

CTO. XUNTA DE GALICIA SUB20 INDIV. E COMBINADAS

Pistas Universidade Elviña - A Coruña

F. Inicio

02/07/2022

F. Fin

03/07/2022 Nº Jornadas

2

LISTADO DE ADMITIDOS

LISTADO DE INSCRITOS (NOMBRE EN AMARELO ADMITIDOS- VERDE BAIXAS-VERMELLO RECHAZADOS)

100m MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|---------------------------|------|-----|--------------------------|------------|---------------|--------|-------|-------|
| 10.93 | GA 769191 | FERNANDEZ FEIJOO, ERIK | ESP | | 3 Super Amara BAT | 18/06/2022 | BRAGA - (POR) | | 10.90 | 10.93 |
| 10.95 | GA 2023429 | BARCIA CARBAJAL, MARTIN | ESP | | 4 R.C. Celta | 13/06/2021 | VIGO | | 10.95 | 11.03 |
| 10.97 | GA 2023536 | MARTINEZ ROQUE, ROI | ESP | | 3 R.C. Celta | 12/06/2021 | LA NUCÍA | | 10.97 | 11.08 |
| 10.98 | GA 769341 | JIMENEZ NUÑEZ, JAVIER | ESP | | 3 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 10.98 | 10.98 |
| 11.08 | GA 512 | GONZÁLEZ LÓPEZ, MATEO | ESP | | 4 Ourense Atletismo | 01/06/2022 | VIGO | | 11.08 | 11.08 |
| 11.31 | GA 229 | VILARIÑO AVILA, ROI | ESP | | 3 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 11.31 | 11.31 |
| 11.44 | GA 2023483 | VILLARES VAZQUEZ, ADRIAN | ESP | | 3 Club Atletismo Naron | 29/05/2021 | LUGO | | 11.44 | |
| 11.55 | GA 541 | FRANCOS TELLA, VÍCTOR | ESP | | 4 Lucus Caixa Rural | 14/05/2022 | LUGO | | 11.55 | 11.55 |
| 11.75 | GA 861 | LIÑARES ROSENDE, DIEGO | ESP | | 4 CA Millaraio | 18/07/2021 | VIGO | | 11.75 | |
| 11.96 | AG 12868 | RODRÍGUEZ RAMALLO, JACOBO | ESP | | 3 R.C. Celta | 04/05/2022 | PONTEVEDRA | | 11.96 | 11.96 |
| 12.10 | AG 13843 | VAAMONDE ESTEVEZ, DAVID | ESP | | 4 Marineda Atletico | 01/05/2022 | LA CORUÑA | | 12.10 | 12.10 |
| 12.19 | AG 12835 | DEL HOYO GÓMEZ, MARIO | ESP | | 3 R.C. Celta | 15/06/2022 | PONTEVEDRA | | 12.19 | 12.19 |
| 12.60 | AG 13714 | RIAL VAZQUEZ, BORJA | ESP | | 4 AA Mazi | 18/05/2022 | PONTEVEDRA | | 12.60 | 12.60 |
| 11.42 | GA 895 | MONTES LALE, ALEJANDRO | ESP | | 4 Club Atletismo Sada | 01/05/2022 | LA CORUÑA | | 11.42 | 11.42 |
| 12.25 | GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 04/05/2022 | PONTEVEDRA | | 12.25 | 12.25 |
| 12.42 | GA 881 | LAGO FONTAN, IVAN | ESP | | 3 ASOCIACION | 04/06/2022 | VIGO | | 12.42 | 12.42 |

100m MASC. AL_ABM

FORA CONCURSO

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------|----------------------------|------|-----|-------------------------|------------|-------|------------|-------|-------|
| 11.55 | GA 104 | OTERO NOGUEIRA, XOEL | ESP | | 5 AA Mazi | 04/06/2022 | VIGO | | 11.55 | 11.55 |
| 12.20 | GA 768537 | LLOPIS PAZO, JAVIER | ESP | | 74 Club Atletismo Naron | 18/06/2022 | ARONA | | 11.92 | 12.20 |
| | GA 483 | RODRÍGUEZ RODRÍGUEZ, SIMÓN | ESP | | 6 Riazor Coruña | | | 6.30 en 50 | | |

200m MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|---------------------------|------|-----|--------------------------|------------|---------------|--------|-------|-------|
| 00:22.05 | GA 2023536 | MARTINEZ ROQUE, ROI | ESP | | 3 R.C. Celta | 26/06/2022 | PEREIRO DE | | 22.05 | 22.05 |
| 00:22.13 | GA 769191 | FERNANDEZ FEIJOO, ERIK | ESP | | 3 Super Amara BAT | 08/06/2022 | BRAGA - (POR) | | 22.13 | 22.13 |
| 00:22.36 | GA 2023429 | BARCIA CARBAJAL, MARTIN | ESP | | 4 R.C. Celta | 25/07/2021 | HUELVA | | 22.36 | 22.79 |
| 00:22.49 | GA 769341 | JIMENEZ NUÑEZ, JAVIER | ESP | | 3 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 22.49 | 22.49 |
| 00:22.57 | GA 512 | GONZÁLEZ LÓPEZ, MATEO | ESP | | 4 Ourense Atletismo | 26/06/2022 | PEREIRO DE | | 22.57 | 22.57 |
| 00:22.65 | GA 229 | VILARIÑO AVILA, ROI | ESP | | 3 Club Atletismo Sada | 26/06/2022 | PEREIRO DE | | 22.65 | 22.65 |
| 00:24.72 | AG 13843 | VAAMONDE ESTEVEZ, DAVID | ESP | | 4 Marineda Atletico | 07/05/2022 | LA CORUÑA | | 24.72 | 24.72 |
| 00:26.44 | AG 13714 | RIAL VAZQUEZ, BORJA | ESP | | 4 AA Mazi | 20/02/2022 | OURENSE | | 26.54 | 26.54 |
| | AG 12868 | RODRÍGUEZ RAMALLO, JACOBO | ESP | | 3 R.C. Celta | | | | | |
| 00:23.84 | GA 895 | MONTES LALE, ALEJANDRO | ESP | | 4 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 23.84 | 23.84 |
| 00:24.99 | GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 05/02/2022 | OURENSE | | 25.13 | |
| 00:25.57 | GA 881 | LAGO FONTAN, IVAN | ESP | | 3 ASOCIACION | 02/06/2022 | PONTEVEDRA | | 25.57 | 25.57 |

| 200m MASC. AL_ABM | | | | | | | | | | |
|-------------------|------------|-------------------------|------|-----|------------------|------------|--------|--------|-------|-------|
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 00:22.96 | AG 2027398 | FERNANDEZ NOVOA, MARTIN | ESP | | 2 CD La Purisima | 06/05/2022 | MADRID | | 23.98 | |
| 00:24.49 | AG 2016370 | NUÑEZ LOPEZ, DARIO | ESP | | 6 AA Mazi | 14/05/2022 | LUGO | | 24.49 | 24.49 |

| 400m MASC. AL_JM | | | | | | | | | | |
|------------------|------------|-------------------------|------|-----|--------------------------|------------|------------|---------|-------|---------|
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 00:47.42 | GA 769293 | ROMAN LEIROS, JORGE | ESP | | 3 R.C. Celta | 04/07/2021 | MONZÓN | | 47.42 | 49.03 |
| 00:51.71 | GA 769197 | DIAZ BARREIRO, ALVARO | ESP | | 4 CD La Purisima | 26/06/2021 | PEREIRO DE | | 51.71 | 51.93 |
| 00:52.65 | GA 463 | SALIDO JOVE, BRUNO | ESP | | 3 Club Atletismo Sada | 04/06/2022 | LUGO | | 52.65 | 52.65 |
| 00:52.88 | GA 2023404 | GONZALEZ ROTEA, BIRUK | ESP | | 4 R.C. Celta | 01/06/2022 | VIGO | | 52.88 | 52.88 |
| 00:52.93 | GA 224 | GALAN MENDEZ, JAVIER | ESP | | 4 Club Atletismo Sada | 26/06/2022 | PEREIRO DE | | 52.93 | 52.93 |
| 00:53.95 | GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 02/06/2022 | PONTEVEDRA | | 53.95 | 53.95 |
| 00:54.20 | AG 764990 | HERMIDA CHOUZAS, MANUEL | ESP | | 4 Riazor Coruña | 04/06/2022 | LUGO | | 54.20 | 54.20 |
| 00:54.85 | GA 918 | SACO VILACHA, IAGO | ESP | | 4 Ourense Atletismo | 23/04/2022 | PEREIRO DE | 54.13pc | 54.85 | 54.85 |
| 00:54.96 | GA 691 | LISTE MONTEAGUDO, PEDRO | ESP | | 3 CCA Ria de Foz | 02/06/2022 | PONTEVEDRA | | 54.96 | 54.96 |
| 00:57.79 | AG 4357 | CABRERA AYALA, EMMANUEL | DOM | | 4 S.G. Pontevedra | 06/03/2021 | PONTEVEDRA | | 57.79 | 1:01.27 |
| 00:53.97 | GA 895 | MONTES LALE, ALEJANDRO | ESP | | 4 Club Atletismo Sada | 29/05/2022 | LA CORUÑA | | 53.97 | 53.97 |
| 00:58.51 | AG 764457 | LIRES SABORIDO, ANDRÉS | ESP | | 4 Atletismo Noia | 10/07/2021 | NOIA | | 58.51 | 59.11 |

| 400m MASC. AL_ABM | | | | | | | | | | |
|-------------------|------------|---------------------------|------|-----|---------------------|------------|------------|--------|-------|-------|
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 00:52.22 | AG 2016370 | NUÑEZ LOPEZ, DARIO | ESP | | 6 AA Mazi | 22/05/2022 | PONTEVEDRA | | 52.22 | 52.22 |
| 00:53.11 | GA 769272 | NUÑEZ CHAPELA, BRAN | ESP | | 5 Atletismo Morrazo | 04/06/2022 | VIGO | | 53.11 | 53.11 |
| 00:57.38 | AG 3254 | SANTOS GARCÍA, MARIO | ESP | | 99 AA Mazi | 12/03/2022 | PONTEVEDRA | | 57.38 | 57.38 |
| 00:57.98 | GA 113 | MONTEAGUDO ARGIBAY, OSCAR | ESP | | 5 S.G. Pontevedra | | | | | |
| | AG 2023752 | EIRÍS DEL RÍO, JACOBO | ESP | | 99 CA Santiago | | | | 55.79 | |
| | GA 853 | NSANG GOMEZ, NICOLAS | ESP | | 6 USC | | | | | |

| 800m MASC. AL_JM | | | | | | | | | | |
|------------------|------------|-----------------------------|------|-----|-----------------------|------------|------------|--------------|---------|---------|
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 01:56.31 | GA 768594 | GARCIA SOUTO, HUGO | ESP | | 3 R.C. Celta | 15/06/2022 | PONTEVEDRA | | 1:56.31 | 1:56.31 |
| 01:57.19 | GA 2023433 | SOUTO PEÑA, SERGIO | ESP | | 4 R.C. Celta | 01/06/2022 | VIGO | | 1:57.19 | 1:57.19 |
| 01:57.91 | GA 242 | PERNAS BENITO, CARLOS | ESP | | 3 Marineda Atletico | 09/04/2022 | LA CORUÑA | | 1:57.91 | 1:57.91 |
| 01:58.04 | GA 125 | RODRIGUEZ COSTAS, MARIO | ESP | | 4 R.C. Celta | 01/06/2022 | VIGO | | 1:58.04 | 1:58.04 |
| 01:58.57 | GA 769154 | MARTINEZ DOMINGUEZ, ANTON | ESP | | 4 Atletica Lucense | 05/01/2022 | PONTEVEDRA | | 1:58.57 | 1:58.57 |
| 01:58.69 | GA 2023404 | GONZALEZ ROTEA, BIRUK | ESP | | 4 R.C. Celta | 22/05/2022 | VIGO | | 1:58.69 | 1:58.69 |
| 01:58.96 | GA 463 | SALIDO JOVE, BRUNO | ESP | | 3 Club Atletismo Sada | 21/05/2022 | LA CORUÑA | | 1:58.96 | 1:58.96 |
| 02:01.19 | GA 8 | QUINTANS SANCHEZ, MIGUEL | ESP | | 4 Coruña Comarca | 09/04/2022 | LA CORUÑA | | 2:01.19 | 2:01.19 |
| 02:05.86 | AG 14230 | RIVAS SOBRADO, MARCOS | ESP | | 3 R.C. Celta | 22/05/2022 | VIGO | | 2:05.86 | 2:05.86 |
| 02:08.01 | AG 2023718 | FERNANDEZ RODRIGUEZ, MARTIN | ESP | | 4 A Gándara | 04/06/2022 | LUGO | | 2:08.01 | 2:08.01 |
| 02:09.92 | AG 764457 | LIRES SABORIDO, ANDRÉS | ESP | | 4 Atletismo Noia | 03/07/2021 | LUGO | | 2:09.92 | 2:13.11 |
| 02:10.93 | GA 623 | MENDEZ TRONCOSO, DAMIAN | ESP | | 3 AA Mazi | 30/05/2021 | VIGO | | 2:10.93 | 2:17.39 |
| 02:11.84 | AG 2024952 | GARCÍA SAINZ, YAGO IGNACIO | ESP | | 3 CA Santiago | 17/05/2021 | LA CORUÑA | | 2:09.96 | |
| 02:18.54 | GA 807 | FERNANDEZ DIAZ, PABLO | ESP | | 3 CA Ribadeo | 19/06/2021 | PONTEVEDRA | | 2:18.54 | |
| 02:25.50 | AG 13463 | CANOSA LOJO, SAMUEL | ESP | | 4 ASOCIACION | 22/01/2022 | LUGO | 2:10.64 P. C | 2:25.50 | 2:25.50 |
| | GA 769172 | SUAREZ MARTINEZ, HUGO | ESP | | 3 R.C. Celta | | | | 2:09.52 | |
| 02:06.10 | AG 764990 | HERMIDA CHOUZAS, MANUEL | ESP | | 4 Riazor Coruña | 21/05/2022 | LA CORUÑA | | 2:06.10 | 2:06.10 |

800m MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|-----------|----------------------|------|-----|---------------------|------------|------------|--------|---------|---------|
| 01:58.43 | GA 769303 | REGO VEIGAS, IVAN | ESP | | 5 Lucus Caixa Rural | 28/05/2022 | GIJÓN | | 1:58.43 | 1:58.43 |
| 02:11.39 | GA 853 | NSANG GOMEZ, NICOLAS | ESP | | 6 USC | | | | | |
| 02:06.90 | AG 3254 | SANTOS GARCÍA, MARIO | ESP | | 99 AA Mazi | 18/06/2022 | PONTEVEDRA | | 2:06.90 | 2:06.90 |

1.500m MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|----------------------------|------|-----|--------------------------|------------|------------|--------|---------|---------|
| 03:53.11 | GA 2023418 | LOPEZ MORAL, CARLOS | ESP | | 3 CD Surco Lucena | 22/07/2021 | PONTEVEDRA | | 3:53.11 | 4:01.28 |
| 03:56.33 | GA 768594 | GARCIA SOUTO, HUGO | ESP | | 3 R.C. Celta | 01/06/2022 | VIGO | | 3:56.33 | 3:56.33 |
| 03:57.25 | GA 769154 | MARTINEZ DOMINGUEZ, ANTON | ESP | | 4 Atletica Lucense | 01/06/2022 | VIGO | | 3:57.25 | 3:57.25 |
| 04:02.93 | GA 125 | RODRIGUEZ COSTAS, MARIO | ESP | | 4 R.C. Celta | 12/02/2022 | OURENSE | | 4:03.28 | 4:03.28 |
| 04:07.37 | GA 769172 | SUAREZ MARTINEZ, HUGO | ESP | | 3 R.C. Celta | 22/05/2021 | PONTEVEDRA | | 4:07.37 | 4:12.11 |
| 04:11.80 | GA 2023433 | SOUTO PEÑA, SERGIO | ESP | | 4 R.C. Celta | 12/02/2022 | OURENSE | | 4:18.76 | |
| 04:15.69 | GA 614 | NARANJO ESTEVEZ, ROI | ESP | | 4 CD La Purisima | 20/02/2022 | OURENSE | | 4:26.29 | 4:26.29 |
| 04:16.65 | AG 2024952 | GARCÍA SAINZ, YAGO IGNACIO | ESP | | 3 CA Santiago | 20/02/2022 | OURENSE | | 4:20.22 | 4:21.36 |
| 04:21.59 | AG 14230 | RIVAS SOBRADO, MARCOS | ESP | | 3 R.C. Celta | 04/06/2022 | VIGO | | 4:21.59 | 4:21.59 |
| 04:26.18 | AG 6405 | BARREDO GOMEZ, ANTONIO | ESP | | 3 Marineda Atletico | 29/05/2022 | LA CORUÑA | | 4:26.18 | 4:26.18 |
| 04:35.39 | GA 623 | MENDEZ TRONCOSO, DAMIAN | ESP | | 3 AA Mazi | 12/02/2022 | OURENSE | | 4:36.34 | 4:36.97 |
| 04:51.59 | GA 807 | FERNANDEZ DIAZ, PABLO | ESP | | 3 CA Ribadeo | 27/02/2021 | PONTEVEDRA | | 4:39.55 | 4:51.80 |
| 05:00.57 | AG 2015222 | DIEGUEZ REY, ROI | ESP | | 4 Club Atletismo Estrada | 22/05/2021 | PONTEVEDRA | | 5:00.57 | |
| 04:12.41 | GA 691 | LISTE MONTEAGUDO, PEDRO | ESP | | 3 CCA Ria de Foz | 12/06/2022 | NOIA | | 4:12.41 | 4:12.41 |

1.500m MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|-----------------------------|------|-----|----------------------|------------|------------|--------|---------|---------|
| 04:11.82 | GA 2023288 | CADAYA RODRIGUEZ, ALEJANDRO | ESP | | 0 CD La Purisima | 18/06/2022 | PEREIRO DE | | 4:11.82 | 4:11.82 |
| 04:16.16 | AG 4191 | MANSO-PEDROSA GARCIA, IVAN | ESP | | 97 Lugo Running Club | 04/06/2022 | LUGO | | 4:08.54 | 4:16.16 |
| 04:33.15 | AG 3254 | SANTOS GARCÍA, MARIO | ESP | | 99 AA Mazi | 14/05/2022 | LUGO | | 4:33.15 | 4:33.15 |

3.000m MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|----------------------------|------|-----|--------------------------|------------|------------|--------|----------|---------|
| 08:26.62 | GA 768594 | GARCIA SOUTO, HUGO | ESP | | 3 R.C. Celta | 18/05/2022 | PONTEVEDRA | | 8:26.62 | 8:26.62 |
| 09:34.87 | GA 769152 | GARCIA ALVARIÑO, JOSE | ESP | | 3 Atletica Lucense | 21/03/2021 | PONTEVEDRA | | 8:44.93 | 9:59.29 |
| | AG 12881 | ALVAREZ RODRIGUEZ, RAUL | ESP | | 3 Marineda Atletico | | | | | |
| | GA 691 | LISTE MONTEAGUDO, PEDRO | ESP | | 3 CCA Ria de Foz | | | | | |
| 09:20.16 | AG 2024952 | GARCÍA SAINZ, YAGO IGNACIO | ESP | | 3 CA Santiago | 12/02/2022 | OURENSE | | 9:39.30 | |
| 10:51.01 | AG 2015222 | DIEGUEZ REY, ROI | ESP | | 4 Club Atletismo Estrada | 03/07/2021 | LUGO | | 10:51.01 | |

3.000m MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|-----------|-------------------|------|-----|---------------------|------------|------------|--------|---------|-----|
| 08:57.80 | GA 769303 | REGO VEIGAS, IVAN | ESP | | 5 Lucus Caixa Rural | 21/02/2021 | PONTEVEDRA | | 8:57.80 | |

3.000m Obst. MASC._JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|------------------------------|------|-----|--------------------|------------|------------|--------|----------|----------|
| 09:46.07 | GA 769172 | SUAREZ MARTINEZ, HUGO | ESP | | 3 R.C. Celta | 04/06/2022 | VIGO | | 9:46.07 | 9:46.07 |
| 10:30.79 | AG 2022550 | SÁNCHEZ RUÍZ, JOSÉ GUILLERMO | ESP | | 4 Riazor Coruña | 09/04/2022 | LA CORUÑA | | 10:30.79 | 10:30.79 |
| 10:34.11 | GA 769152 | GARCIA ALVARIÑO, JOSE | ESP | | 3 Atletica Lucense | 04/06/2022 | VIGO | | 10:34.11 | 10:34.11 |
| 10:45.22 | AG 2014364 | REY ANSEMIL, PABLO | ESP | | 3 CA Santiago | 19/06/2021 | PONTEVEDRA | | 10:45.22 | 11:32.09 |
| 10:17.78 | GA 2023433 | SOUTO PEÑA, SERGIO | ESP | | 4 R.C. Celta | 23/04/2022 | PEREIRO DE | | 10:17.78 | 10:17.78 |

110m vallas (0,914) MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|------------------------|------|-----|-----------------------|------------|--------|--------|-------|-----|
| 13.83 | GA 2023263 | VICENTE GARCIA, DAVID | ESP | | 4 Playas de Castellon | 25/07/2021 | HUELVA | | 13.83 | |
| 16.04 | GA 861 | LIÑARES ROSENDE, DIEGO | ESP | | 4 CA Millaraio | 02/07/2021 | LUGO | | 16.04 | |

| | | | | |
|-----------|----------------------------|-----|---------------------|---------------------|
| M 9072 | JORDAN JUL, ABEL ALEJANDRO | ESP | 3 Go Fit Athletics | 9 15.21 |
| GA 173 | RODRÍGUEZ ESTEVEZ, MANUEL | ESP | 3 R.C. Celta | 15.62 un 1.00 16.51 |
| GA 769382 | VAZQUEZ PEREZ, HUGO | ESP | 3 Marineda Atletico | 14.47 |

110m vallas (0,914) MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|----------|--------------------|------|-----|------------------|------------|----------|--------|-------|-------|
| 15.47 | GA 769 | AHOUMA, YANN CHRYS | CIV | | 5 At Rias Baixas | 11/06/2022 | OPORTO - | | 15.47 | 15.47 |

400m vallas (0,84) MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|------------------------|------|-----|--------------------------|------------|--------|---------------|---------|-----|
| 00:56.32 | GA 2023471 | ALLER GARCIA, MATEO | ESP | | 4 CA Santiago | 03/07/2021 | LUGO | | 56.32 | |
| 00:56.60 | GA 769197 | DIAZ BARREIRO, ALVARO | ESP | | 4 CD La Purisima | 24/07/2021 | HUELVA | 57"10(0.91)18 | 56.60 | |
| 01:00.86 | GA 967 | COUSO VIANA, ANDRES | ESP | | 3 Lucus Caixa Rural | | | | | |
| 01:01.41 | GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 03/07/2021 | LUGO | | 1:01.41 | |
| | GA 2023404 | GONZALEZ ROTEVA, BIRUK | ESP | | 4 R.C. Celta | | | | | |

400m vallas (0,84) MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------|---------------------|------|-----|---------------------|-------|-------|--------|-----|-----|
| | GA 769272 | NUÑEZ CHAPELA, BRAN | ESP | | 5 Atletismo Morrazo | | | | | |

Altura MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|---------------------------|------|-----|--------------------------|------------|------------|--------|------|------|
| | 1,86 GA 2023499 | ALONSO CAMPO, PABLO | ESP | | 3 CA Santiago | 17/04/2021 | O BARCO DE | | 1.86 | 1.79 |
| | 1,86 GA 2023471 | ALLER GARCIA, MATEO | ESP | | 4 CA Santiago | 19/02/2022 | OURENSE | | 1.78 | |
| | 1,82 GA 769311 | CASTEDO HERMIDA, SAMUEL | ESP | | 3 Lugo Running Club | 12/02/2022 | OURENSE | | 1.80 | 1.80 |
| | 1,67 AG 13484 | LOIRA SANTIAGO, ALEJANDRO | ESP | | 4 At Rias Baixas | 18/06/2022 | PONTEVEDRA | | 1.67 | 1.67 |
| | 1,65 AG 2025700 | LEDO FERNANDEZ, MIGUEL | ESP | | 4 Riazor Coruña | 18/06/2022 | LA CORUÑA | | 1.65 | 1.65 |
| | 1,61 GA 881 | LAGO FONTAN, IVAN | ESP | | 3 ASOCIACION | 07/05/2022 | VIANA DO | | 1.61 | 1.61 |
| | 1,6 GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 28/12/2021 | LUGO | | 1.60 | |

Altura MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|---------------------|------|-----|--------------------------|------------|-----------|--------|------|------|
| | 1,83 GA 16782 | ARES TAPIA, DIEGO | ESP | | 89 Ourense Atletismo | 04/06/2022 | LUGO | | 1.93 | 1.83 |
| | 1,75 AG 2014486 | LAGO HERMIDA, SIMON | ESP | | 5 La Mochila del Deporte | 01/05/2022 | LA CORUÑA | | 1.75 | 1.75 |

Pértiga MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|-----------------------|------|-----|-----------------------|------------|---------|--------|------|------|
| | 4,55 GA 2023490 | LOPEZ VIZCAINO, TOMAS | ESP | | 3 Club Atletismo Sada | 12/02/2022 | OURENSE | | 4.50 | 4.40 |

Pértiga MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|------------------------------|------|-----|-----------------------|------------|------------|--------|------|------|
| | 3,91 AG 2021294 | VILLAVERDE PUENTE, ALEJANDRO | ESP | | 6 S.G. Pontevedra | 02/06/2022 | PONTEVEDRA | | 3.91 | 3.91 |
| | 3,4 GA 846 | SANTOS GARCIA, MARTIN | ESP | | 7 Club Atletismo Sada | 01/06/2022 | VIGO | | 3.40 | 3.40 |
| | 3,31 GA 863 | POLO FREIRE, ENRIQUE | ESP | | 7 Club Atletismo Sada | 18/06/2022 | PONTEVEDRA | | 3.31 | 3.31 |
| | 2,81 GA 871 | SIMAL PENADO, GAEL | ESP | | 7 Club Atletismo Sada | 18/06/2022 | PONTEVEDRA | | 2.81 | 2.81 |

Longitud MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|----------------------------|------|-----|--------------------------|------------|------------|---------------|------|------|
| | 6,74 GA 2023483 | VILLARES VAZQUEZ, ADRIAN | ESP | | 3 Club Atletismo Naron | 18/07/2021 | VIGO | | 6.74 | 6.46 |
| | 6,5 GA 2023409 | FERNANDEZ GAYOSO, AITOR | ESP | | 3 Club Atletismo Naron | 21/05/2022 | SORIA | | 6.50 | 6.50 |
| | 5,94 AG 13484 | LOIRA SANTIAGO, ALEJANDRO | ESP | | 4 At Rias Baixas | 04/06/2022 | VIGO | | 5.94 | 5.94 |
| | 5,68 GA 898 | LOPEZ LOPEZ, ALVARO ALONSO | ESP | | 3 Club Atletismo Sada | 26/06/2022 | PEREIRO DE | | 5.68 | 5.68 |
| | 5,39 AG 12835 | DEL HOYO GÓMEZ, MARIO | ESP | | 3 R.C. Celta | 26/06/2022 | PEREIRO DE | | 5.39 | 5.39 |
| | 4,87 AG 13714 | RIAL VAZQUEZ, BORJA | ESP | | 4 AA Mazi | 20/02/2022 | OURENSE | 4.98-22/4/22- | 4.69 | 4.69 |
| | 5,14 GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 13/11/2021 | VIGO | | 5.14 | |

Longitud MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|---------------------------|------|-----|--------------------------|------------|------------|--------|------|------|
| | 6,46 GA 104 | OTERO NOGUEIRA, XOEL | ESP | | 5 AA Mazi | 29/05/2022 | LA CORUÑA | | 6.46 | 6.46 |
| | 6,13 GA 769124 | MOLDES BARREIRO, MATIAS | ESP | | 6 S.G. Pontevedra | 21/05/2022 | PONTEVEDRA | | 6.13 | 6.13 |
| | 5,72 AG 2014487 | LAGO HERMIDA, XOEL | ESP | | 5 La Mochila del Deporte | 22/05/2022 | PONTEVEDRA | | 5.72 | 5.72 |
| | 5,59 GA 113 | MONTEAGUDO ARGIBAY, OSCAR | ESP | | 5 S.G. Pontevedra | 08/05/2021 | PONTEVEDRA | | 5.59 | |
| | 5,54 GA 32 | MOLDES EIROA, ÁNGEL | ESP | | 75 S.G. Pontevedra | 15/05/2022 | LUGO | | 5.54 | 5.54 |
| | 4,93 AG 12554 | MENDEZ SUAREZ, JOSE LUIS | ESP | | 6 La Mochila del Deporte | 18/06/2022 | LA CORUÑA | | 4.93 | 4.93 |
| | 4,24 GA 2023459 | CORES DOMINGUEZ, LUIS | ESP | | 56 AA Mazi | 04/06/2022 | VIGO | | 4.24 | 4.24 |

Triple Salto MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|--------------|----------------------------|------|-----|--------------------------|------------|------------|--------|-------|-------|
| | 12,06 GA 967 | COUSO VIANA, ANDRES | ESP | | 3 Lucus Caixa Rural | 11/06/2022 | GIJÓN | | 12.06 | 12.06 |
| | 10,95 GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 06/11/2021 | VIGO | | 10.95 | |
| | 10,62 GA 898 | LOPEZ LOPEZ, ALVARO ALONSO | ESP | | 3 Club Atletismo Sada | 17/04/2021 | O BARCO DE | | 11.24 | |

Triple Salto MASC. AL_ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------------|------------------------|------|-----|--------------------------|------------|------------|--------|-------|-------|
| | 12,72 GA 945 | LOUREIRO ARROJO, UNAI | ESP | | 6 Riazor Coruña | 22/05/2022 | PONTEVEDRA | | 12.72 | 12.72 |
| | 11,91 GA 899 | GONZALEZ BARCON, DAVID | ESP | | 6 Club Atletismo Sada | 18/06/2022 | LA CORUÑA | | 11.91 | 11.91 |
| | 11,69 AG 2014486 | LAGO HERMIDA, SIMON | ESP | | 5 La Mochila del Deporte | 06/05/2022 | LA CORUÑA | | 11.69 | 11.69 |
| | 11,64 AG 2014487 | LAGO HERMIDA, XOEL | ESP | | 5 La Mochila del Deporte | 06/05/2022 | LA CORUÑA | | 11.64 | 11.64 |

Martillo (6kg) MASC. _JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------------|----------------------------|------|-----|------------------------|------------|------------|--------|---------------|-------|
| | 62,95 GA 768748 | MENDEZ SEIJO, ERIC | ESP | | 3 R.C. Celta | 28/04/2021 | PONTEVEDRA | | 62.95 | 62.78 |
| | 32,7 AG 3968 | SAAVEDRA BARBERO, IGNACIO | ESP | | 4 Club Atletismo Naron | 13/03/2022 | PONTEVEDRA | | 32.70 | 32.70 |
| | 22,15 AG 764990 | HERMIDA CHOUZAS, MANUEL | ESP | | 4 Riazor Coruña | 18/06/2022 | LA CORUÑA | | 22.15 | 22.15 |
| | 18,73 AG 2025647 | GARCIA ARRUÑADA, GUILLERMO | ESP | | 4 Maderas Barcia | 04/05/2022 | LUGO | | 18.73 | 18.73 |
| | AG 2016736 | VIEIRA FERRÉ, ANGEL | ESP | | 4 AA Mazi | | | | 31.57-M.7,26- | |

Martillo (7,260kg) MASC. _ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|-------------------------|------|-----|----------------------|------------|-------|--------|-------|-------|
| | 46,74 GA 764764 | RODRIGUEZ ÁLVAREZ, RAUL | ESP | | 98 Lucus Caixa Rural | 04/05/2022 | LUGO | | 46.74 | 46.74 |

Jabalina (800g) MASC. _JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------------|-------------------------|------|-----|--------------------------|------------|------------|--------|-------|-------|
| | 36,04 GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 17/04/2021 | O BARCO DE | | 36.04 | |
| | 26,52 AG 12835 | DEL HOYO GÓMEZ, MARIO | ESP | | 3 R.C. Celta | 26/06/2022 | PEREIRO DE | | 26.52 | 26.52 |
| | 26,05 AG 2025700 | LEDO FERNANDEZ, MIGUEL | ESP | | 4 Riazor Coruña | 09/04/2022 | LA CORUÑA | | 26.05 | 26.05 |
| | AG 12881 | ALVAREZ RODRIGUEZ, RAUL | ESP | | 3 Marineda Atletico | | | | | |

Peso (6kg) MASC. AL_JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------------|--------------------------|------|-----|---------------------------|------------|------------|--------|-------|-------|
| | 13,88 GA 2023463 | ARIAS FERNANDEZ, NICOLAS | ESP | | 3 UCAM-Cartagena | 28/05/2022 | CARTAGENA | | 13.88 | 13.88 |
| | 13,49 GA 106 | LEMA CAPEÁNS, SAMUEL | ESP | | 3 Club Atletismo Negreira | 13/11/2021 | VIGO | | 13.49 | |
| | 12,45 GA 768748 | MENDEZ SEIJO, ERIC | ESP | | 3 R.C. Celta | 26/06/2022 | PEREIRO DE | | 12.45 | 12.45 |
| | 10,9 AG 2018326 | FORNIS VAZQUEZ, RUBEN | ESP | | 4 Marineda Atletico | 20/02/2022 | OURENSE | | 9.66 | 9.66 |
| | 9,68 AG 2016736 | VIEIRA FERRÉ, ANGEL | ESP | | 4 AA Mazi | 20/02/2022 | OURENSE | | 8.55 | |

Disco

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------------|--------------------------|------|-----|------------------------|------------|------------|--------|-------|-------|
| | 49,79 GA 769132 | ORTEGA MOINELO, NICOLAS | ESP | | 4 Club Atletismo Sada | 01/05/2022 | LA CORUÑA | | 49.79 | 49.79 |
| | 41,47 GA 2023463 | ARIAS FERNANDEZ, NICOLAS | ESP | | 3 UCAM-Cartagena | 21/05/2022 | CARTAGENA | | 41.47 | 41.47 |
| | 32,65 GA 2023409 | FERNANDEZ GAYOSO, AITOR | ESP | | 3 Club Atletismo Naron | 09/05/2021 | PONTEVEDRA | | 32.65 | 31.23 |

| | | | | | | | | | | |
|-------|------------|----------------------------|-----|--|--------------------------|------------|------------|--|-------|-------|
| 29,94 | AG 2018326 | FORNIS VAZQUEZ, RUBEN | ESP | | 4 Marineda Atletico | 26/06/2022 | PEREIRO DE | | 29.94 | 29.94 |
| 20,53 | AG 2025647 | GARCIA ARRUÑADA, GUILLERMO | ESP | | 4 Maderas Barcia | 13/03/2022 | PONTEVEDRA | | 20.53 | 20.53 |
| | AG 3968 | SAAVEDRA BARBERO, IGNACIO | ESP | | 4 Club Atletismo Naron | | | | | |
| 26,19 | GA 529 | RUIBAL ROSENDE, MARTIN | ESP | | 4 Club Atletismo Estrada | 22/05/2021 | PONTEVEDRA | | 26.19 | |

Disco (1,5kg) MASC. _ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|----------------|---------------------|------|-----|---------------------|------------|-------------|--------|-------|-------|
| | 43,4 GA 769272 | NUÑEZ CHAPELA, BRAN | ESP | | 5 Atletismo Morrazo | 19/06/2022 | JEREZ DE LA | | 43.40 | 43.40 |

4x100m MASC. AL _JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|-------------------------|------|-----|-----------------------|-------|-------|--------|-----|-----|
| | GA 2023429 | BARCIA CARBAJAL, MARTIN | ESP | | 4 R.C. Celta | | | | | |
| | AG 14200 | BERNAL DA SILVA, BRYAN | ESP | | 3 AA Mazi | | | | | |
| | GA 224 | GALAN MENDEZ, JAVIER | ESP | | 4 Club Atletismo Sada | | | | | |
| | GA 769341 | JIMENEZ NUÑEZ, JAVIER | ESP | | 3 Club Atletismo Sada | | | | | |
| | GA 623 | MENDEZ TRONCOSO, DAMIAN | ESP | | 3 AA Mazi | | | | | |
| | GA 895 | MONTES LALE, ALEJANDRO | ESP | | 4 Club Atletismo Sada | | | | | |
| | AG 13714 | RIAL VAZQUEZ, BORJA | ESP | | 4 AA Mazi | | | | | |
| | GA 229 | VILARIÑO AVILA, ROI | ESP | | 3 Club Atletismo Sada | | | 44.50 | | |
| | AG 2016736 | VIEIRA FERRÉ, ANGEL | ESP | | 4 AA Mazi | | | | | |

4x100m MASC. AL _ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|------------------------|------|-----|--------------------------|-------|-------|--------|-----|-----|
| | AG 767874 | COSTOYA LOPEZ, IVAN | ESP | | 0 La Mochila del Deporte | | | | | |
| | AG 2023366 | HERNANDEZ JUNCO, BRAIS | ESP | | 6 La Mochila del Deporte | | | | | |
| | AG 2014486 | LAGO HERMIDA, SIMON | ESP | | 5 La Mochila del Deporte | | | | | |
| | AG 2014487 | LAGO HERMIDA, XOEL | ESP | | 5 La Mochila del Deporte | | | | | |

5.000m Marcha MASC. en pista _JM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|--------------------|----------------------|------|-----|---------------------|------------|------------|--------|----------|----------|
| | 22:30.62 GA 769108 | DIAZ SANCHEZ, ISMAEL | ESP | | 4 Marineda Atletico | 21/11/2021 | PONTEVEDRA | | 22:30.62 | 22:36.86 |

5.000m Marcha MASC. en pista _ABM

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|------------------------|------|-----|----------------|-------|-------|--------|-----|-----|
| | GA 2023566 | LABELLA BLANCO, MANUEL | ESP | | 6 CA Millaraio | | | | | |

MULLERES

100m FEM. AL _JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|--------------------------|-------------|-----|--------------------------|------------|------------|--------|-------|-------|
| 12.77 | GA 769317 | RAVIÑA VALENCIA, MANUELA | ESP | | 4 CA Santiago | 04/06/2022 | VIGO | | 12.77 | 12.77 |
| 13.06 | GA 961 | CORNES AGUIAR, ALDARA | poner sub20 | | 4 At. Femenino Celta | 04/05/2022 | PONTEVEDRA | | 13.06 | 13.06 |
| 13.15 | AG 2027654 | CHAN PRADO, LAURA | ESP | | 4 Riazor Coruña | 22/05/2021 | PONTEVEDRA | | 13.15 | |
| 13.15 | GA 769022 | PENA GUTIERREZ, GLORIA | ESP | | 4 Atletica a Silva | 10/07/2021 | NOIA | | 13.15 | 13.63 |
| 13.38 | GA 750 | ABUCIDE NOYA, XAINA | ESP | | 4 Atletica a Silva | 02/07/2021 | LUGO | | 13.38 | 13.88 |
| 13.81 | AG 765879 | VAZQUEZ HERMIDA, LUCIA | ESP | | 3 La Mochila del Deporte | 24/04/2021 | LA CORUÑA | | 13.65 | 13.97 |
| 14.13 | AG 764200 | ALVAREZ CACHEIRO, SARA | ESP | | 3 At. Femenino Celta | 13/06/2021 | VIGO | | 14.13 | |
| 14.45 | AG 2027522 | RODRIGUEZ PEREZ, ISABEL | ESP | | 4 AA Mazi | 22/04/2022 | PONTEVEDRA | | 14.45 | 14.45 |
| 14.62 | AG 9101 | MOSCONI LEW, UXIA BELEN | ESP | | 4 Marineda Atletico | 01/05/2022 | LA CORUÑA | | 14.62 | 14.62 |
| 15.39 | AG 12837 | ALONSO VIEITES, CELIA | ESP | | 3 At. Femenino Celta | 22/04/2022 | PONTEVEDRA | | 15.39 | 15.39 |
| 13.68 | GA 458 | AMIGO MATO, NEREA | ESP | | 4 Club Atletismo Sada | 29/05/2021 | LUGO | | 13.68 | 13.76 |
| 14.82 | AG 5859 | MATO AGEITOS, MARÍA DEL | ESP | | 4 At Rias Baixas | 12/03/2022 | PONTEVEDRA | | 14.82 | 14.82 |

100m FEM. AL _ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|-------------------------|------|-----|--------------------------|------------|------------|--------|-------|-------|
| 12.79 | GA 860 | SÁNCHEZ MARTÍNEZ, LUCÍA | ESP | | 5 AA Mazi | 22/05/2022 | PONTEVEDRA | | 12.79 | 12.79 |
| 12.88 | GA 765786 | LOPEZ FERNANDEZ, PAULA | ESP | | 1 Club Atletismo Naron | 07/05/2022 | LA CORUÑA | | 12.88 | 12.88 |
| 12.93 | GA 856 | LÓPEZ CHAS, LAURA | ESP | | 0 Riazor Coruña | 18/06/2022 | PONTEVEDRA | | 12.93 | 12.93 |
| 13.19 | GA 152 | MESÍAS VÁZQUEZ, MARÍA | ESP | | 77 Riazor Coruña | 29/05/2022 | LA CORUÑA | | 13.19 | 13.19 |
| 13.50 | AG 2015411 | CREGO PEREZ, SOFIA | ESP | | 2 Club Atletismo Naron | 07/05/2022 | LA CORUÑA | | 13.42 | 13.50 |
| 13.81 | AG 2026743 | DIAZ RUIZ, ALBA | ESP | | 6 La Mochila del Deporte | 29/05/2022 | LA CORUÑA | | 13.81 | 13.81 |

200m FEM. AL _JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|--------------------------------|------|-----|--------------------------|------------|------------|--------|-------|-------|
| 00:25.41 | GA 2023512 | FERNANDEZ BOUZA, MARIA | ESP | | 3 Univ Leon Sprint At | 18/07/2021 | VIGO | | 25.41 | 25.99 |
| 00:26.16 | GA 21 | SÁNCHEZ DEL VALLE VERGE, LUCÍA | ESP | | 4 Atletica Lucense | 24/07/2021 | HUELVA | | 26.16 | 26.53 |
| 00:26.73 | GA 769022 | PENA GUTIERREZ, GLORIA | ESP | | 4 Atletica a Silva | 18/07/2021 | VIGO | | 26.73 | 27.64 |
| 00:28.00 | GA 458 | AMIGO MATO, NEREA | ESP | | 4 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 28.00 | 28.00 |
| 00:28.21 | AG 2023677 | MARTINEZ CRUJEIRAS, IRIA | ESP | | 3 Santa Uxia Atletismo | 14/05/2022 | LUGO | | 28.21 | 28.21 |
| 00:28.33 | GA 457 | OURENS ANIDO, MARIA | ESP | | 4 Club Atletismo Sada | 29/05/2021 | LUGO | | 28.33 | 28.97 |
| 00:28.83 | AG 764200 | ALVAREZ CACHEIRO, SARA | ESP | | 3 At. Femenino Celta | 22/05/2022 | VIGO | | 28.83 | 28.83 |
| 00:29.18 | AG 9101 | MOSCONI LEW, UXIA BELEN | ESP | | 4 Marineda Atletico | 07/05/2022 | LA CORUÑA | | 29.18 | 29.18 |
| 00:30.15 | AG 2027522 | RODRIGUEZ PEREZ, ISABEL | ESP | | 4 AA Mazi | 15/06/2022 | PONTEVEDRA | | 30.15 | 30.15 |
| | AG 2027654 | CHAN PRADO, LAURA | ESP | | 4 Riazor Coruña | | | | 28.73 | |
| 00:29.99 | AG 5859 | MATO AGEITOS, MARÍA DEL | ESP | | 4 At Rias Baixas | 20/02/2022 | OURENSE | | 31.34 | 31.34 |
| 00:28.04 | AG 765879 | VAZQUEZ HERMIDA, LUCIA | ESP | | 3 La Mochila del Deporte | 21/05/2022 | LA CORUÑA | | 27.85 | 28.04 |

200m FEM. AL _ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|-----------|-------------------------|------|-----|------------------------|------------|------------|--------|-------|-------|
| 00:25.78 | GA 856 | LÓPEZ CHAS, LAURA | ESP | | 0 Riazor Coruña | 18/06/2022 | PONTEVEDRA | | 25.78 | 25.78 |
| 00:26.21 | GA 860 | SÁNCHEZ MARTÍNEZ, LUCÍA | ESP | | 5 AA Mazi | 11/06/2022 | MONZÓN | | 26.21 | 26.21 |
| 00:26.24 | GA 765786 | LOPEZ FERNANDEZ, PAULA | ESP | | 1 Club Atletismo Naron | 21/05/2022 | LA CORUÑA | | 26.24 | 26.24 |
| 00:27.24 | GA 152 | MESÍAS VÁZQUEZ, MARÍA | ESP | | 77 Riazor Coruña | 19/06/2022 | ARONA | | 27.24 | 27.24 |

| | | | | | | | | | | |
|--|-----------------|--------------------------------|-------------|------------|--------------------------|--------------|--------------|---------------|------------|------------|
| 00:27.28 | GA 894 | CASTRO NOVOA, DANIELA | ESP | | 6 At. Femenino Celta | 15/06/2022 | PONTEVEDRA | | 27.28 | 27.28 |
| 00:29.41 | AG 2026743 | DIAZ RUIZ, ALBA | ESP | | 6 La Mochila del Deporte | 14/05/2022 | LUGO | | 29.41 | 29.41 |
| 400m FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 00:58.90 | GA 662 | GONZÁLEZ FERNÁNDEZ, CARMEN | ESP | | 3 S.G. Pontevedra | 27/02/2021 | PONTEVEDRA | | 58.90 | 1:00.02 |
| 01:01.44 | GA 769421 | RODRIGUEZ ARES, AINARA | ESP | | 3 S.G. Pontevedra | 24/04/2021 | LA CORUÑA | | 1:00.98 | |
| 01:02.59 | GA 766187 | DOCAMPO GAMARRA, INES | ESP | | 3 ADAS CUPA | 01/05/2021 | O BARCO DE | | 1:02.59 | |
| 01:03.26 | GA 768773 | ROMAN MARTI, CLARA | ESP | | 3 At. Femenino Celta | 04/06/2022 | VIGO | | 1:03.26 | 1:03.26 |
| 01:04.25 | AG 765879 | VAZQUEZ HERMIDA, LUCIA | ESP | | 3 La Mochila del Deporte | 04/06/2022 | LUGO | | 1:04.25 | 1:04.25 |
| 01:04.51 | AG 764965 | FERNANDEZ IGLESIAS, SOFIA | ESP | | 4 Atletica Val Minor | 14/03/2021 | OURENSE | | 1:06.81 | |
| 01:05.65 | GA 457 | OURENS ANIDO, MARIA | ESP | | 4 Club Atletismo Sada | 01/05/2022 | LA CORUÑA | | 1:05.65 | 1:05.65 |
| 400m FEM. AL _ABF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 01:04.56 | AG 2028390 | PAMPIN LEIRO, SOFIA | ESP | | 6 S.G. Pontevedra | 18/06/2022 | LA CORUÑA | | 1:04.56 | 1:04.56 |
| 800m FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 02:14.53 | GA 662 | GONZÁLEZ FERNÁNDEZ, CARMEN | ESP | | 3 S.G. Pontevedra | 21/02/2021 | PONTEVEDRA | | 2:14.53 | 2:18.06 |
| 02:17.74 | GA 769421 | RODRIGUEZ ARES, AINARA | ESP | | 3 S.G. Pontevedra | 20/02/2022 | OURENSE | | 2:19.22 | 2:24.53 |
| 02:18.54 | GA 2023512 | FERNANDEZ BOUZA, MARIA | ESP | | 3 Univ Leon Sprint At | 02/04/2022 | BURGOS | | 2:18.54 | 2:18.54 |
| 02:20.52 | GA 768759 | CASTRO PEREZ, ANTIA | ESP | | 3 Ourense Atletismo | 23/04/2022 | PEREIRO DE | | 2:17.99 | 2:20.52 |
| 02:20.88 | GA 766187 | DOCAMPO GAMARRA, INES | ESP | | 3 ADAS CUPA | 17/04/2021 | O BARCO DE | | 2:19.74 | 2:24.28 |
| 02:21.85 | GA 768773 | ROMAN MARTI, CLARA | ESP | | 3 At. Femenino Celta | 22/05/2021 | PONTEVEDRA | | 2:21.85 | 2:23.08 |
| 02:21.92 | GA 768582 | LAGE GIL, NEREA | ESP | | 3 Atletismo Friol | 09/05/2021 | LUGO | | 2:21.92 | 2:25.05 |
| 1.500m FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 04:46.92 | GA 765984 | VARELA MOLEJON, LUCIA | ESP | | 3 Lucus Caixa Rural | 04/06/2022 | LOS CORRALES | | 4:46.92 | 4:46.92 |
| 04:48.94 | GA 766187 | DOCAMPO GAMARRA, INES | ESP | | 3 ADAS CUPA | 04/06/2022 | VIGO | | 4:48.94 | 4:48.94 |
| 3.000m FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 12:36.8 | AG 2022584 | GARCIA TRABA, JULIA | ESP | | 4 ASOCIACION | 22/01/2022 | LUGO | | 12:05.44 | 12:36.80 |
| 10:38.35 | GA 60035 | CAEIRO MARIÑO, ISABEL | ESP | | 4 S.G. Pontevedra | 23/04/2022 | PEREIRO DE | | 10:37.35 | 10:38.35 |
| 3.000m Obst. FEM. _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 11:46.41 | GA 60035 | CAEIRO MARIÑO, ISABEL | ESP | | 4 S.G. Pontevedra | 11/06/2022 | MONZÓN | | 11:46.41 | 11:46.41 |
| 3.000m Obst. FEM. _ABF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| | GA 2023317 | VIADEL TURJANICOVA, PATRICIE | ESP | | 0 CA Santiago | | | | 11:30.46 | |
| 100m vallas (0,84) FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 15.33 | GA 21 | SÁNCHEZ DEL VALLE VERGE, LUCÍA | ESP | | 4 Atletica Lucense | 21/05/2022 | SORIA | | 15.33 | 15.33 |
| 16.54 | GA 458 | AMIGO MATO, NEREA | ESP | | 4 Club Atletismo Sada | 18/06/2022 | LA CORUÑA | | 16.54 | 16.54 |
| 16.92 | AG 2020905 | BARBAZAN LESTA, LAURA | ESP | | 3 CA Santiago | 29/05/2022 | LA CORUÑA | | 16.92 | 16.92 |
| 100m vallas (0,84) FEM. AL _ABF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
| 14.39 | GA 17232 | RODRIGUEZ MIGUELEZ, TERESA | ESP | | 91 Riazor Coruña | 25/06/2022 | NERJA | | 14.39 | 14.39 |
| | AG 11460 | ROMAY REGA, CARLOTA | ESP | | 5 Riazor Coruña | | | | | |
| 400m vallas (0,762) FEM. AL _JF | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |

| | | | | | | | | | | |
|----------|-----------|------------------------|-----|--|-----------------------|------------|-------|--|---------|---------|
| 01:09.92 | GA 457 | OURENS ANIDO, MARIA | ESP | | 4 Club Atletismo Sada | 12/06/2021 | GIJÓN | | 1:09.92 | 1:10.68 |
| 01:17.88 | GA 769320 | FONSECA ALONSO, ALDARA | ESP | | 4 C.S.C.R. Beade | 04/06/2022 | VIGO | | 1:17.88 | 1:17.88 |

400m vallas (0,762) FEM. AL_ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|------------|----------------------------|------|-----|-------------------|------------|------------|--------|---------|---------|
| 01:06.21 | GA 17232 | RODRIGUEZ MIGUELEZ, TERESA | ESP | | 91 Riazor Coruña | 18/07/2021 | VIGO | | 1:06.21 | |
| 01:11.55 | AG 2028390 | PAMPIN LEIRO, SOFIA | ESP | | 6 S.G. Pontevedra | 26/06/2022 | PEREIRO DE | | 1:11.55 | 1:11.55 |
| 01:13.07 | AG 11460 | ROMAY REGA, CARLOTA | ESP | | 5 Riazor Coruña | 03/07/2021 | LUGO | | 1:13.07 | 1:13.16 |

Altura FEM. AL_JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-------------|----------------------------|------|-----|----------------------|------------|---------|--------|------|------|
| | 1,45 GA 904 | MOREIRAS GONÇALES, ARIADNA | ESP | | 4 At. Femenino Celta | 12/02/2022 | OURENSE | | 1.42 | 1.40 |

Altura FEM. AL_ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|---------------|-------------------------|------|-----|-----------------|------------|------------|--------|------|------|
| | 1,47 AG 11460 | ROMAY REGA, CARLOTA | ESP | | 5 Riazor Coruña | 19/06/2021 | PONTEVEDRA | | 1.47 | |
| | 1,42 AG 14402 | LAYA RODRIGUEZ, DANIELA | VEN | | 6 Riazor Coruña | 18/06/2022 | LA CORUÑA | | 1.42 | 1.42 |

Pértiga FEM. AL_JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|---------------|----------------------|------|-----|------------------------|------------|-----------|--------|------|------|
| | 2,6 GA 766122 | BLANCO MENDEZ, MARIA | ESP | | 3 Ria Ferrol-C. Arenal | 14/05/2022 | CASTELLÓN | | 2.60 | 2.60 |

Pértiga FEM. AL_ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|---------------|-----------------------------|------|-----|---------------------|------------|------------|--------|------|------|
| | 3,11 GA 17219 | FERREIRO LIÑARES, LUCIA | ESP | | 79 S.G. Pontevedra | 02/06/2022 | PONTEVEDRA | | 3.45 | 3.11 |
| | 2,9 GA 765828 | GONZALEZ FERMOSE, MARTA | ESP | | 84 S.G. Pontevedra | 30/04/2022 | PONTEVEDRA | | 3.12 | 2.90 |
| | 2,87 GA 424 | BELLO RODRIGUEZ, HELENA | ESP | | 8 At Vila de Cangas | 18/06/2022 | PEREIRO DE | | 2.87 | 2.87 |
| | 2,85 GA 492 | PÉREZ LÓPEZ, MARINA ARTEMIA | ESP | | 7 S.G. Pontevedra | 04/05/2022 | PONTEVEDRA | | 2.85 | 2.85 |
| | 2,42 AG 5574 | FERNÁNDEZ GUNTIÑAS, REBECA | ESP | | 9 CD La Purisima | 18/06/2022 | PEREIRO DE | | 2.42 | 2.42 |

Longitud FEM. AL_JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|----------------|--------------------------------|------|-----|------------------------|------------|------------|--------|------|------|
| | 5,76 GA 21 | SÁNCHEZ DEL VALLE VERGE, LUCÍA | ESP | | 4 Atletica Lucense | 12/03/2022 | ANTEQUERA | | 5.72 | 5.52 |
| | 5,57 GA 768595 | BARRAGANS SANCHEZ, MARTA | ESP | | 3 S.G. Pontevedra | 22/05/2021 | PONTEVEDRA | | 5.57 | 5.06 |
| | 5,31 GA 768775 | MOURELLE TEIJEIRO, CARLA | ESP | | 3 Lucus Caixa Rural | 06/05/2022 | LA CORUÑA | | 5.53 | 5.31 |
| | 5,21 GA 769317 | RAVIÑA VALENCIA, MANUELA | ESP | | 4 CA Santiago | 12/06/2021 | LUGO | | 5.21 | 5.17 |
| | 5,1 GA 961 | CORNES AGUIAR, ALDARA | ESP | | 4 At. Femenino Celta | 26/06/2022 | PEREIRO DE | | 5.10 | 5.10 |
| | 4,91 GA 768864 | OGIE UGO, ROSALINDA | NGR | | 4 Ria Ferrol-C. Arenal | 26/06/2022 | PEREIRO DE | | 5.08 | 4.91 |
| | 4,91 GA 114 | MOSQUERA DEL RIO, PAULA | ESP | | 3 Atletica a Silva | 14/03/2021 | OURENSE | | 4.79 | |
| | 3,99 AG 12837 | ALONSO VIEITES, CELIA | ESP | | 3 At. Femenino Celta | 22/05/2022 | VIGO | | 3.99 | 3.99 |

Longitud FEM. AL_ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|--------------------------------|------|-----|-----------------------|------------|------------|---------|------|------|
| | 5,86 GA 2022083 | VILLVERDE PUENTE, ANDREA | ESP | | 2 S.G. Pontevedra | 11/06/2022 | MONZÓN | | 5.86 | 5.86 |
| | 4,76 AG 14402 | LAYA RODRIGUEZ, DANIELA | VEN | | 6 Riazor Coruña | 18/06/2022 | LA CORUÑA | | 4.76 | 4.76 |
| | 4,42 AG 2016062 | MILLARES JURJO, NURIA | ESP | | 97 CA Santiago | 20/06/2021 | PONTEVEDRA | | 4.79 | 4.33 |
| | 4,37 GA 927 | MARTINEZ PRIETO, ANTIA | ESP | | 8 Club Atletismo Sada | 29/05/2022 | LA CORUÑA | | 4.37 | 4.37 |
| | 4,29 GA 964 | CARBALLEIRA CAMPOS, AMARA | ESP | | 8 Club Atletismo Sada | 18/06/2022 | LA CORUÑA | | 4.29 | 4.29 |
| | 4,23 GA 785 | FERNANDEZ DE LA PRADILLA NOYA, | ESP | | 8 Club Atletismo Sada | 06/05/2022 | LA CORUÑA | | 4.23 | 4.23 |
| | GA 660 | GRACIA LADO, BLANCA | ESP | | 7 Club Atletismo Sada | | | 4.15 PC | 3.56 | |
| | 4,45 GA 533 | REGUEIRO RIAL, INÉS | ESP | | 7 Club Atletismo Sada | 03/07/2021 | LUGO | | 4.45 | 4.30 |
| | 5,67 GA 16038 | VALVERDE GONZALEZ, TANIA | ESP | | 88 ADAS CUPA | 12/06/2022 | NOIA | | 5.69 | 5.67 |

Triple Salto FEM. AL_JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|-----------------|--------------------------|------|-----|---------------------|------------|-------|--------|-------|-----|
| | 10,85 GA 768775 | MOURELLE TEIJEIRO, CARLA | ESP | | 3 Lucus Caixa Rural | 12/06/2021 | LUGO | | 11.30 | |

| | | | | | | | | | | | |
|----------------------------------|-----------------|-----------------------|--------------------------------|------------|--------------------------|---------------------------|--------------|----------------|------------|------------|-------|
| | 10,4 | GA 768595 | BARRAGANS SANCHEZ, MARTA | ESP | | 3 S.G. Pontevedra | 30/04/2022 | PONTEVEDRA | 10.53 | 10.59 | 10.40 |
| Triple Salto FEM. AL_ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 10,61 | AG 14402 | LAYA RODRIGUEZ, DANIELA | VEN | | 6 Riazor Coruña | 18/06/2022 | LA CORUÑA | 10.61 | 10.61 | |
| | 9,58 | AG 2021497 | LOIS CAMPOS, LUCÍA | ESP | | 5 S.G. Pontevedra | 15/06/2022 | PONTEVEDRA | 9.58 | 9.58 | |
| | 9,48 | AG 2026743 | DIAZ RUIZ, ALBA | ESP | | 6 La Mochila del Deporte | 22/05/2022 | PONTEVEDRA | 9.48 | 9.48 | |
| Peso (4kg) FEM. AL_JF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 12,61 | GA 2023462 | LAGO ANDRADE, XIANA | ESP | | 4 Ria Ferrol-C. Arenal | 12/06/2021 | VALLADOLID | 12.61 | 12.56 | |
| | 7,99 | AG 2028289 | KHALLOUK , MARIEM | MAR | | 3 Atletismo Deza | 19/06/2021 | PONTEVEDRA | 7.99 | | |
| | 7,69 | GA 548 | DEZA DOMINGUEZ, MARIA | ESP | | 3 AA Mazi | 20/02/2022 | OURENSE | 7.60 | | |
| | 7,16 | AG 2023800 | REBOREDO NUÑEZ, NOELIA | ESP | | 4 Atletismo Deza | 20/02/2022 | OURENSE | 6.74 | | |
| Peso (4kg) FEM. AL_ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 10,21 | GA 769414 | FERNANDEZ GUEDE, EVELYN | ESP | | 1 Club Atletismo Naron | 18/06/2022 | PONTEVEDRA | 11.61 | 10.21 | |
| | 9,86 | GA 428 | FERNANDEZ GUEDE, ERIKA | ESP | | 6 Club Atletismo Naron | 15/01/2022 | GIJÓN | 9.86 | 9.86 | |
| Disco (1kg) FEM. _JF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 40,09 | GA 2023462 | LAGO ANDRADE, XIANA | ESP | | 4 Ria Ferrol-C. Arenal | 18/07/2021 | VIGO | 40.09 | 37.75 | |
| | 37,48 | GA 769366 | PIÑON SUREDA, PAULA | ESP | | 3 At. Femenino Celta | 30/04/2022 | PONTEVEDRA | 38.87 | 37.48 | |
| | 33 | GA 114 | MOSQUERA DEL RIO, PAULA | ESP | | 3 Atletica a Silva | 18/07/2021 | VIGO | 33.00 | 32.34 | |
| | 27,11 | GA 548 | DEZA DOMINGUEZ, MARIA | ESP | | 3 AA Mazi | 04/06/2022 | VIGO | 27.11 | 27.11 | |
| Disco (1kg) FEM. _ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 44,18 | GA 73 | EZQUERRO FERNÁNDEZ, MARÍA | ESP | | 99 Club Atletismo Sada | 15/06/2022 | PONTEVEDRA | 44.18 | 44.18 | |
| | 37,25 | GA 769414 | FERNANDEZ GUEDE, EVELYN | ESP | | 1 Club Atletismo Naron | 18/06/2022 | PONTEVEDRA | 37.25 | 37.25 | |
| | 28,55 | GA 428 | FERNANDEZ GUEDE, ERIKA | ESP | | 6 Club Atletismo Naron | 22/05/2022 | PONTEVEDRA | 28.55 | 28.55 | |
| Martillo (4kg) FEM. _JF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 51,18 | GA 768988 | NEIRA RODRIGUEZ, MARTA | ESP | | 4 Valencia Club Atletismo | 06/03/2021 | PONTEVEDRA | 51.18 | 49.34 | |
| | 43,96 | GA 2023570 | SANTOS GARCIA, EVA | ESP | | 4 Club Atletismo Sada | 02/06/2022 | PONTEVEDRA | 43.96 | 43.96 | |
| | 27,21 | AG 2023800 | REBOREDO NUÑEZ, NOELIA | ESP | | 4 Atletismo Deza | 13/03/2022 | PONTEVEDRA | 27.21 | 27.21 | |
| Martillo (4kg) FEM. _ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 36,34 | GA 764758 | QUIROGA GUTIÉRREZ, MARIA | ESP | | 99 Lucus Caixa Rural | 17/04/2021 | O BARCO DE | 36.34 | 33.65 | |
| Jabalina (600g) FEM. _JF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 47,71 | GA 769366 | PIÑON SUREDA, PAULA | ESP | | 3 At. Femenino Celta | 11/06/2022 | MONZÓN | 47.71 | 47.71 | |
| | 44,07 | GA 765992 | PENA FERREIRO, MARIA | ESP | | 3 At. Femenino Celta | 07/08/2021 | LEIRIA - (POR) | 44.07 | 42.13 | |
| | 34,35 | GA 21 | SÁNCHEZ DEL VALLE VERGE, LUCÍA | ESP | | 4 Atletica Lucense | 14/05/2022 | LUGO | 34.35 | 34.35 | |
| Jabalina (600g) FEM. _ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | 35,74 | GA 768860 | RICO BOUZA, LAURA | ESP | | 5 Ria Ferrol-C. Arenal | 26/06/2022 | PEREIRO DE | 35.74 | 35.74 | |
| 4x100m FEM. AL_ABF | | | | | | | | | | | |
| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT | |
| | AG 2025628 | ALVAREZ ALONSO, CELIA | ESP | | 5 S.G. Pontevedra | | | | | | |
| | AG 2026743 | DIAZ RUIZ, ALBA | ESP | | 6 La Mochila del Deporte | | | | | | |
| | AG 2021497 | LOIS CAMPOS, LUCÍA | ESP | | 5 S.G. Pontevedra | | | | | | |

| | | | |
|------------|----------------------------|-----|--------------------------|
| AG 5471 | MARTINEZ SANCHEZ, NOELIA | ESP | 5 S.G. Pontevedra |
| GA 598 | MERA GINES, CAROLINA DELIA | ESP | 7 La Mochila del Deporte |
| AG 2028390 | PAMPIN LEIRO, SOFIA | ESP | 6 S.G. Pontevedra |
| AG 765879 | VAZQUEZ HERMIDA, LUCIA | ESP | 3 La Mochila del Deporte |
| GA 597 | VAZQUEZ HERMIDA, PAULA | ESP | 7 La Mochila del Deporte |

Heptatlón FEM. JF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|-------|------------|--------------------------|------|-----|-------------------|------------|-----------|---------------|-------|-------|
| 2.764 | AG 2020905 | BARBAZAN LESTA, LAURA | ESP | | 3 CA Santiago | 08/05/2022 | LA CORUÑA | | 2.764 | 2.764 |
| 0 | AG 14777 | ALONSO REGUEIRO, NATALIA | ESP | | 4 Xuncas Diversia | | | 1931 pntos de | | |

5.000m Marcha FEM. en pista ABF

| Marca | Licencia | Nombre | Nac. | Año | Club | Fecha | Lugar | Dorsal | MMP | MMT |
|----------|----------|------------------------|------|-----|--------------------------|------------|------------|--------|----------|----------|
| 28:49.98 | GA 595 | CAINZOS GARCIA, ANDREA | ESP | | 6 La Mochila del Deporte | 23/04/2022 | PEREIRO DE | | 28:49.98 | 28:49.98 |