARINEDA ATLETICO	ARTEIXO	00:42:23	00:06:47	00:42:22	00:06:47	00:17:49	
456	456	ANTONIO	RIPAMONTI MONDELO	M-362	MS1M-107		CORUÑA (A)	00:42:31	00:06:49	00:41:48	00:06:42	00:16:07	
457	55	EDUARDO	GARCIA SANTIAGO	M-363	MS3M-56	BILLARDA CAMPO DA FEIRA	LARACHA (A)	00:42:36	00:06:49	00:41:59	00:06:43	00:16:29	
458	107	JOSE PEDRO	RODRIGUEZ BARBA	M-364	MS4M-15	CLUBE ATLETISMO BOIMORTO	CORUÑA (A)	00:42:37	00:06:50	00:42:08	00:06:45	00:16:14	
459	437	XOSÉ ENRIQUE	PUJALES MARTÍNEZ	M-365	MS4M-16		CORUÑA (A)	AG 2016698	00:42:46	00:06:51	00:41:52	00:06:42	00:16:48
460	559	Mª GLORIA	OREIRO PAZOS	F-95	MS3F-9	CN ARTEIXO	OLEIROS	00:42:46	00:06:51	00:41:53	00:06:42	00:16:49	
461	536	SUSANA	MONTERO FACAL	F-96	MS1F-29	CLUB ATLÉTICO BERGONDO	CAMBRE	00:42:47	00:06:51	00:42:16	00:06:46	00:16:34	
462	1649	FATIMA	BOTANA BRANDARIZ	F-97	MS1F-30			00:42:49	00:06:52	00:41:55	00:06:43	00:17:39	

463	3282	ZAIRA	LÓPEZ LONGUEIRA	F-98	MS1F-31	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	AG18259	00:42:57	00:06:53	00:42:04	00:06:44	00:16:38
464	38	MIGUEL ANGEL	GONZALEZ TALAVERO	M-366	MS3M-57	ATLETAS DE ACEA DE AMA	CORUÑA (A)		00:42:58	00:06:53	00:42:22	00:06:47	00:16:13
465	3041	CRISTINA	PRIETO SOUTO	F-99	MS2F-38	CLUB ATLÉTICO BERGONDO	CAMBRE	AG17005	00:42:59	00:06:53	00:42:28	00:06:48	00:16:31
466	614	ROSI	GÓMEZ PRIETO	F-100	MS2F-39		CAMBRE		00:42:59	00:06:53	00:42:39	00:06:50	00:16:41
467	621	ANA	LÓPEZ GIAO	F-101	MS2F-40		CORUÑA (A)		00:42:59	00:06:53	00:42:39	00:06:50	00:16:28
468	15	ELENA	GONZÁLEZ FERNÁNDEZ	F-102	MS2F-41	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)	GA5853	00:42:59	00:06:53	00:42:05	00:06:44	00:16:38
469	661	AURORA YENIL	VARELA CABRERA	F-103	MS1F-32		CULLEREDO		00:43:02	00:06:53	00:42:27	00:06:48	00:16:42
470	558	ANA	RODRÍGUEZ FREIRE	F-104	MS1F-33	CLUBE ATLETISMO BOIMORTO	ARTEIXO	AG16950	00:43:02	00:06:54	00:42:32	00:06:49	00:16:34
471	474	JOSE MANUEL	SANCHEZ LOUREDA	M-367	MS3M-58		CORUÑA (A)		00:43:08	00:06:54	00:42:09	00:06:45	00:17:12
472	3293	CARLOS	QUINTÁS VILA	M-368	MS3M-59	NOSPORTLIMIT	CORUÑA (A)		00:43:15	00:06:56	00:42:15	00:06:46	00:17:46
473	611	ESTHER	GARCÍA GARCÍA	F-105	MS2F-42		CORUÑA (A)		00:43:22	00:06:57	00:43:02	00:06:53	00:16:45
474	3251	FRANCISCO JAVIER	PACHECO COMPAÑA	M-369	MS1M-108		CULLEREDO		00:43:23	00:06:57	00:42:36	00:06:49	00:17:25
475	1520	FERNANDO	ALLENDE LINERA	M-370	MS3M-60		CORUÑA (A)		00:43:27	00:06:58	00:42:29	00:06:48	00:16:35
476	3045	ANTÍA	VARELA CONDE	F-106	SNRF-18		LUGO		00:43:27	00:06:58	00:42:35	00:06:49	00:17:02
477	3219	FRANCISCO JAVIER	DOPICO LÓPEZ	M-371	MS1M-109		CORUÑA (A)		00:43:44	00:07:00	00:43:03	00:06:54	00:16:56
478	1650	PATRICIA RITA	BOWMAN LÓPEZ	F-107	MS1F-34		CORUÑA (A)		00:43:46	00:07:01	00:43:04	00:06:54	00:16:58
479	637	ANA	PALOMARES LÓPEZ	F-108	SNRF-19		CORUÑA (A)		00:43:48	00:07:01	00:43:04	00:06:54	00:16:46
480	640	SILVIA	PAZOS MONTERO	F-109	SNRF-20		CORUÑA (A)		00:43:48	00:07:01	00:42:57	00:06:53	00:17:14
481	605	BELEN	F.C.	F-110	MS1F-35		CORUÑA (A)		00:44:10	00:07:04	00:43:50	00:07:01	00:16:22
482	256	MANUEL	CID FERNÁNDEZ	M-372	MS3M-61		CULLEREDO		00:44:11	00:07:05	00:43:26	00:06:57	00:17:17
483	3264	HILDA	GAMARRA QUIspe	F-111	MS2F-43		CORUÑA (A)		00:44:47	00:07:10	00:44:20	00:07:06	00:17:34
484	565	CRUZ	RODRÍGUEZ SUAREZ	F-112	MS2F-44	LORCHOS DE NAUGA	CORUÑA (A)		00:44:55	00:07:12	00:44:01	00:07:03	00:17:43
485	1614	ANDONI	URRESTI MARTINEZ	M-373	SNRM-64		O BURGO		00:45:45	00:07:20	00:44:36	00:07:09	00:15:14
486	594	MARY WANDA	BONOME SEDLACHEK	F-113	MS2F-45		MIÑO		00:46:23	00:07:26	00:46:01	00:07:22	00:17:48
487	225	JESUS	BERNAL GOMEZ	M-374	MS4M-17	INDEPENDIENTE	FERROL		00:46:23	00:07:26	00:46:17	00:07:25	00:18:41
488	1654	MARTA	CORTIÑAS HERMIDA	F-114	MS1F-36		CORUÑA (A)		00:46:37	00:07:28	00:45:50	00:07:20	00:17:44
489	268	RODRIGO	DE SANTIAGO LAREO	M-375	MS2M-117		OLEIROS		00:46:37	00:07:28	00:45:51	00:07:21	00:17:45
490	3279	CARMEN	SÁNCHEZ PARRONDO	F-115	SNRF-21	ENTRENACONMENCHU	CORUÑA (A)		00:46:52	00:07:30	00:46:20	00:07:25	00:17:12
491	3281	ANTÍA	SANJURJO	F-116	SNRF-22		CORUÑA (A)		00:46:52	00:07:30	00:46:20	00:07:25	00:17:12
492	1719	PATRICIA	ABAD	F-117	MS1F-37		CAMBRE		00:47:32	00:07:37	00:46:55	00:07:31	00:18:39
493	1661	LOLI	FERNÁNDEZ JORGE	F-118	MS2F-46		CULLEREDO		00:48:26	00:07:45	00:47:41	00:07:38	00:18:35
494	3242	MIGUEL	LORENZO TORRES	M-376	MS3M-62		CORUÑA (A)		00:48:37	00:07:47	00:48:26	00:07:45	00:17:32
495	462	RODRIGO ALFONSO	RODRÍGUEZ FERNÁNDEZ	M-377	MS2M-118		CORUÑA (A)		00:48:48	00:07:49	00:47:49	00:07:39	00:19:32
496	3220	YAGO	DORADO LALE	M-378	MS1M-110		CORUÑA (A)		00:51:09	00:08:11	00:50:12	00:08:02	00:20:18
497	3221	LUIS	DORADO VÁZQUEZ	M-379	MS3M-63		CORUÑA (A)		00:51:09	00:08:11	00:50:11	00:08:02	00:20:18
498	331	JOSE	GRELA RODRÍGUEZ	M-380	MS4M-18		CORUÑA (A)		00:51:10	00:08:12	00:50:53	00:08:09	00:15:49
499	626	INÉS	MANTEIGA VÁZQUEZ	F-119	MS2F-47		CORUÑA (A)		00:51:23	00:08:14	00:51:05	00:08:11	00:18:57
500	3276	YOLIT EMIT	PÉREZ SAAVEDRA	F-120	MS4F-3		CORUÑA (A)		00:53:26	00:08:33	00:53:10	00:08:31	00:20:24

## X CARREIRA POPULAR VOLTA A OZA

SUB18/SUB16

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidade	Licenza	T. Oficial	Ritmo	T. KM 0,8	T. KM 1,6
1	5957	DIEGO	ÁLVAREZ MACEIRAS	M-1	SUB18M-1	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:08:11	00:03:22	00:02:56	00:05:51
2	5644	NUNO	MOURE FERNÁNDEZ	M-2	SUB18M-2	A. D. FOGAR	CAMBRE		00:08:14	00:03:23	00:02:56	00:05:51
3	5628	IKER	LAVANDEIRA RODRIGUEZ	M-3	SUB16M-1	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:08:22	00:03:27	00:02:57	00:05:52
4	5817	RAÚL	NAVEIRA FILGUEIRAS	M-4	SUB16M-2	MAR DE ARTABRIA	CORUÑA (A)		00:08:26	00:03:29	00:02:56	00:05:51
5	5632	ADRIÁN	SÁNCHEZ MACEIRAS	M-5	SUB16M-3		A CORUÑA		00:08:33	00:03:32	00:02:56	00:05:52
6	5647	IAGO	LÓPEZ MOLINELLI	M-6	SUB18M-3	ATLETISMO RIAZOR CORUÑA	A CORUÑA		00:08:43	00:03:36	00:02:56	00:05:51
7	5958	DANIEL	AMBITE SANTANA	M-7	SUB16M-4		CAMBRE		00:08:53	00:03:39	00:02:56	00:05:53
8	5815	PABLO	CURROS GÓMEZ	M-8	SUB16M-5		A CORUÑA		00:08:59	00:03:42	00:02:58	00:06:00
9	5650	MANUEL	BELLO VILARIÑO	M-9	SUB18M-4	CLUB HERCULES TERMARIA	CORUÑA (A)		00:09:06	00:03:45	00:02:56	00:05:56
10	5960	ROQUE	SANDE SEOANE	M-10	SUB16M-6				00:09:08	00:03:46	00:03:03	00:06:13
11	5636	ENRIQUE	CUIÑA FERNÁNDEZ	M-11	SUB16M-7	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:09:08	00:03:46	00:02:58	00:06:07
12	5826	LARA	SOLSONA SANTAS	F-1	SUB18F-1	CLUB HERCULES TERMARIA	CORUÑA (A)		00:09:21	00:03:51	00:03:08	00:06:08
13	5646	MATEO	ROMERO SUAREZ	M-12	SUB18M-5	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:09:31	00:03:55	00:03:00	00:06:13
14	6146	PAULA	VÁZQUEZ HERMIDA	F-2	SUB18F-2	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:09:39	00:03:59	00:03:08	00:06:23
15	5820	MARTA	ALONSO PÉREZ	F-3	SUB16F-1	ATLETISMO RIAZOR CORUÑA	CULLEREDO		00:09:40	00:03:59	00:03:08	00:06:23
16	5631	ANTÍA	LÓPEZ MOLINELLI	F-4	SUB16F-2	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:10:06	00:04:10	00:03:09	00:06:40
17	5629	ALBA	PENA SOTO	F-5	SUB16F-3	ATLETISMO NARON	FERROL		00:10:17	00:04:14	00:03:09	00:06:40
18	6136	HÉCTOR	LÓPEZ AGUIAR	M-13	SUB16M-8	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:10:17	00:04:14	00:03:21	00:06:58
19	6139	ROQUE	TORRES NÚÑEZ	M-14	SUB16M-9		CORUÑA (A)		00:10:18	00:04:14	00:03:15	00:06:50
20	5642	TIAGO	TORREJA TAJES	M-15	SUB16M-10		CORUÑA (A)		00:10:26	00:04:18	00:03:21	00:06:58
21	5633	PABLO	BARRADO POLO	M-16	SUB16M-11	CLUB HERCULES TERMARIA	CORUÑA (A)		00:10:30	00:04:19	00:03:15	00:06:50
22	6141	ICÍA	ARES BETANZOS	F-6	SUB16F-4	ATLÉTICA A SILVA	CORUÑA (A)		00:10:30	00:04:20	00:03:25	00:07:17
23	5962	LAURA	ANNICCHIARICO BARREIRO	F-7	SUB16F-5	CLUB ATLETISMO SADA	ARTEIXO		00:10:45	00:04:26	00:03:23	00:07:02
24	6143	CAROLINA DELIA	MERA GINÉS	F-8	SUB18F-3	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:10:47	00:04:27	00:03:24	00:07:09
25	5634	CARLA	GÓMEZ MONTERO	F-9	SUB16F-6	CLUB ATLÉTICO BERGONDO	CAMBRE	AG2028777	00:11:08	00:04:35	00:03:25	00:07:18
26	5635	CANDELA	VELÁZQUEZ MARTÍNEZ	F-10	SUB16F-7	CLUB LA MOCHILA DEL DEPORTE	CAMBRE		00:11:22	00:04:41	00:03:24	00:07:16
27	5640	FÁTIMA	BERMÚDEZ CARRETERO	F-11	SUB16F-8		CORUÑA (A)		00:11:41	00:04:49	00:03:38	00:07:44
28	5825	MANUELA	PAZ COBAS	F-12	SUB16F-9	CLUB HERCULES TERMARIA			00:12:00	00:04:56	00:03:32	00:07:45
29	5645	ALEJANDRA	GÓMEZ PÉREZ	F-13	SUB18F-4	A.D. FOGAR	OLEIROS		00:12:12	00:05:02	00:03:34	00:07:51
30	5652	SANDRA	ABELEDU ULLA	F-14	SUB18F-5	CLUB MARINEDA ATLETICO	CULLEREDO		00:12:16	00:05:03	00:03:35	00:07:55
31	6144	ANA	MOUCO VÁZQUEZ	F-15	SUB16F-10	CLUB ATLÉTICO BERGONDO	CAMBRE		00:12:19	00:05:04	00:03:40	00:08:03
32	5639	PABLO	BENITO PEREZ	M-17	SUB16M-12		CORUÑA (A)		00:12:46	00:05:15	00:03:40	00:08:03

## X CARREIRA POPULAR VOLTA A OZA

SUB14

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidad	Licenza	T. Oficial	Ritmo	T. KM 0,8
1	5597	ADRIAN	PAZ CELEIRO	M-1	SUB14M-1	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:05:18	00:03:17	00:02:35
2	5600	HUGO	ZULUAGA LAMAZARES	M-2	SUB14M-2	CLUB ATLETISMO SADA	OLEIROS		00:05:21	00:03:18	00:02:39
3	6122	ALEJANDRO	FREIRE PATO	M-3	SUB14M-3	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:05:22	00:03:19	00:02:39
4	5593	XABI	CAMBA VÁZQUEZ	M-4	SUB14M-4	ATLETISMO CORUÑA COMARCA	CULLEREDO		00:05:27	00:03:22	00:02:40
5	6119	DIEGO	AMBITE SANTANA	M-5	SUB14M-5		CAMBRE		00:05:35	00:03:27	00:02:46
6	5601	HUGO	OUBEL LORENZO	M-6	SUB14M-6	CLUB MARINEDA ATLETICO	CORUÑA (A)		00:05:53	00:03:38	00:02:47
7	6128	DIEGO	RODRIGUEZ FERNANDEZ	M-7	SUB14M-7	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:06:04	00:03:45	00:02:56
8	6126	MANUEL	MACEIRAS RODRIGUEZ	M-8	SUB14M-8	CLUB ATLETISMO SADA	OLEIROS		00:06:10	00:03:49	00:02:46
9	5807	LEIRE	GARCÍA PICO	F-1	SUB14F-1	MAR DE ARTABRIA	OLEIROS		00:06:21	00:03:56	00:03:11
10	6127	IYÁN	RÍOS GONZÁLEZ	M-9	SUB14M-9	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:06:24	00:03:57	00:02:51
11	5567	LUCÍA	DOPICO DOPICO	F-2	SUB14F-2	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:06:33	00:04:03	00:03:10
12	5573	LEIRE	FERNANDEZ-PEITEADO ECHEVERRIA	F-3	SUB14F-3	CLUB HERCULES TERMARIA	CORUÑA (A)		00:06:34	00:04:03	00:03:11
13	5575	BERTA	CAMESELLE JUIZ	F-4	SUB14F-4	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:06:34	00:04:04	00:03:16
14	5583	ALBA	PORTO LÓPEZ	F-5	SUB14F-5	CNT MAR DE ARTABRIA	OLEIROS		00:06:34	00:04:04	00:03:16
15	5577	SARA	GUNDIN RODRIGUEZ	F-6	SUB14F-6	CLUB LA MOCHILA DEL DEPORTE			00:06:37	00:04:05	00:03:11
16	5598	IAGO	GÓMEZ MONTERO	M-10	SUB14M-10	CLUB ATLÉTICO BERGONDO	CAMBRE	AG2028778	00:06:38	00:04:06	00:03:16
17	6124	JUAN	GIRALDEZ DAFONTE	M-11	SUB14M-11	ADFOGAR	CORUÑA (A)		00:06:44	00:04:10	00:03:10
18	6123	NICOLAS	FREIRE PATO	M-12	SUB14M-12		CORUÑA (A)		00:06:46	00:04:11	00:03:17
19	5576	MARTINA	CASTELO SANCHEZ	F-7	SUB14F-7	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:06:52	00:04:15	00:03:17
20	5806	ALMA	GANDOY CARMUEGA	F-8	SUB14F-8	ATLETISMO RIAZOR CORUÑA	CORUÑA (A)		00:07:04	00:04:22	00:03:34
21	5568	VEGA	REBOREDO PRADO	F-9	SUB14F-9	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:07:06	00:04:23	00:03:30
22	6132	PAULA	DRISCOLL NIEVES	F-10	SUB14F-10	CLUB LA MOCHILA DEL DEPORTE	COIRÓS		00:07:08	00:04:24	00:03:17
23	5578	ANTÍA	IGLESIAS GARCIA-RAPOSO	F-11	SUB14F-11	CLUB LA MOCHILA DEL DEPORTE	CAMBRE		00:07:08	00:04:24	00:03:24
24	5948	HUGO	CARREIRA VILLAMOR	M-13	SUB14M-13		BETANZOS		00:07:08	00:04:24	00:03:19
25	5624	IVÁN	SEOANE FERNÁNDEZ	M-14	SUB14M-14		CULLEREDO		00:07:15	00:04:29	00:03:36
26	5582	CARMEN	DÍAZ PÉREZ	F-12	SUB14F-12	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:07:17	00:04:30	00:03:31
27	5570	SOFIA	SALIDO JOVE	F-13	SUB14F-13	CLUB ATLETISMO SADA	OLEIROS		00:07:22	00:04:33	00:03:35
28	5589	LIA	LOPEZ MONTEAGUDO	F-14	SUB14F-14		CORUÑA (A)		00:07:25	00:04:35	00:03:43
29	6118	SERGIO	ÁLVAREZ GARCÍA	M-15	SUB14M-15		ARTEIXO		00:07:25	00:04:35	00:03:33
30	5590	MARTA	OTERO SÁNCHEZ	F-15	SUB14F-15				00:07:49	00:04:50	00:03:38
31	6125	ALVARO	LOUREDA CONDE	M-16	SUB14M-16		CORUÑA (A)		00:07:55	00:04:53	00:03:43
32	5574	EMMA	CAMEÁN HERMIDA	F-16	SUB14F-16	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:07:58	00:04:55	00:03:43

# X CARREIRA POPULAR VOLTA A OZA

SUB12

Clasificación Xeral

Posto	Dorsal	Nome	Apelidos	Xénero	Categoría	Club	Localidad	Licencia	T. Oficial	Ritmo
1	5514	JORGE	RODRIGUEZ COTROFE	M-1	SUB12M-1	CLUB NATACIÓN CULLEREDO	CORUÑA (A)		00:02:46	00:03:25
2	5530	VÍTOR	OUBEL LORENZO	M-2	SUB12M-2	CLUB MARINEDA ATLETICO	CORUÑA (A)	AG5664	00:02:47	00:03:26
3	6112	CLAUDIA	CORTON PEREZ	F-1	SUB12F-1	CLUB ATLETISMO SADA	OLEIROS		00:02:49	00:03:28
4	5478	KAROL	RIVERA CORES	F-2	SUB12F-2	CLUB ATLETISMO CAMBADOS	SANXENXO		00:02:50	00:03:30
5	5533	ESTEVO	LEIRA PÉREZ	M-3	SUB12M-3	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:02:54	00:03:35
6	6114	MARA	PREGO SILVESTRE	F-3	SUB12F-3	CLUB ATLETISMO SADA	CORUÑA (A)		00:02:59	00:03:41
7	6110	ALEJANDRO	SERRANO	M-4	SUB12M-4		CORUÑA (A)		00:03:00	00:03:42
8	5479	SARA	ZULUAGA LAMAZARES	F-4	SUB12F-4	CLUB ATLETISMO SADA	OLEIROS		00:03:04	00:03:47
9	5778	LOIS	CASAL ROSENDE	M-5	SUB12M-5		CORUÑA (A)		00:03:04	00:03:48
10	5795	NOA	REY PRIETO	F-5	SUB12F-5	CLUB MARINEDA ATLETICO	CULLEREDO		00:03:08	00:03:52
11	5486	LUCIA	GUNDIN RODRIGUEZ	F-6	SUB12F-6	CLUB LA MOCHILA DEL DEPORTE			00:03:09	00:03:53
12	5532	ANTÓN	GARCÍA GÓMEZ	M-6	SUB12M-6	CLUB TRIATLON CORUÑA	CORUÑA (A)		00:03:16	00:04:02
13	5517	JUAN	GONZÁLEZ BELLET	M-7	SUB12M-7	CLUB ATLETISMO SADA	CORUÑA (A)		00:03:19	00:04:05
14	5526	ENZO	VÁZQUEZ HERVADA	M-8	SUB12M-8	CLUB COMPAÑÍA DE MARÍA	CORUÑA (A)		00:03:21	00:04:08
15	5542	PABLO	GIL PINTADO	M-9	SUB12M-9		CORUÑA		00:03:22	00:04:09
16	5484	CÁNDELA	CASTELO SANCHEZ	F-7	SUB12F-7	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:22	00:04:09
17	5562	GONZALO	TAIBO DOCAMPO	M-10	SUB12M-10		OLEIROS		00:03:24	00:04:11
18	5548	MARCOS	MARTINEZ CANOSA	M-11	SUB12M-11				00:03:28	00:04:16
19	6106	DIEGO	DARRIBA ÁLVAREZ	M-12	SUB12M-12	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:32	00:04:21
20	6105	XOEL	CARBALLIDO GAVIEIRO	M-13	SUB12M-13		CORUÑA (A)		00:03:32	00:04:21
21	5523	ISAAC	OJEA LÓPEZ	M-14	SUB12M-14	CLUB COMPAÑÍA DE MARÍA	CORUÑA (A)		00:03:33	00:04:22
22	5554	LEO	PERRONE LOSADA	M-15	SUB12M-15				00:03:34	00:04:24
23	5932	MARIO	CONCEJO CURRAIS	M-16	SUB12M-16				00:03:37	00:04:28
24	5798	SOFIA	VILLADA MADERO	F-8	SUB12F-8	FRANCISCANOS			00:03:38	00:04:28
25	5482	EMMA	BAHAMONDE SEIJO	F-9	SUB12F-9	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:38	00:04:29
26	5524	ROQUE	PARDO REDONDO	M-17	SUB12M-17	CLUB COMPAÑÍA DE MARÍA	CORUÑA (A)		00:03:40	00:04:32
27	6109	XAQUÍN	RÍOS GONZÁLEZ	M-18	SUB12M-18	ATLETISMO CORUÑA COMARCA	CORUÑA (A)		00:03:41	00:04:32
28	5485	ANA MARIA	GUERRERO PEREIRA	F-10	SUB12F-10	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:45	00:04:37
29	5509	CATALINA	TAIBO DOCAMPO	F-11	SUB12F-11		OLEIROS		00:03:47	00:04:40
30	5474	LEIRE	GARCÍA MOSTEIRO	F-12	SUB12F-12	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)		00:03:48	00:04:41
31	5504	INÉS	PERRONE LOSADA	F-13	SUB12F-13				00:03:48	00:04:41
32	5492	LUISA	SÁNCHEZ REY	F-14	SUB12F-14	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:03:49	00:04:42
33	5792	MARTA	JACOME FERNANDEZ	F-15	SUB12F-15		CORUÑA (A)		00:03:50	00:04:44
34	5557	ADRIÁN	RENDAL CAMBA	M-19	SUB12M-19		CORUÑA (A)		00:03:51	00:04:45
35	5507	ZOE	RODRIGUEZ COLLAZO	F-16	SUB12F-16				00:03:52	00:04:46
36	5505	SABELA	QUINTANA CRESPO	F-17	SUB12F-17		CORUÑA (A)		00:03:56	00:04:52
37	6117	DANIELA	VELASQUEZ MIRANDA	F-18	SUB12F-18		CORUÑA (A)		00:03:58	00:04:54
38	5786	TEO	RUA GOMEZ	M-20	SUB12M-20		A CORUÑA		00:04:02	00:04:58
39	6115	MARA	RIOBOO NUÑEZ	F-19	SUB12F-19		CORUÑA (A)		00:04:02	00:04:58
40	5939	CAROLINA	BERMÚDEZ GAGO	F-20	SUB12F-20	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:04:03	00:05:00
41	5564	IAGO	VAZQUEZ BALADRON	M-21	SUB12M-21		CORUÑA (A)		00:04:13	00:05:13
42	5541	ANGEL	FERNANDEZ HERAS	M-22	SUB12M-22		CORUÑA (A)		00:04:17	00:05:17
43	5791	MARIA	JACOME FERNANDEZ	F-21	SUB12F-21		CORUÑA (A)		00:04:17	00:05:17
44	5496	VERA	COLLAZO LESTAYO	F-22	SUB12F-22				00:04:18	00:05:18
45	5483	AINOA	BENITO PÉREZ	F-23	SUB12F-23	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)		00:04:25	00:05:27
46	5513	ETHAN	RODRÍGUEZ CAMPOS	M-23	SUB12M-23	AD FOGAR			00:04:46	00:05:53