

IX CARREIRA POPULAR VOLTA A OZA, A Coruña 11/09/2022

Prueba Absoluta. Distancia: 6.250 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Control (km 2,4)	Licenza	Club	Localidade
1	3046	FACUNDO MEDARD		SNM- 1	00:19:27	00:03:07	00:08:05		TRIATLON ARTEIXO	CULLEREDO
2	67	ALVARO PRESEDO FRAGUÍO		MS1M- 1	00:19:56	00:03:12	00:08:17		CLUB MARINEDA ATLETICO	ARTEIXO
3	119	YAGO IGNACIO GARCÍA SAINZ		SUB20M- 1	00:20:00	00:03:12	00:08:21	AG2024952	CLUB ATLETISMO SANTIAGO	SANTIAGO DE COMPOSTELA
4	1	ABDELAZIZ FATIHI		SNM- 2	00:20:09	00:03:14	00:08:27			CORUÑA (A)
5	1609	ÁLVARO MARÍN PÉREZ		SNM- 3	00:20:25	00:03:16	00:08:27		THE COBARDES	SAN FERNANDO
6	3074	ALEJANDRO SERRANO BUJAN		MS2M- 1	00:20:37	00:03:18	00:08:37			LA CORUÑA
7	3083	JUAN VÁZQUEZ AMADO		SNM- 4	00:22:52	00:03:40	00:08:50		TRIATLÓN ARTEIXO	MIÑO
8	3059	ALEJANDRO PÉREZ VARELA		SNM- 5	00:22:54	00:03:40			TRIATLON ARTEIXO	CORUÑA (A)
9	3027	BRUNO GARCIA CERDEIRAS		MS3M- 1	00:22:56	00:03:41	00:08:37	AG2018883	ATLETAS DE ACEA DE AMA	CULLEREDO
10	74	ELOY GONZALEZ HORTA		MS1M- 2	00:22:59	00:03:41	00:08:37		CLUB TRIATLON CORUÑA	CORUÑA (A)
11	19	FERNANDO VÁZQUEZ ARES		MS3M- 2	00:23:01	00:03:41	00:08:48		ATLETAS DE ACEA DE AMA	CULLEREDO
12	110	LUCIANO JESÚS CARRETERO SANCHEZ		MS1M- 3	00:23:02	00:03:42	00:08:47		TRAILEROS TOXOS&BIRRAS	CORUÑA (A)
13	10	CARLOS IGLESIAS AREA		MS2M- 2	00:23:13	00:03:43	00:08:49	AG2015548	CLUB SAN MIGUEL DE MARÍN	CORUÑA (A)
14	68	FRANCISCO JAVIER MASEDA CARBALLO		MS3M- 3	00:23:15	00:03:44	00:08:49	AG202838	CLUB MARINEDA ATLETICO	A CORUÑA
15	121	DAVID ESTEBAN FERREIRO		SNM- 6	00:23:25	00:03:45	00:08:48		MAR DE ARTABRIA	CARRAL
16	1505	RUBEN BREGUA CHAS		MS2M- 3	00:23:25	00:03:45	00:08:54		CLUB MARINEDA ATLETICO	CULLEREDO
17	1770	ANTÓN GÓMEZ LÓPEZ		SUB23M- 1	00:23:25	00:03:45	00:08:48	GA 255	CLUB ATLETISMO SANTIAGO	CULLEREDO
18	3	ANGEL MACEIRAS LAGO		MS3M- 4	00:23:28	00:03:46	00:09:01	AG2014771	ATLETISMO SAR	CULLEREDO
19	3076	IVAN SOLIS POSE		SNM- 7	00:23:32	00:03:46	00:08:49		CLUB TRIATLON CERVECERIA O COTON	SANTA COMBA
20	7	NICOLAS FERNANDO BAS ROTH		MS1M- 4	00:23:51	00:03:49	00:08:57	GA71	CLUB ATLETISMO SADA	CULLEREDO
21	136	PABLO SEOANE AMOR		MS1M- 5	00:24:02	00:03:51	00:09:04			BETANZOS
22	100	XAQUIN BUGALLO DEL PUERTO		MS2M- 4	00:24:04	00:03:51	00:09:13		RUNNING OLEIROS	CULLEREDO
23	44	JOSE LUIS ROIBAS FERNANDEZ		MS4M- 1	00:24:08	00:03:52	00:09:13		CLUB ATLETISMO SADA	CAMBRE
24	163	JOSE ANTONIO GONTAN CASTRO		MS4M- 2	00:24:25	00:03:55	00:09:19			SANTIAGO
25	92	GABRIEL PIZARRO VARELA		MS2M- 5	00:24:30	00:03:56	00:09:17		NOSPORTLIMIT	CORUÑA (A)
26	171	PABLO LEMA		MS4M- 3	00:24:31	00:03:56	00:09:23	AG-2026832		CORUÑA (A)
27	69	ALEXANDRE RODRÍGUEZ PAZ		MS2M- 6	00:24:33	00:03:56	00:09:17			CULLEREDO
28	153	GUSTAVO VILLAR PÉREZ		MS3M- 5	00:24:34	00:03:56	00:09:25			A CORUÑA
29	91	JUAN CARLOS VAZQUEZ GRELA		MS1M- 6	00:24:43	00:03:58	00:09:38		NOSPORTLIMIT	CORUÑA (A)
30	3269	IAGO MEDIN LEIRO		MS1M- 7	00:24:48	00:03:59	00:09:17			CORUÑA (A)
31	3045	JOSE LOSADA PEREZ		MS2M- 7	00:24:52	00:03:59	00:09:32			A CORUÑA
32	38	PABLO FERNANDEZ DIAZ		SUB20M- 2	00:24:55	00:04:00	00:09:21		CLUB ATLETISMO RIBADEO	RIBADEO
33	3035	JORGE CARLOS GONZÁLEZ GARCÍA		MS1M- 8	00:24:58	00:04:00	00:09:18		NOSPORTLIMIT	A CORUÑA
34	49	JESUS ALVAREZ CHINCHILLA		MS5M- 1	00:25:13	00:04:02	00:09:31		RUNNING OLEIROS	OLEIROS
35	135	ADRIÁN CONDE FRAGA		MS1M- 9	00:25:21	00:04:04	00:09:12			ARTEIXO
36	3073	RAMON SERANTES GÓMEZ		MS4M- 4	00:25:30	00:04:05	00:09:30	GA-766086	CLUB MARINEDA ATLETICO	A CORUÑA
37	592	DANIEL BERMUDEZ ALVAREZ		MS1M- 10	00:25:31	00:04:05	00:09:46			A CORUÑA
38	509	PABLO DOPAZO		SNM- 8	00:25:33	00:04:06	00:09:56		CLUB MARINEDA ATLETICO	LA CORUÑA
39	3023	IAGO FERNÁNDEZ DEL RIO		SUB23M- 2	00:25:41	00:04:07	00:09:52			CULLEREDO
40	3001	RICARDO ALONSO FERNÁNDEZ		MS2M- 8	00:25:43	00:04:07	00:09:53			VERÍN
41	95	ANTONIO BAAMONDE SANDE		MS3M- 6	00:25:45	00:04:08	00:10:01		NOSPORTLIMIT	CORUÑA (A)
42	1537	IAGO BARRO SANCHEZ		SNM- 9	00:25:46	00:04:08	00:10:05		PEÑA LAR TRAIL	VIVEIRO
43	86	EDELMIRO PORTO BLANCO		MS2M- 9	00:25:49	00:04:08	00:10:04	CICLISMO	MESOIRO CD	OLEIROS
44	43	FERNANDO BOUZÓN OTERO		MS3M- 7	00:25:50	00:04:08	00:09:52		CLUB ATLETISMO SADA	SADA
45	603	JAVI BREGUA		MS2M- 10	00:25:58	00:04:10	00:10:04	INDEPENDENTE		CORUÑA (A)
46	3043	ALBERTO LOPEZ CRESPO		MS1M- 11	00:25:59	00:04:10	00:09:58			CORUÑA (A)
47	158	ALVARO LOPEZ JACOME		MS3M- 8	00:26:03	00:04:11	00:10:01			CORUÑA (A)
48	96	JUANKY AGEITOS SAMPEDRO		MS1M- 12	00:26:08	00:04:11	00:09:51		EL CANARIO	RIBEIRA
49	101	FRANCISCO JAVIER GONZÁLEZ LEDO		MS4M- 5	00:26:09	00:04:12	00:10:00	AG2024183	RUNNING OLEIROS	CULLEREDO

50	155	FRAN RAMOS		MS3M- 9	00:26:14	00:04:12	00:10:13			CORUÑA (A)
51	140	JOSÉ PARÍS LÓPEZ		MS2M- 11	00:26:24	00:04:14	00:10:34			ABEGONDO
52	102	JOSE LUIS RIO SILVA		MS5M- 2	00:26:27	00:04:14	00:10:03	AG 2021591	RUNNING OLEIROS	OLEIROS
53	1743	FRANCISCO GÓMEZ SUEIRAS		MS4M- 6	00:26:33	00:04:15	00:10:09			CULLEREDO
54	15	JOSÉ ANTONIO GARCÍA MÉNDEZ		MS3M- 10	00:26:36	00:04:16	00:10:04	TGAL135	ASOCIACIÓN DEPORTIVA CERNE	CORUÑA (A)
55	3044	PEDRO PABLO LORENZO DIAZ		MS3M- 11	00:26:39	00:04:16	00:10:01		NOSPORTLIMIT	LA CORUÑA
56	125	DAVID CHAS ÁLVAREZ		SNM- 10	00:26:40	00:04:16	00:10:24			CORUÑA (A)
57	23	JESÚS ASTRAY CASTRO		MS4M- 7	00:26:42	00:04:17	00:10:18		ATLETAS DE ACEA DE AMA	CORUÑA (A)
58	3265	ALEJANDRO MAHÍA REY		SNM- 11	00:26:43	00:04:17	00:09:52			CORUÑA (A)
59	170	FERNANDO PEREZ HERNANDEZ		MS4M- 8	00:26:45	00:04:17	00:10:24	AG2019970	INDEPENDIENTE	CORUÑA (A)
60	122	DANIEL DOMÍNGUEZ		SNM- 12	00:26:51	00:04:18	00:10:14			A CORUÑA
61	653	JOSE MANUEL GARCIA VUELTA		MS1M- 13	00:26:53	00:04:18	00:10:11		LUKE ATHLETICS	A CORUÑA
62	3029	JULIAN JOSE GESTO CAABEIRO		MS6M- 1	00:26:56	00:04:19	00:10:10		RUNNING OLEIROS	OLEIROS
63	1511	PABLO GRANDÍO NOCHE		MS1M- 14	00:26:57	00:04:19	00:10:37			CORUÑA (A)
64	94	CARLOS OJEA CASTRO		MS3M- 12	00:27:00	00:04:20	00:10:12		NOSPORTLIMIT	CORUÑA (A)
65	3203	OSCAR AMADO FONSECA		MS2M- 12	00:27:00	00:04:20	00:10:23		OPA FERROL TEAM RUNNING	CORUÑA (A)
66	1619	MARTÍN BLANCO PREGO		SUB23M- 3	00:27:00	00:04:20	00:10:23			LA CORUÑA
67	97	JOSE ANTONIO FERNÁNDEZ RODRÍGUEZ		MS2M- 13	00:27:01	00:04:20	00:10:27	GA765		ARTEIXO
68	1597	DANIEL CARRO TOXO		MS1M- 15	00:27:02	00:04:20	00:10:25		MESOIRO CD	CORUÑA (A)
69	3300	ADRIÁN SÁNCHEZ MOLINA		SNM- 13	00:27:02	00:04:20	00:10:41			CORUÑA (A)
70	3022	PABLO FEIJOO VILANOVA		SNM- 14	00:27:08	00:04:21	00:10:23		CLUB PIRAGÜISMO FLUVIAL ALLARIZ	ALLARIZ
71	115	DANIEL SANCHEZ GOMEZ		SNM- 15	00:27:13	00:04:22	00:10:06			A CORUÑA
72	48	XOÁN GALÁN PRESAS		MS4M- 9	00:27:13	00:04:22	00:10:37		CLUB ATLETISMO SADA	CORUÑA (A)
73	33	EMILIO MARTINEZ ANTA		MS5M- 3	00:27:20	00:04:23	00:10:26			A CORUÑA
74	179	UXÍA RODRÍGUEZ NEGREIRA	F- 1	SNF- 1	00:27:23	00:04:23	00:10:27			OURENSE
75	1516	NACHO CAMPOS NIÑO		MS3M- 13	00:27:25	00:04:24	00:10:25			A CORUÑA
76	3025	IVAN FONTAN MONTEAGUDO		SNM- 16	00:27:27	00:04:24	00:10:08			MEIS
77	3050	GONZALO MUIÑO CODESIDO		MS4M- 10	00:27:28	00:04:24	00:10:41		ATLETAS DE ACEA DE AMA	CAMBRE
78	2	NEREA SANCHEZ ROCHA	F- 2	SNF- 2	00:27:29	00:04:24	00:10:18			A CORUÑA
79	79	ANGELA TORRENTE INSUA	F- 3	MS2F- 1	00:27:31	00:04:25	00:10:43	GA2023397	KIRÓS	NARÓN
80	145	ALEJANDRO SANCHEZ RAMOS		MS2M- 14	00:27:31	00:04:25	00:10:18		INDEPENDIENTE	CORUÑA (A)
81	3246	RAÚL GIUNTA MARTÍNEZ		SUB23M- 4	00:27:32	00:04:25	00:11:02			A CORUÑA
82	3258	ROBERTO CARLOS LAGO FERNÁNDEZ		MS2M- 15	00:27:35	00:04:25	00:10:52		PASA OU ENTORNA	NARÓN
83	52	NATI SANCHEZ	F- 4	MS2F- 2	00:27:37	00:04:26	00:10:17		RUNING OLEIROS	OLEIROS
84	1506	JUAN CARLOS BERGONDO BRANDARIZ		MS5M- 4	00:27:39	00:04:26	00:10:36		RUNNING OLEIROS	OLEIROS
85	3234	ADRIÁN FARIÑA MARTÍNEZ		SNM- 17	00:27:44	00:04:27	00:11:01			
86	133	IAGO CRESPO TABOADA		MS1M- 16	00:27:51	00:04:28	00:10:54			CORUÑA (A)
87	3222	MARCOS CASTRO IBÁÑEZ		SUB23M- 5	00:27:54	00:04:28	00:11:44			A CORUÑA
88	173	MIGUEL DÍAZ CARBALLO		MS5M- 5	00:27:54	00:04:28	00:11:03			BETANZOS
89	3055	MANUEL ABEL PASTORIZA MIRANDA		MS3M- 14	00:27:57	00:04:29	00:10:48	AG 764110	CARREIRA ARTEIXO	CORUÑA (A)
90	284	ROBERTO DOCAMPO SUÁREZ		MS2M- 16	00:27:57	00:04:29	00:10:36			A CORUÑA
91	1628	HUGO SEIJO NAVEIRA		SNM- 18	00:27:58	00:04:29	00:11:35			
92	1627	GABRIEL GONZALEZ BARBEITO		SNM- 19	00:28:01	00:04:29	00:11:38			A CORUÑA
93	124	FERNANDO JOSE VARELA CASTRO		SNM- 20	00:28:05	00:04:30	00:10:48			CORUÑA (A)
94	3247	MARTÍN IGOR GÓMEZ-RANDULFE RODRÍGUEZ		SNM- 21	00:28:05	00:04:30	00:10:35			
95	561	JESUS VAZQUEZ RODRIGUEZ		MS7M- 1	00:28:07	00:04:30	00:10:51			A CORUÑA
96	215	RUBEN MENÉNDEZ FERNÁNDEZ		MS3M- 15	00:28:08	00:04:30	00:10:39		CLUB DEPORTIVO GAS NATURAL FENOSA	A CORUÑA
97	157	JOSE ANTONIO FERNANDEZ VAZQUEZ		MS3M- 16	00:28:08	00:04:31	00:11:09			A CORUÑA
98	3230	JOAQUÍN DOMÍNGUEZ ESPIÑEIRA		SUB23M- 6	00:28:12	00:04:31	00:10:30			BETANZOS
99	111	SANTIAGO GARCÍA BELLO		MS4M- 11	00:28:14	00:04:31	00:11:02		TRASNOS	CAMBRE
100	259	MANUEL SUÁREZ SÁNCHEZ		SNM- 22	00:28:16	00:04:32	00:10:37			NARÓN
101	3360	MIGUEL MARROZOS LOPEZ		MS2M- 17	00:28:16	00:04:32	00:11:37			A CORUÑA
102	1662	SANTIAGO COTOS CASTRO		MS1M- 17	00:28:16	00:04:32	00:11:15			A CORUÑA
103	636	DIEGO VÁZQUEZ PÉREZ		MS1M- 18	00:28:18	00:04:32	00:11:03			A CORUÑA

104	70	AMIRA SIMÓN MARTINEZ	F- 5	SNF- 3	00:28:19	00:04:32	00:10:52		CLUB TRIATLON CORUÑA	CORUÑA (A)
105	3299	PEDRO SANCHEZ CARRACEDO		SNM- 23	00:28:19	00:04:32	00:11:14			SANTIAGO DE COMPOSTELA
106	548	SERGIO SANTOS CONCHEIRO		MS1M- 19	00:28:20	00:04:32	00:10:29			A CORUÑA
107	28	REBECA SOTO VIÑAS	F- 6	MS3F- 1	00:28:20	00:04:32	00:10:59		ATLETISMO NARON	FERROL
108	166	MANUEL REGUEIRA FERRO		MS4M- 12	00:28:21	00:04:33	00:11:02			CORUÑA (A)
109	185	VANESSA RAMA	F- 7	MS2F- 3	00:28:25	00:04:33	00:11:08			A CORUÑA
110	161	JUAN JOSÉ GÓMEZ CORTÉS		MS3M- 17	00:28:27	00:04:33	00:11:02		INDEPENDIENTE	A CORUÑA
111	365	BEATRIZ MUIÑO VIDAL	F- 8	MS1F- 1	00:28:28	00:04:34	00:10:32			A CORUÑA
112	3075	DARÍO SISO CALVO		MS1M- 20	00:28:36	00:04:35	00:11:27			A CORUÑA
113	180	ELENA SUÁREZ GESTO	F- 9	MS1F- 2	00:28:38	00:04:35	00:10:50			CORUÑA (A)
114	30	ADOLFO GARCÍA ALONSO		MS2M- 18	00:28:38	00:04:35	00:10:51		BEER RUNNERS CORUÑA	CORUÑA (A)
115	1633	JOEL SÁNCHEZ PIÑERO		SNM- 24	00:28:41	00:04:36	00:11:39			CAMBRE
116	684	ALFONSO GARCÍA BELLO		MS5M- 6	00:28:42	00:04:36	00:10:57		CHITO	CAMBRE
117	103	SAUL GOMEZ ARROJO		MS6M- 2	00:28:43	00:04:36	00:10:47		RUNNING OLEIROS	CAMBRE
118	3285	JOSE RAMON RIOBOO IGLESIAS		MS1M- 21	00:28:45	00:04:36	00:11:42			
119	3062	VICTOR POLLAN NO		MS1M- 22	00:28:47	00:04:37	00:11:06			LUGO
120	3034	JOSE MANUEL GONZALEZ DURAN		MS1M- 23	00:28:47	00:04:37	00:11:44	34270837D	AD JARNACHAS	A CORUÑA
121	682	MANUEL FONTENLA MUIÑO		MS5M- 7	00:28:49	00:04:37	00:11:13	A7951		CORUÑA (A)
122	3275	ANDRÉ PAN		SNM- 25	00:28:49	00:04:37	00:10:46			
123	618	JULIO VÁZQUEZ PEDREIRA		MS5M- 8	00:28:49	00:04:37	00:11:08			BETANZOS
124	3054	ANTONIO PACHÓN MORENO		MS1M- 24	00:28:51	00:04:37	00:11:07			A CORUÑA
125	3252	FÉLIX HERNÁNDEZ LÓPEZ		SUB23M- 7	00:28:51	00:04:37	00:11:04			ARTEIXO
126	3087	AZIZ ZIRANI GATTARI		MS4M- 13	00:28:52	00:04:38	00:11:07			A CORUÑA
127	53	NOEMI MORAL NAVAZO	F- 10	MS2F- 4	00:28:57	00:04:38	00:11:00	GA 769056	CLUB ATLETISMO SADA	OLEIROS
128	3306	IAGO VARELA VÁZQUEZ		MS2M- 19	00:28:59	00:04:39	00:11:05			A CORUÑA
129	3257	PAUL KELSALL		MS3M- 18	00:28:59	00:04:39	00:11:32			A CORUÑA
130	164	SUSO PENSADO FIGUEIRAS		MS4M- 14	00:29:01	00:04:39	00:11:37			CABOVILAÑO-A LARACHA
131	3058	DANIEL PEREZ LOMBA		MS3M- 19	00:29:03	00:04:39	00:11:11		INDEPENDIENTE	A CORUÑA
132	275	ENRIQUE CABANA PICADO		MS1M- 25	00:29:06	00:04:40	00:11:28			A CORUÑA
133	62	JAVIER VILLAMISAR VÁZQUEZ		SNM- 26	00:29:06	00:04:40	00:11:48		CLUB HÉRCULES TERMARIA	A CORUÑA
134	1514	RAMÓN ALBA DOMINGUEZ		MS2M- 20	00:29:08	00:04:40	00:11:43			A CORUÑA
135	118	YAGO DANIEL RÍO PEREIRA		SUB20M- 3	00:29:09	00:04:40	00:10:36			FERROL
136	3308	ADRIÁN VIGO BARREIRO		SNM- 27	00:29:09	00:04:40	00:11:26			ARTEIXO
137	610	JUAN REBOREDO RODRIGUEZ		MS3M- 20	00:29:10	00:04:40	00:11:18			CORUÑA (A)
138	219	FRANCISCO JAVIER VILLAMISAR CALVIÑO		MS5M- 9	00:29:12	00:04:41	00:11:48			LA CORUÑA
139	1634	ALEJANDRO ORGEIRA MARTÍNEZ		SNM- 28	00:29:12	00:04:41	00:12:08			ABEGONDO
140	285	OSCAR CABANA PICADO		MS2M- 21	00:29:17	00:04:42	00:11:27		INDEPENDIENTE	A CORUÑA
141	3241	DIEGO FERREIRO RODRIGUEZ		MS2M- 22	00:29:20	00:04:42	00:11:21			POLA DE LENA
142	1772	PABLO JUAN FRIEIRO GOMIS		MS1M- 26	00:29:24	00:04:43	00:11:50			FERROL
143	305	JAVIER FERNÁNDEZ MARTÍNEZ		MS3M- 21	00:29:31	00:04:44	00:11:25			CAMBRE
144	3302	FRANCESCO SCETTINI		MS2M- 23	00:29:34	00:04:44	00:11:59			CORUÑA
145	296	PABLO GARCIA BARBEIRA		MS3M- 22	00:29:39	00:04:45	00:11:47			AS PONTES
146	45	CARLOS AMOR GÓMEZ		MS4M- 15	00:29:40	00:04:45	00:11:23			A CORUÑA
147	3068	CARLOS RUZ		MS2M- 24	00:29:40	00:04:45	00:11:00			LA CORUÑA
148	85	ELENA GONZÁLEZ FERNÁNDEZ	F- 11	MS3F- 2	00:29:40	00:04:45	00:11:33		LA MOCHILA DEL DEPORTE	A CORUÑA
149	3010	SITO BERGONDO VÁZQUEZ		MS2M- 25	00:29:41	00:04:45	00:11:15			A CORUÑA
150	461	JOSE DANIEL LOSADA GONZÁLEZ		MS4M- 16	00:29:42	00:04:45	00:11:43			LA CORUÑA
151	1692	MANUEL CAÑÁS GARCÍA		MS2M- 26	00:29:42	00:04:46	00:11:09		CLUB ATLETISMO SADA	CARRAL
152	3065	JOSÉ MANUEL ROCA RODRIGUEZ		MS3M- 23	00:29:43	00:04:46	00:11:26			ARANGA
153	329	JESUS ÁNGEL SANTIUSTE INSUA		MS6M- 3	00:29:44	00:04:46	00:12:01			CORUÑA (A)
154	132	PABLO DELGADO GONZÁLEZ		MS1M- 27	00:29:45	00:04:46	00:11:26			OZA DOS RÍOS
155	265	OMAR VIDAL PEREZ		SNM- 29	00:29:46	00:04:46	00:11:30			O BARCO DE VALDEORRAS
156	291	MARCOS AMENEDO LAGO		MS2M- 27	00:29:47	00:04:46	00:11:42			CORUÑA (A)
157	3279	DAVID PEDREIRA		MS1M- 28	00:29:47	00:04:46	00:11:33			CORUÑA (A)

158	1804	IVÁN VELÁZQUEZ CHOZAS		MS2M- 28	00:29:50	00:04:47	00:11:23			CAMBRE
159	197	ANTONIO GARCIA BELLO		MS6M- 4	00:29:50	00:04:47	00:11:35		ATLETAS DE ACEA DE AMA	CAMBRE
160	634	ROBERTO REY LÓPEZ		MS1M- 29	00:29:51	00:04:47	00:11:51			CORUÑA (A)
161	1523	RAMÓN VIZOSO RIO		MS4M- 17	00:29:52	00:04:47	00:11:12		CLUB ATLETISMO SADA	SADA
162	78	ALFONSO JAVIER CASTRO SOUTO		MS1M- 30	00:29:53	00:04:47	00:11:52	AG2020402	GMTA&CHUVONERS	CORUÑA (A)
163	3067	ÁNGEL RODRÍGUEZ LADO		SNM- 30	00:29:56	00:04:48	00:11:25			A CORUÑA
164	3072	JOSÉ SAS GOLPE		MS3M- 24	00:29:56	00:04:48	00:11:53			BETANZOS
165	3005	RAUL BARBEITO GESTAL		MS2M- 29	00:29:59	00:04:48	00:10:58			ARTEIXO
166	40	MARTA FERNÁNDEZ DÍAZ	F- 12	SNF- 4	00:30:01	00:04:49	00:12:00		ATLETISMO RIBADEO	RIBADEO
167	641	JOAQUIN DOCAMPO GARCIA		MS2M- 30	00:30:02	00:04:49	00:11:29		INDEPENDIENTE	BERGONDO
168	662	MIGUEL PÉREZ REGO		SNM- 31	00:30:03	00:04:49	00:11:36			CORUÑA (A)
169	188	PURIFICACIÓN LÓPEZ MAHÍA	F- 13	M55F- 1	00:30:04	00:04:49	00:11:53		CLUB HÉRCULES TERMARIA	CORUÑA (A)
170	589	JULIAN MARTINEZ MERA		MS1M- 31	00:30:05	00:04:49	00:11:39			CORUÑA (A)
171	1738	JOSE RAMON GALLEG0		MS3M- 25	00:30:07	00:04:50	00:11:41			LARACHA (A)
172	366	SUSO RAMOS RODRIGUEZ		MS4M- 18	00:30:07	00:04:50	00:11:42	AG 2022293	A.D. DOWNHILL LARACHA	LARACHA (A)
173	570	ANTONIO LUIS GONZALEZ FERNANDEZ		MS3M- 26	00:30:08	00:04:50	00:11:29	AG2021667	LA MOCHILA DEL DEPORTE	CORUÑA (A)
174	454	RULLAR GARRIDO POSE		MS3M- 27	00:30:10	00:04:50	00:12:02			CORUÑA (A)
175	539	MIGUEL PITA ORDÓÑEZ		SNM- 32	00:30:11	00:04:50	00:11:40			A CORUÑA
176	1526	VICENTE FERNÁNDEZ BERMÚDEZ		MS3M- 28	00:30:11	00:04:50	00:12:01		CLUB HERCULES TERMARIA	CORUÑA (A)
177	344	MARTA MUIÑO VIDAL	F- 14	MS1F- 3	00:30:12	00:04:50	00:11:14			A CORUÑA
178	198	NADIA MRIMICHE	F- 15	MS2F- 5	00:30:13	00:04:50	00:11:43		ATLETAS DE ACEA DE AMA	CULLEREDO
179	3244	FERNANDO GARCIA LOPEZ		MS1M- 32	00:30:13	00:04:51	00:12:05			VIGO
180	4002	BRAIS GARCÍA PÉREZ		SNM- 33	00:30:14	00:04:51	00:12:03		COPCISA	A CORUÑA
181	3358	BRAIS MOSTEIRO GARCIA		MS2M- 31	00:30:15	00:04:51	00:11:33			
182	3238	JULIO CÉSAR FERNÁNDEZ RODRÍGUEZ		MS6M- 5	00:30:18	00:04:51	00:11:48			CORUÑA (A)
183	334	MANUEL OUTES PAZ		MS7M- 2	00:30:19	00:04:51	00:11:55		INDEPENDIENTE	CARBALLO
184	656	FRANCISCO JOSE ROCHA GARCÍA		MS2M- 32	00:30:19	00:04:51	00:11:19	AG10109		OZA DOS RÍOS
185	575	RICARDO LOURO VILARIÑO		MS2M- 33	00:30:23	00:04:52	00:11:39		P.C MONTEXALO	CAMBRE
186	3216	JOSÉ LUIS CAGIAO LAGARES		MS4M- 19	00:30:23	00:04:52	00:11:42			A CORUÑA
187	302	PABLO PEREDA FERNÁNDEZ		MS3M- 29	00:30:23	00:04:52	00:11:43			A CORUÑA
188	330	JUAN CARLOS MENÉNDEZ DOMÍNGUEZ		MS6M- 6	00:30:24	00:04:52	00:11:46			ARTEIXO
189	3026	JOSE CARLOS FREIRE SALORIO		MS2M- 34	00:30:28	00:04:53	00:11:46		NOSPORTLIMIT-TREK GALICIA	A CORUÑA
190	245	DANIEL CIUDAD		MS3M- 30	00:30:37	00:04:54	00:11:53			CORUÑA (A)
191	229	ELISA COBELO ROMERO	F- 16	MS3F- 3	00:30:40	00:04:55	00:12:05	GA182	CLUB LA MOCHILA DEL DEPORTE	LA CORUÑA
192	3214	JORGE BUSTO MARIÑO		MS2M- 35	00:30:41	00:04:55	00:13:00			CORUÑA (A)
193	3357	JAVIER OUBIÑA ABUIN		MS2M- 36	00:30:45	00:04:56	00:11:56			A CORUÑA
194	3361	JOAQUIN PIÑOL CHAS		MS3M- 31	00:30:47	00:04:56	00:12:00		NOSPORTLIMIT	CORUÑA (A)
195	243	CARLOS ALVAREZ FERNÁNDEZ		MS3M- 32	00:30:49	00:04:56	00:12:51		NOSPORTLIMITS	CULLEREDO
196	1644	STEVEN SPADAFFORA CEDIEL		SNM- 34	00:30:52	00:04:57	00:12:14			CORUÑA (A)
197	3253	DANIEL IGLESIAS GIAO		SNM- 35	00:30:56	00:04:57	00:12:40			FERROL
198	338	JULIO SUÁREZ VÁZQUEZ		MS7M- 3	00:30:57	00:04:58	00:12:06			A CORUÑA
199	267	ADRIAN PEREIRO GARCÍA		SNM- 36	00:31:01	00:04:58	00:12:48			A CORUÑA
200	317	ANGEL JOSE TURRION PEREIRO		MS5M- 10	00:31:04	00:04:59	00:11:51			CORUÑA (A)
201	87	DAVID ESCALANTE PÉREZ		MS1M- 33	00:31:07	00:04:59	00:12:08	AG-2028310	NOITEBRA FC	CORUÑA (A)
202	160	RAMON EUGENIO MOSQUERA SILVA		MS3M- 33	00:31:10	00:05:00	00:11:59		INDEPENDIENTE	CORUÑA (A)
203	300	NACHO OLVEIRA		MS3M- 34	00:31:12	00:05:00	00:12:16			A CORUÑA
204	632	RUBEN MARTINEZ DEL RIO		MS4M- 20	00:31:13	00:05:00	00:13:27		DREAM TEAM	PARLA
205	601	NOEL RODRÍGUEZ PÉREZ		MS2M- 37	00:31:18	00:05:01	00:12:31			LUGO
206	281	OSCAR DURO PAZOS		MS2M- 38	00:31:19	00:05:01	00:12:22	NO		IGÜEÑA
207	1734	SANTIAGO COUCEIRO ALVARIÑO		MS3M- 35	00:31:19	00:05:01	00:12:22			A CORUÑA
208	426	ÁNGEL RICO DÍAZ		MS1M- 34	00:31:21	00:05:01	00:12:24			A CORUÑA
209	413	LUCAS MOSQUERA MOSQUEIRA		SNM- 37	00:31:21	00:05:01	00:12:11			A CORUÑA
210	286	DAVID VILLAR VILLAR		MS2M- 39	00:31:24	00:05:02	00:12:17		INDEPENDIENTE	A CORUÑA
211	3250	LIAM GROARKE		MS1M- 35	00:31:27	00:05:02	00:12:10		FILLOS DE BREOGAN	CORUÑA (A)

212	3304	SIMÓN SUÁREZ MOUZO		MS2M- 40	00:31:29	00:05:03	00:12:11			A CORUÑA
213	34	DOMINGO ALVAREZ IGLESIAS		MS7M- 4	00:31:31	00:05:03	00:12:13	AG2022098	C.D.EGOVARROS-VIVEIRO	LA CORUÑA
214	42	ROCÍO DÍAZ MESA	F- 17	MS4F- 1	00:31:33	00:05:03	00:11:51		ATLETISMO RIBADEO	RIBADEO
215	206	EMILIO RAMÓN FERNÁNDEZ RODRÍGUEZ		MS5M- 11	00:31:33	00:05:03	00:12:00		ATLETISMO RIBADEO	RIBADEO
216	323	MANUEL LÓPEZ ROIBAS		MS5M- 12	00:31:34	00:05:04	00:12:19			A CORUÑA
217	287	OSCAR VIDAL RODRIGUEZ		MS2M- 41	00:31:37	00:05:04	00:13:08			CORUÑA (A)
218	187	MARIA GUADALUPE BUJAN RODRIGUEZ	F- 18	MS3F- 4	00:31:40	00:05:04	00:12:04			MELIDE
219	255	GONZALO CAO ESPIDO		MS3M- 36	00:31:45	00:05:05	00:12:47		TRIATLON ARCADE INFORHOUSE SANTIAGO	BRION
220	516	IRIA SÁNCHEZ PRIETO	F- 19	SNF- 5	00:31:46	00:05:05	00:13:02		NOSPORTLIMIT	CORUÑA (A)
221	3039	ROBERTO HERNANDO SANTALLA		MS3M- 37	00:31:46	00:05:05	00:13:10		BEER RUNNERS CORUÑA	CORUÑA (A)
222	189	DAVID IGLESIAS RIGUEIRA		MS1M- 36	00:31:50	00:05:06	00:12:33		--	CORUÑA (A)
223	261	ÁLVARO FERNÁNDEZ GÓMEZ		SNM- 38	00:31:51	00:05:06	00:12:50			CORUÑA (A)
224	3215	ANDRES CAAVEIRO DE VEGA		MS2M- 42	00:31:52	00:05:06	00:13:19			A CORUÑA
225	3321	SOFÍA CASTRO DOMÍNGUEZ	F- 20	SNF- 6	00:31:53	00:05:07	00:12:22		CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
226	450	LUIS ANTONIO VILELA VERGARA		MS3M- 38	00:31:53	00:05:07	00:13:17			A CORUÑA
227	298	DOMINGO PRADO TEJEIRO		MS3M- 39	00:31:58	00:05:07	00:13:00			A CORUÑA
228	440	ROBERTO PONTE NOYA		MS2M- 43	00:31:59	00:05:07	00:12:47			A CORUÑA
229	3282	MANUEL PIÑEIRO FREIRE		MS2M- 44	00:32:00	00:05:08	00:12:50			CORUÑA (A)
230	3227	ALEJANDRO CORREA SÁNCHEZ		SNM- 39	00:32:07	00:05:09	00:13:38			
231	21	IVAN VARELA BARREIRO		MS3M- 40	00:32:10	00:05:09	00:13:13		ATLETAS DE ACEA DE AMA	CULLEREDO
232	282	ROBERTO FRANCO VÁZQUEZ		MS2M- 45	00:32:11	00:05:09	00:13:09			A CORUÑA
233	328	MANUEL JULIO SUAREZ MARTIN		MS6M- 7	00:32:12	00:05:09	00:12:38			CORUÑA (A)
234	230	MARIA DOLORES GONZÁLEZ FERNÁNDEZ	F- 21	MS4F- 2	00:32:12	00:05:09	00:12:29		LA MOCHILA DEL DEPORTE	GUISAMO (SANTA MARIA)
235	3228	MANUEL CORREDOIRA		SNM- 40	00:32:12	00:05:10	00:12:31			A CORUÑA
236	292	EDUARDO ALVAREZ MAGALHAES		MS2M- 46	00:32:14	00:05:10	00:12:14			CAMBRE
237	384	ROBERTO CASTRO-THOME		MS4M- 21	00:32:16	00:05:10	00:13:01		ESADE ALUMNI	CORUÑA (A)
238	573	SANTIAGO GARCÍA GONZÁLEZ		MS3M- 41	00:32:19	00:05:11	00:12:26		NOSPORTLIMIT	CORUÑA (A)
239	1611	BRAIS LOIRA MOAR		SNM- 41	00:32:20	00:05:11	00:12:21			A CORUÑA
240	1555	LUCIA VÁZQUEZ HERMIDA	F- 22	SUB20F- 1	00:32:21	00:05:11	00:12:45		CLUB LA MOCHILA DEL DEPORTE	A CORUNA
241	207	FELIPE LÓPEZ PÉREZ		MS4M- 22	00:32:23	00:05:11	00:12:07		CLUB ATLETISMO SADA	OLEIROS
242	1521	VÍCTOR GARCÍA CARRO		ESPM- 1	00:32:23	00:05:11	00:12:07		CLUB ATLETISMO SADA	OLEIROS
243	178	ALBA LOSADA DURAN	F- 23	SNF- 7	00:32:24	00:05:11	00:12:46			AS PONTES
244	313	JOSÉ MIGUEL GONZÁLEZ GONZÁLEZ		MS4M- 23	00:32:26	00:05:12	00:12:18			CORUÑA (A)
245	3221	MIGUEL ÁNGEL CASTRO GERPE		MS3M- 42	00:32:26	00:05:12	00:12:57			CORUÑA
246	1576	JAVIER GARATE SALORIO		MS3M- 43	00:32:29	00:05:12	00:12:43			CORUÑA (A)
247	3231	JAVIER DOSIL CARPINTERO		MS2M- 47	00:32:30	00:05:12	00:12:57			CORUÑA
248	1570	DANIEL SAAVEDRA TORAL		MS2M- 48	00:32:34	00:05:13	00:13:02			CORUÑA (A)
249	449	JAVIER VILLAVERDE FERRO		MS3M- 44	00:32:35	00:05:13	00:12:41			OLEIROS
250	1805	ISA CABANAS CAMPELO	F- 24	MS2F- 6	00:32:37	00:05:14	00:12:43		ATLETAS DE ACEA DE AMA	A CORUÑA
251	1577	JESÚS VÁZQUEZ GARCÍA		MS5M- 13	00:32:37	00:05:14	00:12:38		ATLETAS DE ACEA DE AMA	CAMBRE
252	3266	NICOLÁS MARTÍN ANTOLÍN		MS3M- 45	00:32:37	00:05:14	00:13:15			AVILA
253	3012	DAVID CANDAL DE LA CRUZ		MS1M- 37	00:32:39	00:05:14	00:13:05		OXIO TRAINING CLUB	A CORUÑA
254	3014	JUAN CRUZ CARRETERO SÁNCHEZ		SNM- 42	00:32:39	00:05:14	00:13:01			CORUÑA
255	117	MARIA LUISA LOPEZ GARCIA	F- 25	MS4F- 3	00:32:40	00:05:14	00:12:29	GA- 765045	WWW.ROBERTOPICO.COM	CORUÑA (A)
256	3032	ISAAC GOMEZ LINARES		MS2M- 49	00:32:41	00:05:14	00:13:16			A CORUÑA
257	337	ROGELIO GRANJA MENDEZ		MS7M- 5	00:32:41	00:05:14	00:12:50			CORUÑA (A)
258	3263	JOSE LOUREDA PEREZ		MS4M- 24	00:32:43	00:05:14	00:12:56			CORUÑA (A)
259	387	ALEJANDRO GARCÍA PIÑEIRO		SNM- 43	00:32:45	00:05:15	00:13:00		GIMNASIO JK	A CORUÑA
260	3295	DIEGO ROJO FARIÑA		MS2M- 50	00:32:46	00:05:15	00:13:45			
261	3202	IAGO ALVES DA COSTA PATO		SNM- 44	00:32:46	00:05:15	00:13:48			OLEIROS
262	3225	XOAN CARLOS COBIAN MACEDO		MS6M- 8	00:32:47	00:05:15	00:13:27			C/ANTONIO RÍOS 93-1ºD
263	3053	DAVID OTERO REGO		MS4M- 25	00:32:50	00:05:16	00:13:14			A CORUÑA
264	600	RUBÉN VÁZQUEZ GÓMEZ		MS2M- 51	00:32:51	00:05:16	00:14:09			CORUÑA
265	623	ANA ARIAS MÉNDEZ	F- 26	MS1F- 4	00:32:53	00:05:16	00:12:46			CORUÑA (A)

266	3237	ALEJANDRO FERNÁNDEZ REYES		MS1M- 38	00:32:54	00:05:16	00:13:14		VELERO TEAM	
267	216	ROCÍO ALFONSO PITA	F- 27	MS3F- 5	00:32:54	00:05:16	00:12:49	TGAL226	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
268	1503	MIRIAN RIPOLL PERNSS	F- 28	MS6F- 1	00:32:54	00:05:16	00:12:30		CLUB ATLETISMO SADA	A CORUÑA
269	3305	CRISTIAN HERNAN TAVERNITI		SNM- 45	00:32:58	00:05:17	00:14:32			
270	544	OSCAR GALAN ADEGA		SNM- 46	00:32:58	00:05:17	00:13:44			A CORUÑA
271	304	JAIME LÓPEZ CAINZOS		MS3M- 46	00:32:59	00:05:17	00:12:56			A CORUÑA
272	4005	ELENA CARRÉ OTERO	F- 29	MS1F- 5	00:33:04	00:05:18	00:12:23			CORUÑA (A)
273	1608	NATALIA NOVO	F- 30	SNF- 8	00:33:07	00:05:18	00:12:58		OS CORZOS DO ORTEGAL	CARIÑO
274	453	JOSE ANGEL LAMAS CASTRO		MS3M- 47	00:33:11	00:05:19	00:13:28			A CORUÑA
275	3217	JOHAN CAMARGO		SNM- 47	00:33:11	00:05:19	00:13:10			
276	1715	TOÑITO VILARIÑO MANTEIGA		MS2M- 52	00:33:12	00:05:19	00:13:04		#OMONTEENOSO	CAMBRE
277	3337	ROSALÍA ORTEGA	F- 31	SUB23F- 1	00:33:17	00:05:20	00:13:00			CULLEREDO
278	681	NESTOR ARIAS PAZ		MS3M- 48	00:33:18	00:05:20	00:13:01		CLUB MONTEPENARUBIA LUGO	LUGO
279	1539	FERNANDO SUÁREZ SANDOMINGO		MS5M- 14	00:33:20	00:05:20	00:12:49			ORTIGUEIRA
280	3235	OSCAR FERNANDEZ ANDRADE		MS3M- 49	00:33:21	00:05:21	00:12:56			CAMBRE
281	1572	ALEXANDRE VEIRA RODRÍGUEZ		MS2M- 53	00:33:23	00:05:21	00:13:56			A CORUÑA
282	3021	PEDRO DOMENECH GONZÁLEZ		MS3M- 50	00:33:23	00:05:21	00:13:19			CULLEREDO
283	3296	RICARDO RUBIO ALAMEDA		MS5M- 15	00:33:26	00:05:21	00:12:49		INDEPENDIENTE	CORUÑA (A)
284	3298	ADRIAN SANCHEZ BARBEITO		SNM- 48	00:33:30	00:05:22	00:13:01		LICENCIA DE 1 DIA	CORUÑA
285	274	FABIÁN VALCÁRCEL MARTÍNEZ		MS1M- 39	00:33:31	00:05:22	00:12:47			CORUÑA (A)
286	443	CESAR DIEGO DURAN		MS2M- 54	00:33:31	00:05:22	00:13:25			CORUÑA (A)
287	3273	ARTURO JOSÉ MUIÑO ESTEVEZ		MS3M- 51	00:33:32	00:05:22	00:12:56			BERGONDO
288	3213	ALBERTO BOUZADA SANTOME		MS2M- 55	00:33:34	00:05:23	00:12:58			VIGO
289	1709	PLACIDO ARIAS		MS1M- 40	00:33:34	00:05:23	00:13:04			A CORUÑA
290	422	ALBERTO GATO REIGOSA		MS1M- 41	00:33:35	00:05:23	00:12:58			A CORUÑA
291	3028	JUAN GÁRRIZ GARCÍA-SANTAMARINA		MS2M- 56	00:33:37	00:05:23	00:12:56			CORUÑA (A)
292	319	ENRIQUE JORGE RAMA RODRÍGUEZ		MS5M- 16	00:33:39	00:05:23	00:13:40			CORUÑA (A)
293	195	TOMAS ABELEDO PATIÑO		MS5M- 17	00:33:39	00:05:24	00:14:21		ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO
294	3057	MIGUEL PEREIRA FERNÁNDEZ		MS2M- 57	00:33:39	00:05:24	00:13:05			OLEIROS
295	201	Mª LUISA BARREIRO FUENTES	F- 32	MS3F- 6	00:33:40	00:05:24	00:13:00	G-763977	ATLETISMO RIAZOR	CORUÑA (A)
296	3319	TATIANA CASAL BELOY	F- 33	SNF- 9	00:33:42	00:05:24	00:13:40			A CORUÑA
297	476	JUAN PAZOS COUTO		MS6M- 9	00:33:44	00:05:24	00:13:26			A CORUÑA
298	3036	PEPE GUERRERO CASTILLO		MS3M- 52	00:33:44	00:05:24	00:12:20	AG2015196	LA MOCHILA DEL DEPORTE	A CORUÑA
299	9	ÁNGELES CASTRO FERNÁNDEZ	F- 34	MS3F- 7	00:33:48	00:05:25	00:13:07	AG2021343	CLUB ATLETISMO SADA	A CORUÑA
300	372	ELISEO GARCIA CRISTOBAL		MS4M- 26	00:33:48	00:05:25	00:13:07	AG2014328	CLUB ATLETISMO SADA	CAMBRE
301	3301	EFREN SANDA LOPEZ		SNM- 49	00:33:49	00:05:25	00:13:26			A CORUÑA
302	643	JAVIER BANDIN MARENTES		MS3M- 53	00:33:52	00:05:26	00:12:49		CLUB DEPORTIVO INCLUSIVO ENKI	CORUÑA (A)
303	405	EDUARDO ABALDE MORIN		MS4M- 27	00:33:58	00:05:26	00:13:03		TRIATLÓN SANTIAGO	TEO
304	3093	YULIYA NESTSIAROVICH	F- 35	MS1F- 6	00:34:00	00:05:27	00:13:42			A CORUÑA
305	332	VÍCTOR MANUEL VÁZQUEZ MOSTEIRO		MS6M- 10	00:34:01	00:05:27	00:13:39			A CORUÑA
306	506	ALBA MÉNDEZ DUMONT	F- 36	SUB23F- 2	00:34:02	00:05:27	00:12:50	AG766183	CLUB ATLETISMO SADA	SADA
307	371	JUAN GONZÁLEZ ARES		MS3M- 54	00:34:02	00:05:27	00:13:28		CLUB ATLETICO SOBRADO XUVENTUDE	SOBRADO DOS MONXES
308	3201	DIEGO ÁLVAREZ AREVALO		MS1M- 42	00:34:09	00:05:28	00:13:45			
309	1775	JOSE MANUEL SUAREZ BRAVO		MS2M- 58	00:34:11	00:05:29	00:13:26			CORUÑA (A)
310	1695	ANGEL PEREZ BURGOS		MS2M- 59	00:34:12	00:05:29	00:13:35	AG3567	CLUB ATLETISMO TAMBRE	SANTIAGO DE COMPOSTELA
311	1696	MARÍA DOLORES FERREIRO LÓPEZ	F- 37	MS1F- 7	00:34:12	00:05:29	00:13:35		CLUB ATLETISMO TAMBRE	SANTIAGO
312	3259	MACÍAS LÓPEZ IGREXAS		MS1M- 43	00:34:15	00:05:29	00:13:15			
313	3042	NICOLAS LOIS CANDA		SNM- 50	00:34:16	00:05:29	00:14:02			CORUÑA (A)
314	174	JAVIER CORREA PIÑEIRO		MS5M- 18	00:34:17	00:05:29	00:14:09		ATLETAS DE ACEA DE AMA	VILABOA-CULLEREDO
315	1678	LAURA VÁZQUEZ VALLO	F- 38	SNF- 10	00:34:17	00:05:30	00:14:24			CORUÑA (A)
316	614	VICTOR MANUEL GENDE BOQUETE		MS4M- 28	00:34:19	00:05:30	00:14:26			A CORUÑA
317	3088	FERNANDO ZURIARRAIN MATEOS		MS2M- 60	00:34:21	00:05:30	00:13:16			A CORUÑA
318	3245	JAVIER GARCÍA PISABARROS		MS1M- 44	00:34:24	00:05:31	00:12:35			
319	515	ÁLVARO GARCÍA FERNÁNDEZ-ARRUTI		MS1M- 45	00:34:24	00:05:31	00:14:07		MILER RUNNING CLUB	PONTEVEDRA

320	3224	PABLO CERVANTES CASANOVA		SNM- 51	00:34:24	00:05:31	00:13:31			
321	412	JAVIER VILLAVARDE DOVAL		SNM- 52	00:34:27	00:05:31	00:13:30			A CORUÑA
322	648	MANUEL VAZQUEZ ALVENDRO		MS7M- 6	00:34:27	00:05:31	00:13:13		ATLETAS DE ACEA DE AMA	EL TEMPLE
323	1560	SERGIO CARIDAD FARIÑA		SNM- 53	00:34:28	00:05:31	00:13:22			A CORUÑA
324	3276	VICENTE PARAPAR		MS4M- 29	00:34:29	00:05:31	00:13:33		PINTEGA	OLEIROS
325	3240	PEDRO LUIS FERNÁNDEZ SUÁREZ		MS5M- 19	00:34:29	00:05:32	00:13:48			LA CORUÑA
326	1661	ROBERTO MEIJIDE		MS1M- 46	00:34:32	00:05:32	00:12:58			BERGONDO
327	1540	EDUARDO DANIEL FERNANDEZ SANCHEZ		MS5M- 20	00:34:34	00:05:32	00:13:31			LA CORUÑA
328	212	DOLORES PAZOS MALLO	F- 39	MS4F- 4	00:34:48	00:05:34	00:13:07		CLUB ATLETISMO SADA	SADA - LA CORUÑA
329	3030	XOSÉ GOMEZ BOTANA		MS7M- 7	00:34:49	00:05:35	00:14:17			A CORUÑA
330	378	RAMON GUILLERMO MOSQUERA PAN		MS6M- 11	00:34:57	00:05:36	00:13:52		CLUB HERCULES TERMARIA	MIÑO
331	3064	CARLOS RIÁDIGOS MOSQUERA		MS2M- 61	00:34:59	00:05:36	00:13:35			CORUÑA (A)
332	3293	CARLOS RODRIGUEZ FERNANDEZ		MS2M- 62	00:35:00	00:05:36	00:14:39			A CORUÑA
333	3056	RUBÉN PEREIRA ÁLVAREZ		SNM- 54	00:35:05	00:05:37	00:13:46			CARBALLO
334	407	ROBERTO PICO POUSO		MS4M- 30	00:35:06	00:05:37	00:13:23	SI		A CORUÑA
335	306	PEDRO MANUEL SALIDO VARELA		MS3M- 55	00:35:06	00:05:37	00:14:55			OLEIROS
336	3292	ADRIÁN RODRÍGUEZ DOLDÁN		SNM- 55	00:35:07	00:05:38	00:14:12			OLEIROS
337	3290	ADRIÁN RODRÍGUEZ		SUB23M- 8	00:35:11	00:05:38	00:11:56			CEE
338	3082	MANUEL VARELA VILA		MS5M- 21	00:35:11	00:05:38	00:13:39			MUGARDOS
339	3236	ANTONIO FERNÁNDEZ CARREIRA		MS5M- 22	00:35:13	00:05:38	00:14:54			FERROL
340	385	MAXIMINO LAGARES CARRO		MS4M- 31	00:35:13	00:05:38	00:14:06	TGAL121	ESPRINTES OURENSE	ORDES
341	3303	RESTITUTO SIMÓN LAGO		MS2M- 63	00:35:13	00:05:38	00:14:54			FERROL
342	1728	CARLOS ALBERTO PENA IGLESIAS		MS2M- 64	00:35:14	00:05:39	00:13:22		360 TRAINING CENTER	A CORUÑA
343	3271	SERGIO MONJO PUCHOL		SNM- 56	00:35:20	00:05:40	00:15:06			
344	363	SILVIA SÁNCHEZ BASCOY	F- 40	MS6F- 2	00:35:24	00:05:40	00:13:38			CORUÑA (A)
345	377	MIGUEL ALVAREZ PALLIN		MS2M- 65	00:35:27	00:05:41	00:14:05		CLUB HERCULES TERMARIA	CORUÑA (A)
346	3288	JAIIME ALBERTO ROCA LONGUEIRA		SNM- 57	00:35:29	00:05:41	00:14:16			A CORUÑA
347	250	FRAN PRIETO PERNAS		MS2M- 66	00:35:32	00:05:41	00:12:45		SÍGUEME SI PUEDES	CORUÑA (A)
348	203	JORGE BARREIRO GONZÁLEZ		MS1M- 47	00:35:32	00:05:42	00:14:09		BEER RUNNERS CORUÑA	A CORUÑA
349	475	MANUEL JAVIER MUÑIZ SEIJAS		MS5M- 23	00:35:40	00:05:43	00:14:32		INDEPENDIENTE	CORUÑA (A)
350	3080	MANUEL VARELA GARCIA		MS2M- 67	00:35:40	00:05:43	00:14:41			ARTEIXO
351	327	PABLO GONZALEZ GONZALEZ		MS6M- 12	00:35:51	00:05:45	00:13:54			CORUÑA (A)
352	3031	JULIO JOSÉ GÓMEZ DÍAZ		MS2M- 68	00:35:53	00:05:45	00:14:37		INDEPENDIENTE	CORUÑA (A)
353	315	MANUEL PAZ CARBON		MS4M- 32	00:35:54	00:05:45	00:14:12			A CORUÑA
354	1553	JAVIER DE LA VIUDA IGLESIAS		MS3M- 56	00:35:55	00:05:45	00:14:28		CLUB HERCULES TERMARIA	A CORUÑA
355	239	HERMES ARNOSO GIAO		SNM- 58	00:35:59	00:05:46	00:13:16		NOSPORTLIMIT	A CORUÑA
356	8	VICTORIA EUGENIA LOPEZ PERMUY	F- 41	MS3F- 8	00:35:59	00:05:46	00:14:01			LA CORUÑA
357	3007	JULIO BARRAL IGLESIAS		MS5M- 24	00:36:02	00:05:46	00:13:41		ATLETAS DE ACEA DE AMA	CAMBRE
358	456	PABLO BARCA GARCIA		MS4M- 33	00:36:03	00:05:46	00:14:45			A CORUÑA
359	389	MANUEL BEREÁ RUIZ		MS5M- 25	00:36:06	00:05:47	00:15:17		CLUB HERCULES TERMARIA	CORUÑA (A)
360	457	JAIIME ESTÉVEZ VIDAL		MS4M- 34	00:36:07	00:05:47	00:14:17			A CORUÑA
361	3340	EVA PEREZ BABIANO	F- 42	MS1F- 8	00:36:08	00:05:47	00:13:35			A CORUÑA
362	564	FRAN FERNANDEZ-PEITEADO FERNANDEZ		MS3M- 57	00:36:16	00:05:49	00:14:14		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
363	3009	JOSE MANUEL BELLO CASTRO		MS4M- 35	00:36:16	00:05:49	00:14:13			A CORUÑA
364	346	ANABEL CAAMAÑO BERMÚDEZ	F- 43	MS1F- 9	00:36:16	00:05:49	00:14:10			ARTEIXO
365	3338	ANDREA OTERO FERNÁNDEZ	F- 44	SUB23F- 3	00:36:17	00:05:49	00:12:37			LA CORUÑA
366	3333	LAURA FELISA LOPEZ LOPEZ	F- 45	MS1F- 10	00:36:19	00:05:49	00:14:17			CORUÑA (A)
367	447	MIGUEL ANGEL VILARIÑO NUÑEZ		MS3M- 58	00:36:23	00:05:50	00:14:05			LA CORUÑA
368	1726	JOSE BELLO LLORENTE		MS2M- 69	00:36:26	00:05:50	00:14:55			A CORUÑA
369	1724	JONATAN ALVAREZ GONZALEZ		MS2M- 70	00:36:27	00:05:50	00:15:04			CORUÑA (A)
370	3223	DANIEL CERDEIRO PENAS		SNM- 59	00:36:27	00:05:50	00:14:23			A CORUÑA
371	3281	DAVID PÉREZ MONTERO		SUB20M- 4	00:36:29	00:05:51	00:13:49		CLUB CICLISTA CARIÑO	
372	624	VANESSA HERVADA LÓPEZ	F- 46	MS2F- 7	00:36:29	00:05:51	00:14:08			CORUÑA
373	3207	DANIEL BALTAR ALMEIDA		SUB23M- 9	00:36:33	00:05:51	00:14:56			ARTEIXO

374	231	MARIA DEL MAR BARCON SANCHEZ	F- 47	M55F- 2	00:36:34	00:05:51	00:14:11	AG2026204	LA MOCHILA DEL DEPORTE	A CORUÑA
375	540	VICTOR SACRISTAN SANTOS		SNM- 60	00:36:43	00:05:53	00:14:07			A CORUÑA
376	427	LUIS GARCIA IGLESIAS		MS1M- 48	00:36:48	00:05:54	00:14:28			A CORUÑA
377	402	SARA BARREIRA BLANCO	F- 48	MS7F- 1	00:36:49	00:05:54	00:14:34		RUNNING OLEIROS	A CORUÑA
378	463	CARLOS PAZOS OVIEDO		MS4M- 36	00:36:49	00:05:54	00:15:09			CORUÑA (A)
379	1646	JAVIER YÉPEZ ARÁMBULO		SNM- 61	00:36:51	00:05:54	00:14:52			A CORUÑA
380	1781	JULIO MOURE PAMPIN		MS3M- 59	00:36:52	00:05:54	00:15:08			ORDES
381	423	SUSO COUSILLAS		MS1M- 49	00:36:54	00:05:55	00:14:56			CORUÑA (A)
382	1545	SOFIA TORO	F- 49	SNF- 11	00:36:57	00:05:55	00:14:35			A CORUÑA
383	1610	SERGIO CAO REGUEIRO		SNM- 62	00:36:59	00:05:55	00:14:39			A CORUÑA
384	1625	DIEGO CASTRO PATIÑO		SNM- 63	00:36:59	00:05:55	00:14:39			A CORUÑA
385	1641	LOIS RODRIGUEZ		SNM- 64	00:36:59	00:05:55	00:14:36			A CORUÑA
386	355	CHARO SILVEIRA QUEIJAS	F- 50	MS4F- 5	00:36:59	00:05:56	00:14:43			LA CORUÑA
387	3327	PATRICIA GARCÍA VECINO	F- 51	MS1F- 11	00:37:00	00:05:56	00:15:27			CARBALLO
388	343	LALI AGUILERA	F- 52	MS1F- 12	00:37:00	00:05:56	00:15:26			CULLEREDO
389	3024	RUBEN FERNANDEZ SANTIAGO		MS1M- 50	00:37:01	00:05:56	00:15:07			CORUÑA (A)
390	3364	JOSE ANGEL LORENZO RIVEIRO		MS3M- 60	00:37:05	00:05:56	00:14:18			CULLEREDO
391	604	DANIEL PAZ ALLEN		MS3M- 61	00:37:06	00:05:57	00:15:21			CULLEREDO
392	3208	ALEJANDRO BANET PAEZ		MS4M- 37	00:37:10	00:05:57	00:15:10			PONTEVEDRA
393	3212	RAÚL BLANCO RUBIO		MS2M- 71	00:37:12	00:05:57	00:14:33			MADRID
394	3317	SIMONE CARRO ERIAS	F- 53	MS4F- 6	00:37:15	00:05:58	00:14:23			BERGONDO
395	1527	PILAR MUGICA ELORZA	F- 54	MS3F- 9	00:37:15	00:05:58	00:14:34		CLUB HERCULES TERMARIA	A CORUÑA
396	256	INÉS VALIÑO CALVIÑO	F- 55	MS2F- 8	00:37:20	00:05:59	00:14:23		GALLAECIA RAID	OLEIROS
397	679	MARÍA TERESA ROMERO RAMOS	F- 56	MS1F- 13	00:37:21	00:05:59	00:14:50			A CORUÑA
398	1550	SONIA MOLERO ESTRELLA	F- 57	MS2F- 9	00:37:22	00:05:59	00:14:37		CLUB ATLETISMO SADA	A CORUÑA
399	3363	JOSE LUIS LÓPEZ RODRIGUEZ		MS3M- 62	00:37:28	00:06:00	00:15:37	TGAL235	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
400	186	MARÍA MARTÍNEZ MOSQUERA	F- 58	MS2F- 10	00:37:30	00:06:00	00:15:14			A CORUÑA
401	559	RAQUEL BOTANA GONZALEZ	F- 59	MS3F- 10	00:37:32	00:06:01	00:14:47		ATLETAS DE ACEA DE AMA	CAMBRE
402	674	VANESSA PAZ ABRUÑEDO	F- 60	MS1F- 14	00:37:33	00:06:01	00:15:11			CORUÑA (A)
403	1604	ROBERTO TOBAR CASCON		MS1M- 51	00:37:34	00:06:01	00:14:29		MESOIRO CD	A CORUÑA
404	361	MARIA CARMEN LEMA DEVESA	F- 61	M55F- 3	00:37:36	00:06:01	00:14:33			CORUÑA (A)
405	228	BELÉN TELLA REY	F- 62	MS3F- 11	00:37:37	00:06:02	00:14:18	055-1980282796	LA MOCHILA DEL DEPORTE	CAMBRE
406	227	ADRIANA OTERO RODRIGUEZ	F- 63	MS2F- 11	00:37:37	00:06:02	00:14:25		LA MOCHILA DEL DEPORTE	CULLEREDO
407	645	JULIO FIERRO FERNÁNDEZ		MS1M- 52	00:37:41	00:06:02	00:14:46			CORUÑA (A)
408	3334	PAULA LÓPEZ OTERO	F- 64	MS1F- 15	00:37:42	00:06:02	00:14:43			
409	574	BEATRIZ ROMERO ROEL	F- 65	MS3F- 12	00:37:47	00:06:03	00:14:47		NOSPORTLIMIT	CORUÑA (A)
410	3264	FERNANDO LUCENA		SNM- 65	00:37:49	00:06:03	00:15:05			
411	373	GABRIEL ÁLVAREZ SILVAR		MS5M- 26	00:37:54	00:06:04	00:14:38		CLUB ATLETISMO SADA	OLEIROS
412	333	JOSE GRELA RODRÍGUEZ		MS6M- 13	00:37:54	00:06:04	00:14:57			CORUÑA (A)
413	3323	PILAR COTELO REY	F- 66	SNF- 12	00:37:55	00:06:04	00:15:09			A LARACHA
414	433	ANDRÉS ESPÍÑEIRA LÓPEZ		MS2M- 72	00:37:59	00:06:05	00:15:21			A CORUÑA
415	431	OSCAR HERNANDEZ ACEVEDO		MS2M- 73	00:38:01	00:06:05	00:15:14			CULLEREDO
416	495	SONIA MARÍA CARRO RIOS	F- 67	MS3F- 13	00:38:02	00:06:06	00:15:13			CORUÑA (A)
417	504	Mª DEL CARMEN MIRANDA AMADO	F- 68	MS6F- 3	00:38:03	00:06:06	00:15:13			A CORUÑA
418	535	JOSE PEDRO RODRIGUEZ BARBA		MS7M- 8	00:38:09	00:06:07	00:14:06		CLUBE ATLETISMO BOIMORTO	CORUÑA (A)
419	3297	JOSE DANIEL SALCINES LÓPEZ		SNM- 66	00:38:09	00:06:07	00:15:21			A CORUÑA
420	209	MARYEM SALI DUQUE	F- 69	MS2F- 12	00:38:14	00:06:07	00:15:50			CORUÑA (A)
421	472	FERNANDO SANDÁ MACHO		MS5M- 27	00:38:18	00:06:08	00:14:49			MONDEGO - SADA
422	3248	HÉCTOR GONZÁLEZ PIÑEIRO		SNM- 67	00:38:19	00:06:08	00:15:05			
423	348	CONCEPCION GARCIA DABRIO	F- 70	MS2F- 13	00:38:20	00:06:08	00:15:45			CORUÑA (A)
424	1677	IRIA QUIROGA LAMELA	F- 71	SNF- 13	00:38:20	00:06:08	00:15:46		SONS OF POSEIDON	MALPICA DE BERGANTIÑOS
425	3085	DAVID VIDAL MONASTERIO		MS2M- 74	00:38:28	00:06:10	00:14:54			LA CORUÑA
426	598	MANUEL FERNANDEZ PEREZ		MS2M- 75	00:38:30	00:06:10	00:15:37			A CORUÑA
427	3267	ALBERTO MARTIN RODRIGUEZ		MS2M- 76	00:38:36	00:06:11	00:15:37			A CORUÑA

428	3262	ALEJANDRO LOUREDA ALVAREZ		MS2M- 77	00:38:41	00:06:12	00:15:38			CORUÑA (A)
429	1605	LARA ANTONELLA TRIPODI RAMOS	F- 72	SNF- 14	00:38:42	00:06:12	00:15:25		MIXMASTER RUNNING	A CORUÑA
430	1563	SERGIO ENRIQUE GONZALEZ ALVAREZ		SNM- 68	00:38:42	00:06:12	00:15:15			SADA
431	1557	NOELIA VÁZQUEZ CALVO	F- 73	MS3F- 14	00:38:45	00:06:12	00:15:10	AG10425	CLUB ATLÉTICO BERGONDO	CAMBRE
432	3090	NATALIA GARCÍA FEIJÓ DE SOTOMAYOR	F- 74	MS4F- 7	00:38:45	00:06:12	00:15:10	AG2018885	CLUB LA MOCHILA DEL DEPORTE	BERGONDO
433	3092	ANA LÓPEZ SUÁREZ	F- 75	MS4F- 8	00:38:48	00:06:13	00:15:40			CORUÑA (A)
434	3278	GONZALO PARDO MARTÍNEZ		SNM- 69	00:38:48	00:06:13	00:13:39			A CORUÑA
435	1761	MARÍA SANTANA MARTÍNEZ	F- 76	MS2F- 14	00:38:49	00:06:13	00:16:25			CARRAL
436	342	MARIA ZAROSOSA	F- 77	SNF- 15	00:38:56	00:06:14	00:15:17			A LARACHA
437	3078	RAFAEL TOBA CASANOVA		MS1M- 53	00:38:56	00:06:14	00:15:37			A CORUÑA
438	470	SANTIAGO EIRIS LOPEZ		MS5M- 28	00:38:59	00:06:15	00:15:13			CORUÑA (A)
439	597	ANGEL LOPEZ BRAVO		MS2M- 78	00:39:14	00:06:17	00:16:22			CORUÑA (A)
440	1739	CARLOS FIGUEIRA ABUÍN		MS3M- 63	00:39:18	00:06:18	00:14:59			
441	492	BELEN F.C.	F- 78	MS2F- 15	00:39:18	00:06:18	00:14:44			A CORUÑA
442	3287	JAIIME ROCA		MS5M- 29	00:39:20	00:06:18	00:15:34		ACME	
443	3291	SAMUEL RODRIGUEZ CAÑELLAS		SNM- 70	00:39:24	00:06:19	00:15:49			
444	3205	ANTONIO ARMADA DOLDAN		MS6M- 14	00:39:24	00:06:19	00:16:27			A CORUÑA
445	3210	MIGUEL ÁNGEL BIURRUN GONZÁLEZ		MS4M- 38	00:39:28	00:06:19	00:16:14			CORUÑA (A)
446	1797	MANUEL ENRIQUE GARCÍA PIÑÓN		MS6M- 15	00:39:29	00:06:19	00:15:39			
447	395	EVA SANCHEZ MARTINEZ	F- 79	MS4F- 9	00:39:30	00:06:20	00:15:41		MIXMASTER RUNNING	LA CORUÑA
448	1529	YOLANDA REY VALLE	F- 80	MS3F- 15	00:39:30	00:06:20	00:16:15			A CORUÑA
449	3018	FERNANDO CUADRADO GARCIA		SNM- 71	00:39:31	00:06:20	00:13:19			A CORUÑA
450	1785	CARMEN BECERRA VÁZQUEZ	F- 81	MS3F- 16	00:39:32	00:06:20	00:16:10			ORDES
451	490	IRIA SUÁREZ DÍAZ	F- 82	MS2F- 16	00:39:32	00:06:20	00:15:56			A CORUÑA
452	1556	ANA BLANCO SANMARTIN	F- 83	MS5F- 4	00:39:32	00:06:20	00:14:52		LA MOCHILA DEL DEPORTE	CORUÑA (A)
453	1547	JENNY MUIÑO ORDOÑEZ	F- 84	MS2F- 17	00:39:42	00:06:21	00:15:04			A CORUÑA
454	1722	JOSÉ FRANCISCO HURTADO DURÁN		MS2M- 79	00:39:46	00:06:22	00:15:03			A CORUÑA
455	3254	RUBÉN IGLESIAS PAYO		MS3M- 64	00:39:51	00:06:23	00:14:57			LA CORUÑA
456	3270	JOSE ANTONIO MENDEZ LOPEZ		SNM- 72	00:39:53	00:06:23	00:15:05			
457	380	MIGUEL ANGEL EIROA RODRIGUEZ		MS5M- 30	00:40:03	00:06:25	00:15:41	TRIATLON	CLUB TRIATLON CORUÑA	ARTEIXO
458	1798	IGNACIO GARCIA RAMOS		MS6M- 16	00:40:03	00:06:25	00:16:36			SANTIAGO DE COMPOSTELA
459	1732	RUBÉN ACOSTA LAPUENTE		MS3M- 65	00:40:08	00:06:26	00:15:08			
460	3286	MANUEL RAMÓN RÍOS SUÁREZ		MS3M- 66	00:40:13	00:06:26	00:15:31			A CORUÑA
461	324	MIGUEL ANGEL GONZALEZ TALAVERO		MS5M- 31	00:40:13	00:06:26	00:15:39		ATLETAS DE ACEA DE AMA	CORUÑA (A)
462	486	CARLOTA ROCA FERNANDEZ	F- 85	SNF- 16	00:40:13	00:06:27	00:15:26		MESOIRO CD	OLEIROS
463	360	LYDIA MARTINEZ MOUTON	F- 86	MS4F- 10	00:40:17	00:06:27	00:15:59			ARTEIXO
464	347	ROCIO CAMPOS BREA	F- 87	MS2F- 18	00:40:19	00:06:28	00:15:24			CULLEREDO
465	1594	OLGA RODRIGUEZ SANCHEZ	F- 88	MS3F- 17	00:40:20	00:06:28	00:16:04			A CORUÑA
466	1548	MERCEDES GALDO	F- 89	MS3F- 18	00:40:22	00:06:28	00:16:14			A CORUÑA
467	631	MIGUEL LOPEZ		MS2M- 80	00:40:26	00:06:29	00:15:36			CORUÑA (A)
468	356	BEGOÑA MARTINEZ LORENZO	F- 90	MS4F- 11	00:40:28	00:06:29	00:14:49			ARTEIXO
469	471	ANGEL RAMON MARTINEZ CAMBON		MS5M- 32	00:40:29	00:06:29	00:14:49			A CORUÑA
470	325	JESÚS VAAMONDE RÚA		MS5M- 33	00:40:29	00:06:29	00:14:52			CORUÑA (A)
471	3284	MARTÍN REY CUBERO		MS2M- 81	00:40:35	00:06:30	00:15:56			A CORUÑA
472	391	ROSI GÓMEZ PRIETO	F- 91	MS3F- 19	00:40:38	00:06:31	00:15:47		CLUB LA MOCHILA DEL DEPORTE	CAMBRE
473	444	JOAQUIN MONTES LOURIDO		MS2M- 82	00:40:39	00:06:31	00:15:47			CORUÑA (A)
474	3206	IGNACIO ASENSIO FUENTES		MS5M- 34	00:40:43	00:06:31	00:16:02			ARTEIXO
475	3283	JOSÉ MANUEL POUSA PEREIRA		MS3M- 67	00:40:43	00:06:31	00:16:33			
476	3233	MARCOS ESPIÑEIRA FIDALGO		MS1M- 54	00:40:44	00:06:31	00:15:07			A CORUÑA
477	3070	JUAN SÁNCHEZ GONZALEZ		MS7M- 9	00:40:48	00:06:32	00:16:22		A.D. MARATON JEREZ	
478	233	CRISTINA SANCHEZ LOPEZ	F- 92	MS3F- 20	00:40:48	00:06:32	00:15:52		LARACHA EN DUAS RODAS	LARACHA (A)
479	1525	MELY MEIJIDE MARTINEZ	F- 93	M55F- 5	00:40:52	00:06:33	00:15:34	AG9411	CLUB ATLETISMO SADA	OLEIROS
480	374	ANGEL HERMIDA OTERO		MS3M- 68	00:40:55	00:06:33	00:16:36	TGAL215	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
481	480	LUIS ALVAREZ CAMARA		MS7M- 10	00:40:56	00:06:33	00:15:45			CORUÑA (A)

482	1587	GALA ALVAREZ PUENTE	F- 94	SNF- 17	00:40:56	00:06:33	00:15:45			LA CORUÑA
483	3320	NAHIR AYELEN CASTILLO FERNANDEZ	F- 95	SNF- 18	00:41:00	00:06:34	00:16:35			
484	3318	UXÍA CASAL BALDOMIR	F- 96	SNF- 19	00:41:06	00:06:35	00:15:46			
485	1652	IVAN IGLESIAS SANGIL		SNM- 73	00:41:13	00:06:36	00:16:30			
486	3261	JAVIER LÓPEZ VARELA		MS6M- 17	00:41:13	00:06:36	00:16:34			
487	4004	BRUNO VARELA ROADE		MS1M- 55	00:41:13	00:06:36	00:16:30			A CORUÑA
488	3218	JUAN ANTONIO CAÑIZO FRAGA		MS4M- 39	00:41:14	00:06:36	00:16:37			BERTAMIRÁNS
489	1595	MARY RUSO CARRIL	F- 97	MS3F- 21	00:41:18	00:06:37	00:16:09			A CORUÑA
490	451	JOSÉ CARLOS ALVEDRO FERNÁNDEZ		MS3M- 69	00:41:18	00:06:37	00:16:09			A CORUÑA
491	3332	YOLANDA HERNÁNDEZ GARCÍA	F- 98	MS2F- 19	00:41:20	00:06:37	00:16:15			
492	3038	ANTONIO JAVIER HERNÁNDEZ GARCÍA		MS4M- 40	00:41:20	00:06:37	00:16:13			ARTEIXO
493	339	ANTONIO HERNÁNDEZ BARREIRO		MS7M- 11	00:41:20	00:06:37	00:16:14			CORUÑA (A)
494	481	MANUEL GONZALEZ PEREIRA		MS7M- 12	00:41:22	00:06:38	00:16:52			ARTEIXO
495	1809	ALBA MONTEMUIÑO MUÑIZ	F- 99	SNF- 20	00:41:23	00:06:38	00:16:05			
496	3346	SELANA BELLOSTA BENEDETTO	F- 100	SNF- 21	00:41:56	00:06:43	00:15:27			CORUÑA (A)
497	3347	LOLI RIAL CARBALLA	F- 101	MS2F- 20	00:41:59	00:06:44	00:17:02			A CORUÑA
498	223	BELEN POSE GOMEZ	F- 102	MS3F- 22	00:42:04	00:06:44	00:16:12			CORUÑA (A)
499	3063	XOSE ENRIQUE PUJALES MARTÍNEZ		MS7M- 13	00:42:08	00:06:45	00:16:23	AG 2016698	CLUBE ATLETISMO BOIMORTO	CORUÑA (A)
500	3094	Mª GLORIA OREIRO PAZOS	F- 103	MS6F- 4	00:42:08	00:06:45	00:16:23	32447228	CN ARTEIXO	OLEIROS
501	3328	CARMEN AMÉRICA GÓMEZ PUENTE	F- 104	ESPF- 1	00:42:26	00:06:48	00:16:42		CLUB ATLETISMO SADA	A CORUÑA
502	3016	VICTOR CASTRO SEGADE		MS2M- 83	00:42:26	00:06:48	00:16:40			CORUÑA (A)
503	3362	EDUARDO GARCIA SANTIAGO		MS4M- 41	00:42:32	00:06:49	00:16:18		BILLARDA CAMPO DA FEIRA	LARACHA (A)
504	3274	JUAN MANUEL NEIRA PARDO		MS4M- 42	00:42:48	00:06:51	00:16:12			CORUÑA (A)
505	1591	MONTERRAT JOVE IGLESIAS	F- 105	MS3F- 23	00:42:50	00:06:52	00:16:38			OLEIROS
506	1592	ESTHER GARCÍA GARCIA	F- 106	MS3F- 24	00:42:56	00:06:53	00:16:34			LA CORUÑA
507	494	AURORA YENIL VARELA CABRERA	F- 107	MS2F- 21	00:42:59	00:06:53	00:16:41			CULLEREDO
508	3326	EMMA FERNÁNDEZ MUÑOZ	F- 108	SNF- 22	00:43:04	00:06:54	00:16:52			CULLEREDO
509	3342	LUCÍA RIVERA HERMIDA	F- 109	SNF- 23	00:43:04	00:06:54	00:16:53			AS PONTES
510	3089	NOELIA FUENTES VARA	F- 110	SNF- 24	00:43:17	00:06:56	00:16:54			CARRAL
511	1615	JOAQUIN RODRIGUEZ		MS4M- 43	00:43:17	00:06:56	00:16:32			CORUÑA, A
512	1532	ANA LÓPEZ GIAO	F- 111	MS4F- 12	00:43:18	00:06:56	00:16:05		CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
513	3344	NATALIA CRISTINA SANCHEZ DOMINGUEZ	F- 112	MS4F- 13	00:43:33	00:06:59	00:16:50			CORUÑA (A)
514	3015	LUIS ANGEL CASTELO SANCHEZ		MS4M- 44	00:43:34	00:06:59	00:16:47			CORUÑA (A)
515	484	MONTERRAT CANOSA	F- 113	SNF- 25	00:43:36	00:06:59	00:16:25			LA CORUÑA
516	1811	ROCIO SIMON	F- 114	MS2F- 22	00:43:46	00:07:01	00:17:30			
517	3232	JOSÉ ANTONIO EIRAS FERNÁNDEZ		MS7M- 14	00:43:50	00:07:01	00:16:25			A CORUÑA
518	1584	SILVIA PAZOS MONTERO	F- 115	SNF- 26	00:44:00	00:07:03	00:17:11		S2M	CORUÑA (A)
519	499	JULIA ISABEL SAINZ VAQUERO	F- 116	MS4F- 14	00:44:04	00:07:04	00:17:10			CORUÑA (A)
520	1549	SUSANA MONTERO FACAL	F- 117	MS2F- 23	00:44:06	00:07:04	00:16:21		CLUB ATLÉTICO BERGONDO	CAMBRE
521	3086	JOSE LUIS VILLAR MORCILLO		MS4M- 45	00:44:21	00:07:06	00:16:54			A CORUÑA
522	3329	CELIA GONZÁLEZ ELIPE LECHUGA	F- 118	MS4F- 15	00:44:27	00:07:07	00:17:59			A CORUÑA
523	1789	ANTÍA CONDE GÓMEZ	F- 119	SNF- 27	00:44:32	00:07:08	00:17:14			A CORUÑA
524	1552	ELENA LÓPEZ AMENEDO	F- 120	MS1F- 16	00:44:43	00:07:10	00:17:09		CNT MAR DE ARTABRIA	A CORUÑA
525	3309	PATRICIA ABAD	F- 121	MS1F- 17	00:44:54	00:07:11	00:17:59			CAMBRE
526	3325	CAROLINA ESTÉVEZ ALONSO	F- 122	MS2F- 24	00:45:16	00:07:15	00:17:55			LA CORUÑA
527	386	FERNANDO PÉREZ SAN VICENTE		MS4M- 46	00:45:24	00:07:16	00:17:19		FPSV	A CORUÑA
528	1763	MONICA MARTINEZ LEMA	F- 123	MS3F- 25	00:45:27	00:07:17	00:17:20			LA CORUÑA
529	3229	ANTONIO DÍAZ VILA		MS4M- 47	00:45:27	00:07:17	00:18:14			A CORUÑA
530	3324	ANA DAFONTE SANCHEZ	F- 124	MS3F- 26	00:46:58	00:07:31	00:17:49			A CORUÑA
531	3069	LUIS SALGADO ABELLEIRA		MS7M- 15	00:46:58	00:07:31	00:17:18		CLUB ATLETISMO SADA	STA. CRUZ- OLEIROS
532	482	JESÚS BERNAL GÓMEZ		MS7M- 16	00:47:01	00:07:32	00:18:17		INDEPENDIENTE	FERROL
533	3331	LAURA GONZÁLEZ-ELIPE LECHUGA	F- 125	MS3F- 27	00:47:23	00:07:35	00:18:56			BERTAMIRÁNS
534	257	MARISA RÚA PRIETO	F- 126	MS1F- 18	00:47:40	00:07:38	00:18:25	AG764232		SADA
535	3280	DANIEL PENA PEREIRA		SUB20M- 5	00:48:16	00:07:44	00:16:45			A CORUÑA

536	3272	HUGO MOSQUERA ARES		SUB20M- 6	00:48:16	00:07:44	00:16:47		VILABOA-CULLEREDO
537	3339	LUCIA PAZOS FOLLA	F- 127	SNF- 28	00:48:18	00:07:44	00:17:40		
538	4003	JUAN PREGO FORMOSO		MS3M- 70	00:48:38	00:07:47	00:18:24		
539	3251	ADRIAN GUTIERREZ BUSTO		SNM- 74	00:49:11	00:07:53	00:19:28		
540	172	ROGELIO MANUEL PEREZ MIÑONES		MS5M- 35	00:49:29	00:07:56	00:18:53	INDEPENDIENTE	CORUÑA (A)
541	460	MAURICIO JOSE BONOME		MS4M- 48	00:49:33	00:07:56	00:19:20		A CORUÑA
542	497	ROISE ANTONIETA TORO VIDAL	F- 128	MS3F- 28	00:50:03	00:08:01	00:19:23		MIÑO
543	531	RODRIGO ALFONSO RODRÍGUEZ FERNÁNDEZ		MS3M- 71	00:50:04	00:08:01	00:19:24		LA CORUÑA
544	3314	PAULA BELLO LEMA	F- 129	MS2F- 25	00:51:09	00:08:11	00:19:20		
545	3011	DOMINGO CABARCOS PAJON		MS3M- 72	00:51:09	00:08:11	00:19:18		A CORUÑA
Desc	5282	SIN DATOS DEL DORSAL 5282		MS1M-Desc	00:55:39	00:08:55			

IX CARREIRA POPULAR VOLTA A OZA, A Coruña 11/09/2022

Sub 18 - Sub 16. Distancia: 2.430 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	P.Volta 1	P.Volta 2	Licenza	Club	Localidade
1	6379	ANXO BELLO RODRÍGUEZ		SUB16M- 1	00:07:45	00:03:12	00:02:29	00:05:08		A.D. FOGAR	CORISTANCO
2	5404	GONZALO CAO BLANCO		SUB18M- 1	00:08:05	00:03:20	00:02:37	00:05:26		TRIATLON ARCADE INFORHOUSE SANTIAGO	BRIÓN
3	5288	JUAN CAÑIZO GONZÁLEZ-ELIPE		SUB18M- 2	00:08:12	00:03:23	00:02:37	00:05:26			BERTAMIRÁNS
4	6403	JUAN BOUZON		SUB16M- 2	00:08:23	00:03:27	00:02:37	00:05:29		CLUB NATACIÓN ARTABRIA	SADA
5	5395	PAULO CAMESELLE JUIZ		SUB16M- 3	00:08:31	00:03:31	00:02:41	00:05:38		CLUB LA MOCHILA DEL DEPORTE	
6	6390	NUNO MOURE FERNÁNDEZ		SUB18M- 3	00:08:37	00:03:33	00:02:37	00:05:36		MAR DE ARTABRIA	
7	5251	IKER LAVANDEIRA RODRIGUEZ		SUB16M- 4	00:08:47	00:03:37	00:02:43	00:05:46		ATLETISMO CORUÑA COMARCA	A CORUÑA
8	6382	RAÚL NAVEIRA, FILGUEIRAS		SUB16M- 5	00:08:48	00:03:37	00:02:38	00:05:37		MAR DE ARTABRIA	CORUÑA (A)
9	5406	AINOA GONTAN IGLESIAS	F- 1	SUB18F- 1	00:08:52	00:03:39	00:02:48	00:05:46	AG2027781	TRIATLON INFORHOUSE	SANTIAGO DE COMPOSTELA
10	5270	IGNACIO VILELA NÚÑEZ		SUB16M- 6	00:08:54	00:03:40	00:02:55	00:05:59		CLUB MARINEDA ATLETICO	
11	5274	IREA ALÉN FENÁNDEZ	F- 2	SUB16F- 1	00:08:56	00:03:41	00:02:46	00:05:50		A.D. FOGAR	CORUÑA (A)
12	6378	PABLO BARRO GARCÍA		SUB16M- 7	00:08:58	00:03:41	00:02:44	00:05:46		CLUB TRIATLON CORUÑA	A CORUÑA
13	6385	ANDREA DÍAZ IGLESIAS	F- 3	SUB16F- 2	00:09:00	00:03:43	00:02:47	00:05:52		CLUB ATLETISMO NARÓN	CEDEIRA
14	6380	MANUEL BELLO VILARIÑO		SUB16M- 8	00:09:11	00:03:47	00:02:54	00:06:00		CLUB HERCULES TERMARIA	CORUÑA (A)
15	5267	GABRIEL VILLAR SAAVEDRA		SUB16M- 9	00:09:11	00:03:47	00:02:56	00:05:58		CLUB MARINEDA ATLETICO	A CORUÑA
16	5272	JORGE VÁZQUEZ PÉREZ		SUB18M- 4	00:09:11	00:03:47	00:02:50	00:05:59		CLUB MARINEDA ATLETICO	CORUÑA
17	6355	DANIEL AMBITE SANTANA		SUB16M- 10	00:09:17	00:03:50	00:02:56	00:06:07			CAMBRE
18	5397	JUAN RUEDA JÁCOME		SUB16M- 11	00:09:24	00:03:52	00:02:54	00:06:01		CLUB HERCULES TERMARIA	CORUÑA (A)
19	5269	MANUEL VÁZQUEZ PÉREZ		SUB16M- 12	00:09:28	00:03:54	00:02:58	00:06:14		CLUB MARINEDA ATLETICO	A CORUÑA
20	5405	MATEO ROMERO SUAREZ		SUB18M- 5	00:09:42	00:04:00	00:02:57	00:06:22		ATLETISMO CORUÑA COMARCA	LA CORUÑA
21	5260	IÑIGO FERNANDEZ-PEITEADO ECHEVERRIA		SUB16M- 13	00:09:46	00:04:01	00:03:04	00:06:21		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
22	5467	LARA SOLSONA SANTÁS	F- 4	SUB16F- 3	00:09:50	00:04:03	00:03:00	00:06:23		CLUB HERCULES TERMARIA	
23	6394	PAULA BELLAS SOTO	F- 5	SUB16F- 4	00:09:53	00:04:04	00:02:56	00:06:23		CLUB LA MOCHILA DEL DEPORTE	OLEIROS
24	6404	MARTÍN APARICIO CASTRO		SUB18M- 6	00:10:01	00:04:08	00:02:58	00:06:23		ATLETISMO CORUÑA COMARCA	CULLEREDO
25	6388	DARIO AMBITE SANTANA		SUB18M- 7	00:10:15	00:04:13	00:03:07	00:06:43			CAMBRE
26	5252	ALBA PENA SOTO	F- 6	SUB16F- 5	00:10:17	00:04:14	00:03:10	00:06:41		CLUB ATLETISMO NARÓN	FERROL
27	5398	CRISTINA MATO DIAZ	F- 7	SUB16F- 6	00:10:24	00:04:17	00:03:13	00:06:51		CLUB LA MOCHILA DEL DEPORTE	LA CORUÑA
28	5250	ICÍA ARES BETANZOS	F- 8	SUB16F- 7	00:10:28	00:04:19	00:03:18	00:07:05		ATLÉTICA A SILVA	A CORUÑA
29	5276	CAROLINA DELIA MERA GINÉS	F- 9	SUB16F- 8	00:10:42	00:04:25	00:03:10	00:06:59		CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
30	5401	CANDELA VELÁZQUEZ MARTÍNEZ	F- 10	SUB16F- 9	00:10:50	00:04:28	00:03:17	00:07:05		CLUB LA MOCHILA DEL DEPORTE	CAMBRE
31	5280	INÉS FERNÁNDEZ ROMERO	F- 11	SUB16F- 10	00:11:16	00:04:39	00:03:18	00:07:17		MAR DE ARTABRIA	OLEIROS
32	6386	CARLA GOMEZ MONTERO	F- 12	SUB16F- 11	00:11:19	00:04:40	00:03:18	00:07:14		CLUB ATLÉTICO BERGONDO	CAMBRE
33	5275	ALEJANDRA GÓMEZ PÉREZ	F- 13	SUB18F- 2	00:11:29	00:04:44	00:03:29	00:07:23		A.D. FOGAR	OLEIROS
34	5279	ANDREA CAINZOS GARCIA	F- 14	SUB18F- 3	00:11:52	00:04:53	00:03:35	00:07:34		CLUB LA MOCHILA DEL DEPORTE	LA CORUÑA
35	5402	ASMAA ZIRANI ELHARFI	F- 15	SUB16F- 12	00:12:02	00:04:57	00:03:26	00:07:36			ACORUÑA
36	6387	UXÍA LÓPEZ SUÁREZ	F- 16	SUB16F- 13	00:14:13	00:05:51	00:04:10	00:09:04		CLUB ATLETISMO CORUÑA COMARCA	ARTEIXO

IX CARREIRA POPULAR VOLTA A OZA, A Coruña 11/09/2022

Sub 14. Distancia: 1.620 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	P. Volta 1	Licenza Club	Localidade
1	6370	PABLO VÁZQUEZ MAIZTEGUI		SUB14M- 1	00:05:32	00:03:25		C.A. NARÓN	
2	5391	JESÚS PATIÑO RÍOS		SUB14M- 2	00:05:46	00:03:34	00:02:45	NATACIÓN RIBEIRA	RIBEIRA
3	5231	ADRIAN PAZ CELEIRO		SUB14M- 3	00:05:50	00:03:36	00:02:50	CLUB TRIATLÓN CORUÑA	CORUÑA (A)
4	5229	ENRIQUE CUIÑA FERNÁNDEZ		SUB14M- 4	00:05:51	00:03:37	00:02:53	CLUB MARINEDA ATLETICO	A CORUÑA
5	6367	IVAN PRIETO PAZ		SUB14M- 5	00:05:53	00:03:38	00:02:51		
6	5222	HUGO ZULUAGA LAMAZARES		SUB14M- 6	00:05:57	00:03:40	00:02:54	CLUB ATLETISMO SADA	OLEIROS
7	5230	ALBA MORALES PEDREIRA	F- 1	SUB14F- 1	00:06:14	00:03:51	00:02:58	CLUB MARINEDA ATLETICO	CARRAL
8	6366	DAVID LOUSA CRESPO		SUB14M- 7	00:06:17	00:03:53	00:03:06		A CORUÑA
9	5227	LUCAS PRADA MAROÑO		SUB14M- 8	00:06:32	00:04:02	00:03:09	CLUB HERCULES TERMARIA	A CORUÑA
10	6371	VALERO VILLAR LÓPEZ		SUB14M- 9	00:06:32	00:04:02	00:03:16	CLUB ATLÉTICO BERGONDO	CAMBRE
11	5228	MAURO SEGUÍN GARCÍA		SUB14M- 10	00:06:32	00:04:02	00:03:07	CLUB MARINEDA ATLETICO	A CORUÑA
12	5213	XABI CAMBA VÁZQUEZ		SUB14M- 11	00:06:32	00:04:02	00:03:14	ATLETISMO CORUÑA COMARCA	CULLEREDO
13	6405	TIAGO TOREA TAJES		SUB14M- 12	00:06:36	00:04:04	00:03:14	MAR DE ARTABRIA	CORUÑA (A)
14	6364	BRAIS LODEIRO PÉREZ		SUB14M- 13	00:06:39	00:04:06	00:03:13		A CORUÑA
15	6359	MATIAS CAO BLANCO		SUB14M- 14	00:06:42	00:04:08	00:03:13	TRIATLON ARCADE INFORHOUSE SANTIAGO	SANTIAGO DE COMPOSTELA
16	6360	MARIO DOMENECH FERNANDEZ		SUB14M- 15	00:06:43	00:04:09	00:03:12		A CORUÑA
17	6356	DIEGO AMBITE SANTANA		SUB14M- 16	00:06:44	00:04:09	00:03:29		CAMBRE
18	5383	NOA VÁZQUEZ FUENTES	F- 2	SUB14F- 2	00:06:48	00:04:12	00:03:09	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
19	6362	TEO FIDALGO GONZÁLEZ		SUB14M- 17	00:06:51	00:04:14	00:03:12		A CORUÑA
20	5217	VEGA REBOREDO PRADO	F- 3	SUB14F- 3	00:06:52	00:04:15	00:03:31	ATLETISMO CORUÑA COMARCA	CORUÑA (A)
21	6373	MARTINA CASTELO SANCHEZ	F- 4	SUB14F- 4	00:06:53	00:04:15	00:03:31	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
22	5390	ROI LAGO SUAREZ		SUB14M- 18	00:07:01	00:04:20	00:03:24		A CORUÑA
23	6357	ANTÓN ARÉN GONZÁLEZ		SUB14M- 19	00:07:04	00:04:22	00:03:16	CLUB LA MOCHILA DEL DEPORTE	
24	6368	IYÁN RÍOS GONZÁLEZ		SUB14M- 20	00:07:11	00:04:26	00:03:14	ATLETISMO CORUÑA COMARCA	
25	5216	LUCÍA DOPICO DOPICO	F- 5	SUB14F- 5	00:07:12	00:04:27	00:03:24	ATLETISMO CORUÑA COMARCA	A CORUÑA
26	6375	ANTÍA IGLESIAS GARCIA-RAPOSO	F- 6	SUB14F- 6	00:07:28	00:04:36	00:03:36	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
27	6369	MAURO SEOANE FERNÁNDEZ		SUB14M- 21	00:07:28	00:04:37	00:03:46		
28	5240	MARTIN GENDE CARRIL		SUB14M- 22	00:07:49	00:04:50	00:03:30		A CORUÑA
29	5215	SARA DIAZ RUIZ	F- 7	SUB14F- 7	00:07:54	00:04:53	00:03:42	ATLETISMO CORUÑA COMARCA	A CORUÑA
30	5244	PAULA SEIJAS SEOANE	F- 8	SUB14F- 8	00:08:27	00:05:13	00:04:07		A CORUÑA
31	6358	ADRIÁN CABARCOS BELLO		SUB14M- 23	00:08:51	00:05:28	00:04:13		
32	6406	TEO GRAIÑO GONZÁLEZ		SUB14M- 24	00:09:02	00:05:35	00:04:01		
33	6376	ICÍA LÓPEZ SUÁREZ	F- 9	SUB14F- 9	00:09:09	00:05:39	00:04:18	CLUB ATLETISMO CORUÑA COMARCA	ARTEIXO

IX CARREIRA POPULAR VOLTA A OZA, A Coruña 11/09/2022**Sub 12 Femenino. Distancia: 810 m**

Pto	Dorsal	Nome	T_Final	RitmoKm	Licenza Club	Localidade
1	5163	LUCÍA AGEITOS ROMERO	00:02:48	00:03:27	NATACIÓN RIVEIRA	RIBEIRA
2	5155	MARTINA BERMÚDEZ TABOADA	00:03:01	00:03:44	ATLETISMO RIAZOR CORUÑA	A CORUÑA
3	5158	LEIRE FERNANDEZ-PEITEADO ECHEVERRIA	00:03:07	00:03:51	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
4	5456	BERTA CAMESELLE JUIZ	00:03:08	00:03:52	CLUB LA MOCHILA DEL DEPORTE	
5	5459	ALEA REY RAMOS	00:03:09	00:03:53		
6	5159	ALBA PORTO LÓPEZ	00:03:16	00:04:02	CNT MAR DE ARTABRIA	A CORUÑA
7	5168	MARTINA E.F.	00:03:23	00:04:10		A CORUÑA
8	5354	EMMA CAMEAN HERMIDA	00:03:24	00:04:12	CLUB LA MOCHILA DEL DEPORTE	
9	6341	RUTH BARCA DE CARRILLO	00:03:28	00:04:16	CLUB COMPAÑÍA DE MARÍA	A CORUÑA
10	6346	NOA FELIZ MORA	00:03:31	00:04:20	CLUB MARINEDA ATLETICO	
11	6350	SOFIA SALIDO JOVE	00:03:33	00:04:23		OLEIROS
12	5359	ANTIA LOPEZ LOPEZ	00:03:38	00:04:29		CORUÑA (A)
13	5160	CARMEN DÍAZ PÉREZ	00:03:39	00:04:30	CLUB TRIATLON CORUÑA	A CORUÑA
14	6344	CANDELA CASTELO SANCHEZ	00:03:39	00:04:30	CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
15	5162	ANA MARIA GUERRERO PEREIRA	00:03:43	00:04:36	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
16	5171	ZOE COUSILLAS VAZQUEZ	00:03:44	00:04:36		ARTEIXO
17	5166	NATALIA AMIDO DUMESNIL	00:03:46	00:04:39		A CORUÑA
18	6354	SOFÍA VILLADA MADERO	00:03:54	00:04:49	COLEGIO FRANCISCANOS	
19	6349	CARLA RUIZ PEREZ	00:03:54	00:04:49		
20	6342	DANIELA BARRO GARCÍA	00:03:59	00:04:55	CLUB TRIATLON CORUÑA	A CORUÑA
21	6339	LAURA AMEIJENDA RAMA	00:04:05	00:05:03	CLUB LA MOCHILA DEL DEPORTE	
22	6345	ABRIL CASTRO MOSQUERA	00:04:19	00:05:20		

Sub 12 Masculino. Distancia: 810 m

Pto	Dorsal	Nome	T_Final	RitmoKm	Licenza Club	Localidade
1	6304	JOSEP BASTOS DIZ	00:02:42	00:03:20		VIGO
2	5201	ANTÓN VIÑA LÓPEZ	00:02:43	00:03:21	CLUB TRIATLON CORUÑA	
3	5376	JEYDEN JAEL SILVA GUERRERO	00:02:44	00:03:23	NATACIÓN RIBEIRA	RIBEIRA
4	5183	HUGO OUBEL LORENZO	00:02:53	00:03:34	CLUB MARINEDA ATLETICO	A CORUÑA
5	5179	MANUEL ARTIME PRADO	00:03:00	00:03:42		CORUÑA (A)
6	6318	IAGO GOMEZ MONTERO	00:03:02	00:03:45	CLUB ATLÉTICO BERGONDO	A CORUÑA
7	5184	MARCO REY LEMA	00:03:03	00:03:46	CLUB MARINEDA ATLETICO	A CORUÑA
8	5185	JORGE RODRÍGUEZ COTROFE	00:03:04	00:03:47	TRIATLÓN CORUÑA	LA CORUÑA
9	6305	IAGO BELLO RODRÍGUEZ	00:03:08	00:03:51	A.D. FOGAR	CORISTANCO
10	6313	SERGIO DOMENECH FERNANDEZ	00:03:09	00:03:54		A CORUÑA
11	6307	BREIXO CABANAS PUMAR	00:03:10	00:03:54		
12	5365	JUAN GIRALDEZ DAFONTE	00:03:11	00:03:56		A CORUÑA
13	6325	XOEL MORETA CASTIÑEIRA	00:03:15	00:04:00		LA CORUÑA
14	6322	ÓSCAR XABIER LAGARES BARCALA	00:03:16	00:04:02		
15	6320	LUCAS GONZÁLEZ MARCOTE	00:03:16	00:04:02		
16	5178	MATEO BOUZON	00:03:18	00:04:04		SADA
17	6324	LUCAS MOAR VÁZQUEZ	00:03:21	00:04:08		
18	6303	SERGIO ÁLVAREZ GARCÍA	00:03:22	00:04:10		
19	5204	YAGO SANTOS MOJON	00:03:23	00:04:11		
20	6310	ALEX CASAL ALONSO	00:03:25	00:04:13	CLUB TRIATLON CORUÑA	
21	5192	PABLO GIL PINTADO	00:03:26	00:04:15		CORUÑA
22	6332	MATÍAS SANTOS GONZÁLEZ	00:03:26	00:04:15		
23	6308	XOEL CALVO CASANOVA	00:03:28	00:04:16		
24	6319	JAIRO GONTAN IGLESIAS	00:03:29	00:04:18	TRIATLON INFORHOUSE	SANTIAGO
25	6327	MAX PACHANO	00:03:30	00:04:19		
26	6309	MATEO CANZOBRE HERMIDA	00:03:30	00:04:20		
27	5188	RENÉ MERA GINÉS	00:03:32	00:04:22	CLUB LA MOCHILA DEL DEPORTE	A CORUÑA
28	5174	ALEJANDRO CABALEIRO ALVAREZ	00:03:33	00:04:23	ATLETISMO CORUÑA COMARCA	EL TEMPLE
29	5173	FABIÁN CHOUSA PAN	00:03:33	00:04:23		PERILLO
30	5379	AZIZ ZIRANI	00:03:34	00:04:24		ACORUÑA
31	5453	MIGUEL GARCIA FREIRE	00:03:35	00:04:25		
32	6316	ADRIÁN FUENTES SEIJAS	00:03:35	00:04:25		CULLEREDO
33	6317	MARTIN GOMEZ LINARES	00:03:36	00:04:27		
34	6306	BRUNO BLANCO GARCÍA	00:03:40	00:04:31		LA CORUÑA
35	6312	DIEGO DARRIBA ALVAREZ	00:03:42	00:04:33	LA MOCHILA DEL DEPORTE	LA CORUÑA
36	6337	MATEO VILELA QUINTELA	00:03:43	00:04:35		OLEIROS
37	5182	DIEGO MASEDA PÉREZ	00:03:45	00:04:38	CLUB MARINEDA ATLETICO	

IX CARREIRA POPULAR VOLTA A OZA, A Coruña 11/09/2022

Sub 10 Femenino. Distancia: 810 m

Pto	Dorsal	Nome	T_Final	RitmoKm	Licenza	Club	Localidade
1	5096	SARA ZULUAGA LAMAZARES	00:03:13	00:03:58		CLUB ATLETISMO SADA	OLEIROS
2	5332	ALMA GARCÍA GARCÍA	00:03:14	00:04:00		CLUB TRIATLON CORUÑA	CORUÑA (A)
3	5101	CORA REY RAMOS	00:03:15	00:04:00		CLUB MARINEDA ATLETICO	
4	5100	PAULA MORALES PEDREIRA	00:03:20	00:04:07		CLUB MARINEDA ATLETICO	CARRAL
5	5097	ANNE PORTO LÓPEZ	00:03:33	00:04:23		CNT MAR DE ARTABRIA	OLEIROS
6	6283	LORETO FACAL GROBAS	00:03:42	00:04:33			
7	6284	CARMEN FUENTES ALONSO	00:03:47	00:04:41			
8	6276	EMMA BAHAMONDE SEIJO	00:03:49	00:04:42		CLUB LA MOCHILA DEL DEPORTE	CORUÑA (A)
9	6296	LUISA SANCHEZ REY	00:03:49	00:04:43		CLUB LA MOCHILA DEL DEPORTE	
10	6288	IRENE LAGARES BARCALA	00:03:55	00:04:50			CORUÑA (A)
11	5449	SARA JOHANA GARCÍA CCAMA	00:03:55	00:04:50		COLEGIO SAN PEDRO DE VISMA	CORUÑA (A)
12	6299	DANIELA VELASQUEZ MIRANDA	00:03:55	00:04:50			
13	6290	SABELA QUINTANA CRESPO	00:03:59	00:04:54			
14	6300	SABELA VIDAL PEREZ	00:03:59	00:04:55			
15	6280	AITANA CAMAÑEZ CORTÉS	00:04:00	00:04:56			
16	5105	JULIETA ALBA MUIÑO	00:04:06	00:05:04			CORUÑA (A)
17	5104	SOFÍA FRAGUAS RODRÍGUEZ	00:04:06	00:05:04			
18	6298	LUCIA SOUTO MARTÍN	00:04:09	00:05:07			A CORUÑA
19	6286	SIRA GIL PINTADO	00:04:09	00:05:08			CORUÑA (A)
20	5450	MARIA GIRALDEZ DAFONTE	00:04:10	00:05:08			CORUÑA (A)
21	6294	MARA RIOBOÓ NÚÑEZ	00:04:10	00:05:09			
22	6275	LÍA ÁLVAREZ BARRAL	00:04:18	00:05:19			A CORUÑA
23	5335	LUCÍA JANEIRO CALLE	00:04:34	00:05:38			
24	6301	DANIELA VIEITES SANDÁ	00:04:53	00:06:02			
25	5333	ANTÍA GARCÍA MARTÍNEZ	00:04:55	00:06:04			
26	6295	NOA RUIZ PEREZ	00:05:05	00:06:16		ATLETISMO CORUÑA COMARCA	
27	6292	MANUELA REGUEIRO BELLO	00:05:10	00:06:23			
28	5098	INÉS LÓPEZ ALFONSO	00:11:08	00:13:44		CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO

Sub 10 Masculino. Distancia: 810 m

Pto	Dorsal	Nome	T_Final	RitmoKm	Licenza	Club	Localidade
1	5345	THIAGO LÓPEZ RODRÍGUEZ	00:03:00	00:03:43			CORUÑA (A)
2	5342	SERGIO COIRA PIER	00:03:04	00:03:47		CLUB MARINEDA ATLETICO	CORUÑA (A)
3	5150	VÍTOR OUBEL LORENZO	00:03:05	00:03:49		CLUB MARINEDA ATLETICO	CORUÑA (A)
4	6257	GAEL COUCE JEREZ	00:03:09	00:03:53		CLUB LA MOCHILA DEL DEPORTE	CULLEREDO
5	6250	LUCAS AGEITOS ROMERO	00:03:13	00:03:59		NATACIÓN RIVEIRA	
6	5339	NICOLAS AMADO PREGO	00:03:16	00:04:02		CLUB ATLETISMO SADA	CORUÑA (A)
7	5118	PEDRO PRADA MAROÑO	00:03:18	00:04:05		CLUB HERCULES TERMARIA	CORUÑA (A)
8	5010	ALVARO DÍAZ PÉREZ	00:03:19	00:04:06		CLUB TRIATLON CORUÑA	CORUÑA (A)
9	5120	ANTÓN GARCÍA GOMEZ	00:03:20	00:04:07		CLUB TRIATLON CORUÑA	CORUÑA (A)
10	5130	DIEGO GONZALEZ VEIRA	00:03:30	00:04:19			CORUÑA (A)
11	6254	DAVID CABARCOS BELLO	00:03:31	00:04:20			
12	6262	YAGO MANDADO ALVAREZ	00:03:33	00:04:23			
13	5146	ENZO VÁZQUEZ HERVADA	00:03:33	00:04:23			CORUÑA (A)
14	6269	MILO SENIN LORENZO	00:03:34	00:04:24			
15	6274	ANTON VIDAL PEREZ	00:03:36	00:04:26			
16	6268	SIMÓN SANTOS GONZÁLEZ	00:03:41	00:04:32			
17	5122	DANIEL COUCEIRO SUÁREZ	00:03:41	00:04:33		LOBOS HAMBRIENTOS	CORUÑA (A)
18	6266	XAQUÍN RÍOS GONZÁLEZ	00:03:42	00:04:33		ATLETISMO CORUÑA COMARCA	
19	6253	SAMUEL BLANCO NOVO	00:03:43	00:04:35			A CORUÑA

20	5348	MARTÍN PATIÑO RÍOS	00:03:44	00:04:37	NATACIÓN RIBEIRA	RIBEIRA
21	6259	HUGO ESPIÑEIRA ESTEBAN	00:03:45	00:04:38		
22	5140	ISAAC OJEA LÓPEZ	00:03:50	00:04:44	CLUB COMPAÑÍA DE MARÍA	CORUÑA (A)
23	6260	ANGEL FERNANDEZ HERAS	00:03:52	00:04:46		
24	5116	IVÁN LÓPEZ ALFONSO	00:03:54	00:04:48	CLUB DEPORTIVO INCLUSIVO ENKI	CULLEREDO
25	6263	ROMAN MORANDEIRA LODEIRO	00:04:02	00:04:59		
26	5129	LEO SANTOS IGLESIAS	00:04:04	00:05:02		CORUÑA (A)
27	6273	MARCELO VÁZQUEZ PORTELA	00:04:07	00:05:05		
28	6255	MARTÍN CANZOBRE HERMIDA	00:04:14	00:05:13		CORUÑA (A)
29	6252	OSCAR BARALLOBRE LODEIRO	00:04:25	00:05:27	A.D MAR DE ARTABRIA	OLEIROS
30	6272	ROI VARELA BLANCO	00:04:25	00:05:27		
31	6258	ALEJO DOMÍNGUEZ MATO	00:04:37	00:05:42		CORUÑA (A)
32	5135	HUGO AMIDO DUMESNIL	00:04:41	00:05:46		A CORUÑA